

## ADAMS 10 METRE CLASS

# WAITANGI CUP



**11 & 12 October 2025**  
**Middle Harbour Yacht Club**  
**Sydney, Australia**



## SAILING INSTRUCTIONS

*The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Sailing Instruction Addendum A provides instructions for the use of boats provided by the Organising Authority (OA).

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board on the [MHYC Website](#) and may be posted on the noticeboard located in the breezeway at MHYC.

### **3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the start box flagstaff on the north-eastern corner of MHYC.
- 4.2 When flag AP is displayed ashore on Sunday 12 October, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### **5 SCHEDULE**

- 5.1 Registration: Saturday 11 October 2025 from 1000hrs to 1030hrs
- 5.2 Boat Draw & Briefing: Saturday 11 October 2023 from 1030hrs to 1100hrs
- 5.3 Boat Familiarisation: Saturday 11 October 2023 from 1100hrs to 1230hrs
- 5.4 Dates of racing:
  - Saturday 11 October: Up to 2 races commencing at 1300hrs (First warning at 1255hrs)
  - Sunday 12 October: Up to 3 races commencing at 1150hrs (First warning at 1145hrs)
- 5.5 A maximum of 5 races may be sailed.
- 5.6 The scheduled time of the warning signal for the first race on Saturday is 1255hrs. The scheduled time of the warning signal for the first race on Sunday is 1145hrs.
- 5.7 To alert boats that a sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.8 On the last scheduled day of racing no warning signal will be made after 1600hrs.

## **6 CLASS FLAGS**

The Class flags will be the Adams 10 Insignia on a white background.

## **7 RACING AREAS**

Attachment A shows the approximate location of racing areas.

## **8 THE COURSES**

8.1 On Saturday 11 October, two passage races are scheduled starting and finishing at the MHYC Clubhouse. The tables in Attachment B describe the courses and the marks of the course.

8.2 On Sunday 12 October, three windward-leeward races are scheduled to be conducted in conjunction with the Combined Clubs Sunday Series Sprints. The diagrams in Attachment C show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.3 On Sunday 12 October, the race committee vessel will display the course number and approximate compass bearing of the first leg no later than the warning signal.

## **9 MARKS**

9.1 Marks are described in Attachments B & C.

9.2 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 12.2.

## **10 AREAS THAT ARE OBSTRUCTIONS**

10.1 Boats shall pass on the safe water side of the following Cardinal Marks:

(a) Gowlland Bombora (Dobroyd) – All Marks

(b) Sow and Pigs Reef– All Marks

(c) Shark Island– South and West Marks

10.2 Boats shall not sail in the following prohibited areas:

(a) The area bounded by imaginary lines projected from the shore joining the West, South and East Cardinal Marks surrounding Gowlland Bombora.

(b) The area bounded by imaginary lines joining the North, East, South and West Cardinal Marks surrounding Sow and Pigs Reef.

(c) The Area between AS Mark Shark Island and Shark Island is a continuing obstruction and no boat shall pass between them.

10.3 For the purpose of RRS 19 and 20, all Cardinal Marks surrounding the Gowlland Bombora and the Sow and Pigs Reef and all imaginary straight lines projected between such marks, shall be deemed obstructions.

## **11 THE START**

11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal. On Saturday 11 October, signals will be displayed from the MHYC Race Official's Box. On Sunday 12 October, signals will be displayed from the MHYC Race Committee Vessel.

11.2 On Saturday 11 October, the starting line will be the Clubhouse Start Line - a transit formed by aligning two orange triangles located adjacent to the MHYC Race Official's Box. The transit bears approximately 065°/245° magnetic. Alternatively, at the discretion of the Race Committee, the starting line may be between a staff displaying an orange flag on a race committee vessel at the starboard end and the course side of a port-end starting mark. Any change to the starting location will be announced on VHF 72.

11.3 On Sunday 12 October, the starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and the course side of the port-end starting mark.

11.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]

