# Welcome to MHYC

Dear Visiting Guest,

A very warm welcome to **MHYC** and thank you for choosing to visit our club.

We hope you enjoy your time with us and make the most of your stay. The following information is provided to help you settle in, find your way around, and enjoy everything the local area has to offer.

## Club & Marina Access

Our **Club Office** is open **Wednesday to Sunday, 9:00am–5:00pm**.

Our **Marina Staff** are available **7 days a week, 9:00am–5:00pm**.

**Marina:** 0451 466 157

Your swipe card provides access to the **toilets and front gate after hours**. These areas are automatically locked between **7:00pm and 7:00am**.

If you need to open the **black marina gates**, the access code is:

**2088#**

## Laundry Facilities

A **washing machine and dryer** are available in the entrance to the men's toilets.

If the power to the laundry is switched off, please speak with the **Marina Manager**, who will be happy to assist.

## Local Shops & Supplies

The nearest local shops is Balgowlah Village – 197 – 215 Condamine St, Balgowlah. This is approximately **3 km away**, or around a **40-minute walk**. You will find:

- Coles
- Butcher
- Fruit & deli
- Bakery

**Bunnings** is approximately 300 metres further down Condamine Street.

**Bridgepoint** at Spit Junction also caters well for supplies, including Aldi.

For a larger selection of shops and marine supplies, **Warringah Mall** is approximately a 20-minute bus ride away. The **172 or 173 bus** leaves from across the road from the club. Warringah Mall is also around 6 km away if you are feeling energetic!

# Restaurants on The Spit

Middle Harbour 16’ Skiff Club

Chiosco by Ormeggio at d’Albora Marina

Ormeggio at d’Albora Marina

Azul – Moroccan Spanish Restaurant at Furgersons

# Gas Refills

There is currently **no gas refill service available at The Spit**.

For gas bottle services, the closest option is:

**Ultra Service Centre**
209 Pittwater Road, Manly

**Swap & Go** is also available at Bunnings.

# Fuel & Haul-Out Services

Fuel is available **24/7 at d’Albora Marina**, located just under the Spit Bridge.

d’Albora Marina The Spit can also assist with haul-out requirements.

**Slipway Manager – Monique:** 0409 411 495

# Spit Bridge Opening Times

If you are planning to travel by boat, please keep the bridge opening times in mind.

### Monday–Friday

**10:15am | 11:15am | 1:15pm | 2:15pm | 8:15pm | 9:15pm**

### Weekends & Public Holidays

**8:30am | 10:00am | 11:30am | 2:30pm | 4:30pm | 6:30pm | 8:30pm | 9:30pm**

We recommend allowing plenty of time when planning your departure or return.

# Other Club Tenants

During your visit, you may also like to explore some of the other businesses and organisations located at the club, including:

- **St Siandra Restaurant**
- **Flying Fish** – Sail and Power Boat Training
- **Australian Institute of Sport** – Home of the Australian Olympic Sailing Team

# Marine Services

We are fortunate to have a number of marine specialists available on site:

**Pacific Rigging – Angus Clarke**
Mobile: 0411 153 261
Pacific Rigging

**Shipwright – Josh Hammond**
Mobile: 0410 506 779
Email: joshuadavidhammond@gmail.com

**Electrician – Rouz Katrahmani, 7 Seas Marine Electronics**
Mobile: 0469 897 051
Email: rouzbeh@7seasmarine.me

# Join a Wednesday Afternoon or Thursday Twilight Race

If you are about and would like to join a crew for a race, just let us know and we will introduce you to a fun boat for you to experience a race on our great harbour.

# Explore The Spit & Surrounds

We encourage you to take some time to explore the beautiful waterways and bushland surrounding The Spit.

Heading west and upstream, **Sugarloaf Bay and Bantry Bay** are wonderful places to explore, offering a peaceful combination of beautiful waterways, native bushland and abundant wildlife.

Another experience not to be missed is the famous **Spit Bridge to Manly Walk**. This spectacular **10 km coastal walk** takes approximately **3–4.5 hours**, winding through bushland, past secluded harbour beaches, Indigenous sites and beautiful Sydney Harbour lookouts before finishing in Manly.

Spit Bridge to Manly Walk – NSW National Parks

Once you reach Manly, the **144 bus** provides a convenient way to return to The Spit.

**We are delighted to have you visiting MHYC and hope you have a wonderful time on the water and exploring our beautiful part of Sydney.**

**If there is anything you need during your stay, please don't hesitate to ask our club or marina staff. We're always happy to help.**