

Sand Bar Breakfast Menu

Toasts and spreads

MHYC sourdough with jam/marmalade/vegemite
Banana bread
Fruit toast

Beach Side burrito

Scrambled eggs, bacon, beans, spinach, aioli and salsa

Rise and shine

Two free ranged poached eggs, avocado, Meredith goats' cheese, sourdough toast

Two eggs your way

Sourdough toast

Add extra:

bacon, avocado, hash brown, mushroom, tomato

The hungry sailor

Scrambled eggs, sourdough toast, roast tomato, pork sausage, herbed mushroom, bacon and hash browns.

Bae

Bacon and egg roll with BBQ sauce

Eggs Benny

Two poached eggs, leg ham, hollandaise sauce, spinach.

Sweet corn fritters

Roast tomato, spinach and bacon

Smoked Salmon Bagel

Cream cheese red onion, rocket

Butter brioche french toast

Passion fruit curd, strawberries, coconut, macadamia crumble

Blueberry pancakes

Maple and honeycomb butter

Fresh fruit bowl

Seasonal fruit plus Greek yoghurt

MHYC granola

Greek yoghurt and seasonal fruit compote

Fresh pastries available at the counter

Sand Bar
Bistro Menu

Herbed and spice season fries

W/ garlic aioli

Seasoned potato wedges

Sweet chilli and sour cream

Crispy Chicken Ribs

Uami glaze, shallots

House cured ocean trout / poke bowl

Organic black quinoa, cucumber, carrots, cabbage, raw beets, lime, fresh herbs

Ceasar salad

Croutons, crispy bacon, parmesan, cos, egg

Roast vegetable salad

Mixed leaf, fetta, pesto

MHYC Beef Burger

American cheese, tomato, lettuce, house mayo, pickles

Buttermilk Southern Fried Chicken Burger

Cheese coleslaw, jalapeno, chipotle sauce

Banging veggie burger

Beans, grilled haloumi, carrots, lettuce, tomato, aioli

Strip loin steak sandwich

Cos lettuce, caramelised onion, cheese, Smokey BBQ sauce

Chicken Schnitzel

Salad and chips

Salt n pepper calamari

Lemon, mixed leaves

Beer battered fish and chips

Chips salad, house made tartare

250 gram flame grilled rump steak

Salad and chips

+\$6 for Surf and Turf

Sauces

Peppercorn

Creamy garlic

Mushroom gravy

Kids Meals

Battered Fish Bites

Crumbed Chicken Bites

Aussie Steak

*All served with chips and salad