- 11.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 12 CHANGE OF THE NEXT LEG OF THE COURSE**
- 12.1 To change the next leg of the course on Sunday 12 October, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.
- 13 THE FINISH**
- 13.1 On Saturday 11 October, the finish line will be the Clubhouse Finish Line - a transit formed by aligning two orange triangles located adjacent to the MHYC Race Official's Box. The transit bears approximately 065°/245° magnetic.
- 13.2 On Sunday 12 October, the finishing line will be between a staff displaying a blue flag on the committee boat and the course side of the finishing mark.
- 14 PENALTY SYSTEM**
- 14.1 Penalties are as per the RRS.
- 15 TIME LIMITS**
- 15.1 For the passage races on Saturday 11 October, the Time Limit shall be 150 minutes. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 15.2 For the windward-leeward races on Sunday 12 October, the Time Limit shall be 90 minutes. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 15.3 Failure to meet the target time will not be grounds for redress. This changes RRS 60.1.
- 16 PROTESTS AND REQUESTS FOR REDRESS**
- 16.1 Protest forms are available at the race office located at MHYC Reception. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at MHYC, beginning at the time posted.
- 16.4 Breaches of SIs 11.3, 19, 22, 23, 24, 25, 26, 27 and 28 will not be grounds for a protest by a boat. This changes RRS 60.1.
- 17 ARBITRATION**
- 17.1 For protests involving an alleged breach of a rule of RRS Part 2, a short arbitration hearing may be held prior to a protest hearing.
- 17.2 Arbitration will be conducted in accordance with RRS Appendix T.
- 18 SCORING**
- 18.1 The scoring system is Appendix A except that no race scores will be excluded.
- 18.2 The team with the lowest combined score after all completed races wins the series.
- 18.3 3 races are required to be completed to constitute a series.

**19 SAFETY REGULATIONS**

- 19.1 On Sunday 12 October, boats intending to race shall report to the committee vessel prior to their first warning signal, on starboard tack, with mainsail hoisted, to confirm their intention to race. Boats that cannot be identified may be scored 'DNC'. [DP]
- 19.2 A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 19.3 All boats shall monitor the race management channel VHF 72. [DP]

**20 REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 Substitution of competitors will not be allowed without prior written approval of the race committee. [DP]
- 20.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. [DP]

**21 EQUIPMENT AND MEASUREMENT CHECKS**

On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any at the discretion of the race committee.

**22 BREAKDOWNS and TIME FOR REPAIRS**

- 22.1 Before the warning signal, a boat may display a green flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. On Saturday 11 October, she shall proceed as soon as possible to the MHYC Marina T-Head unless otherwise directed. On Sunday 12 October, she shall keep clear of the starting area.
- 22.2 The time allowed for repairs shall be at the discretion of the RC.
- 22.3 After the warning signal, a race will not be postponed or abandoned due to breakdown.
- 22.4 Failure to effect repairs in the time allowed, or breakdowns after the warning signal shall not be grounds for redress. The changes RRS 60.1.

**23 TEAM IDENTIFICATION**

- a) While racing, NSW teams shall fly a yellow backstay flag provided by the OA.
- b) While racing, VIC teams shall fly a blue backstay flag provided by the OA.

**24 EVENT ADVERTISING**

Boats may be required to display event advertising supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

**25 OFFICIAL BOATS**

Official boats may display the MHYC burgee.

**26 SUPPORT BOATS**

Support boats shall display the three letter State code of the team they are supporting. [DP]

**27 RUBBISH DISPOSAL**

Rubbish may be placed aboard support or official boats.

**28 HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee. [DP]

**29 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus shall not be used around keelboats and boat bags shall remain open between the preparatory signal of the first race and the end of the regatta. [DP]

**30 RADIO COMMUNICATION**

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

**31 PRIZES**

The Waitangi Cup Perpetual Trophy will be awarded to the winning team.

**32 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**33 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10 Million per incident or the equivalent.

## Attachment A – Approximate Racing Area



## Attachment B – Courses & Marks for Sunday 12 October 2025

COURSE	DESCRIPTION
<b>1</b>	Start – CP – LB – MW – ME – CP – Finish (approx. 8.0nm)
<b>2</b>	Start – MW – ME – LB – MW – ME – CP – Finish (approx. 9.3nm)
<b>3</b>	Start – CP – LB – MW – ME – LB – MW – ME – CP – Finish (approx. 12.0nm)
<b>4</b>	Start – MW – ME – LB – MW – ME – LB – MW – ME – CP – Finish (approx. 13.3nm)
<b>5</b>	Start – CP – OB – CP – OB – Finish (approx. 8.2nm)
<b>6</b>	Start – MW – ME – CP – OB – CP – OB – Finish (approx. 9.4nm)
<b>7</b>	Start – CP – OB – CP – OB – CP – OB – Finish (approx. 10.9nm)
<b>8</b>	Start – MW – ME – CP – OB – CP – OB – CP – OB – Finish (approx. 12.3nm)
<b>9</b>	Start – CP – RP – EB – CP – Finish (approx. 7.4nm)
<b>10</b>	Start – CP – RP – EB – CP – GP – CP – Finish (approx. 8.9nm)
<b>11</b>	Start – CP – RP – EB – CP – RP – EB – CP – Finish (approx. 10.6nm)
<b>12</b>	Start – CP – RP – EB – CP – LB – GP – CP – Finish (approx. 10.6nm)
<b>13</b>	Start – LB – GP – LB – GP – LB – Finish (approx. 9.0nm)
<b>14</b>	Start – LB – RP – EB – LB – RP – EB – LB – Finish (approx. 11.0nm)
<b>15</b>	Start – LB – SI – Finish (approx. 7.5nm)
<b>16</b>	Start – LB – SI – CP – LB – Finish (approx. 10.4nm)

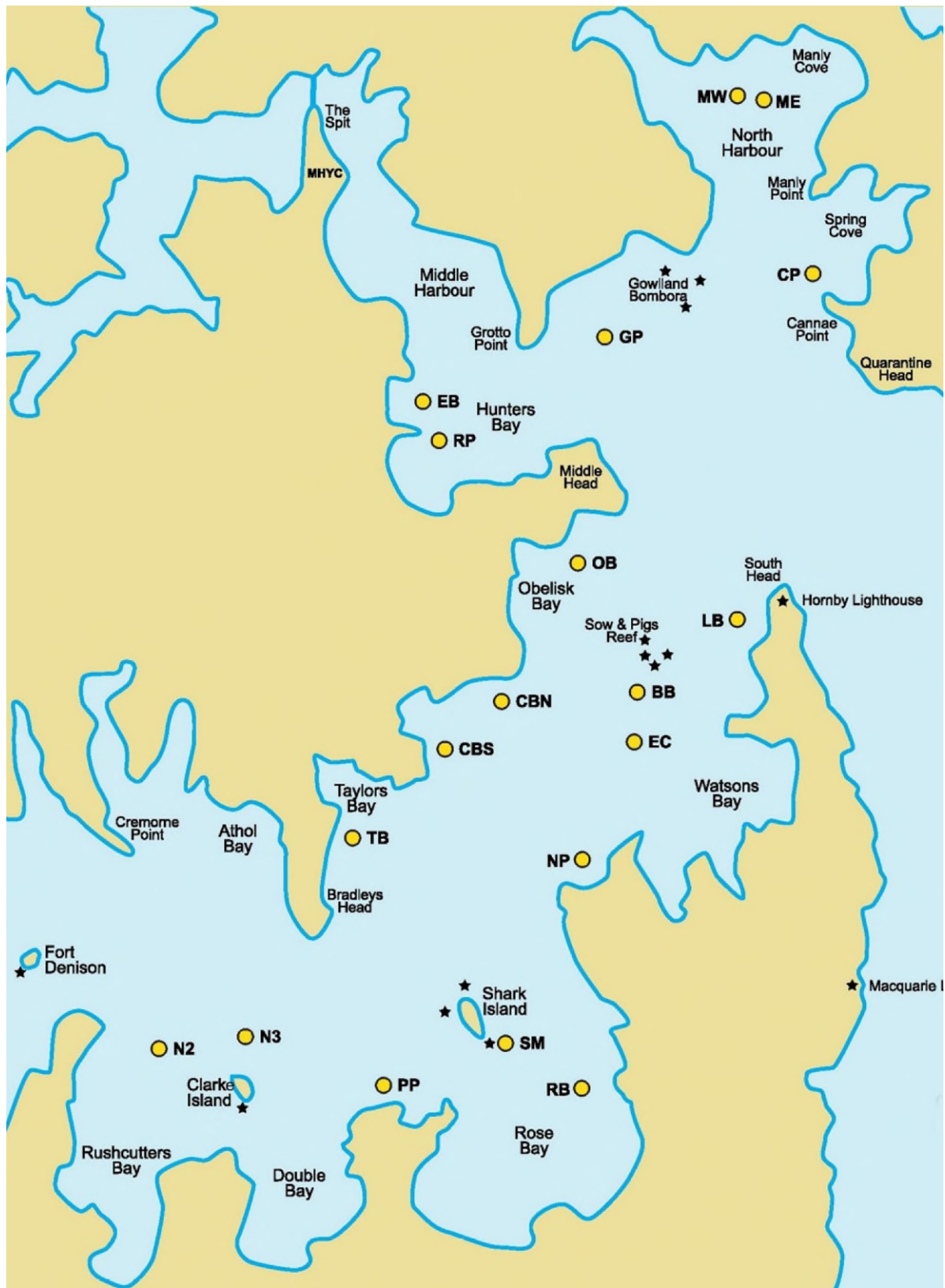
ID	LOCATION	ID	LOCATION
<b>Start Finish</b>	MHYC Clubhouse	<b>ME</b>	AS Mark Manly East Lat. 33-48.193 S Lon. 151-16.731 E
<b>CP</b>	AS Mark Cannae Point Lat. 33-48.819 S Lon. 151-16.955 E	<b>MW</b>	AS Mark Manly West Lat. 33-48.173 S Lon. 151-16.619 E
<b>EB</b>	AS Mark Edwards Beach Lat. 33-49.292 S Lon. 151-15.242 E	<b>OB</b>	AS Mark Obelisk Bay Lat. 33-49.845 S Lon. 151-15.981 E
<b>GP</b>	AS Mark Grotto Point Lat. 33-49.052 S Lon. 151-16.039 E	<b>RP</b>	AS Mark Rocky Point Lat. 33-49.424 S Lon. 151-15.299 E
<b>LB</b>	AS Mark Lady Bay Lat. 33-50.076 S Lon. 151-16.620 E	<b>SI</b>	AS Mark Shark Island Lat. 33-51.609 S Lon. 151-15.572 E

### Note:

- Australian Sailing (AS) Marks are yellow spar marks.
- All Australian Sailing (AS) Marks shall be rounded or passed to starboard.
- The area between AS Mark Shark Island and Shark Island is a continuing obstruction and no boat shall pass between them in accordance with SI 10.2c.
- Races may be started from a race committee vessel on the water in accordance with SI 11.2.
- Courses may be shortened in accordance with RRS 32.

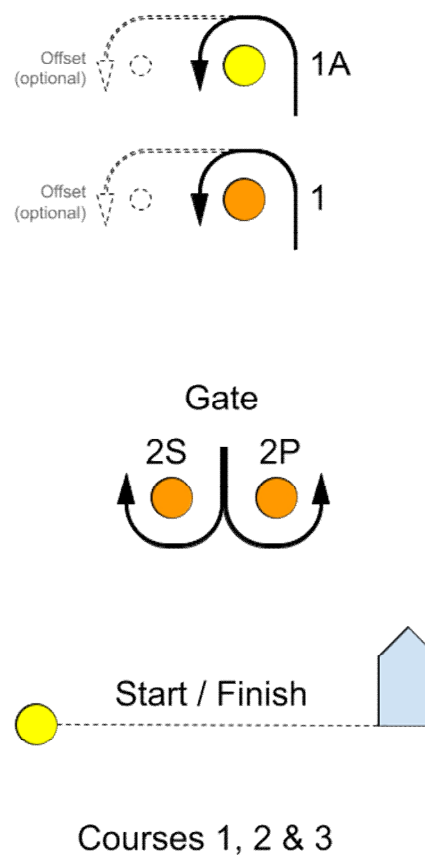
## Attachment B – Courses & Marks for Sunday 12 October 2025

### HARBOUR CHARTLET



## Attachment C – Courses & Marks for Sunday 12 October 2025

Course	Division 1 & Adams 10	Division 2
<b>Course 1:</b>	Start 1A Finish	Start 1 Finish
<b>Course 2:</b>	Start 1A Gate 1A Finish	Start 1 Gate 1 Finish
<b>Course 3:</b>	Start 1A Gate 1A Gate 1A Finish	Start 1 Gate 1 Gate 1 Finish



An offset mark may be located approximately 25-100 metres from the windward mark at an angle approximately 90 degrees from the direction of the windward leg. When an offset mark is laid, boats must round the corresponding offset mark to port immediately after rounding mark 1 or 1A.

Mark	Description
Start / Finish	Yellow inflatable buoy
Mark 1A	Yellow inflatable buoy
Mark 1	Orange inflatable buoy
Marks 2S & 2P (Gate)	Orange inflatable buoys

### Note:

- The course to be sailed and bearing to the first Mark will be displayed on the Race Committee Vessel prior to or with the Warning Signal
- The Gate will be laid approx. 50-100m to windward of the Start Line and may be laid after the starting signal
- If only one Gate Mark is laid, all boats shall round that Mark to Port.



## **ADDENDUM A**

### **BOATS PROVIDED BY THE ORGANIZING AUTHORITY**

- A.1** Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way except that
- (a) a compass may be tied or taped to the hull or spars;
  - (b) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
  - (c) hulls and rudders may be cleaned, but only with water;
  - (d) removeable adhesive tape may be used anywhere above the water line; and
  - (e) all fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.
- A.2** All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
- A.3** The penalty for not complying with one of the above instructions will be disqualification from all races sailed in which the instruction was broken.
- A.4** Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for breaking this instruction, unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- A.5** Where an insurance claim needs to be lodged, the skipper agrees to cover the excess and any associated costs not covered by insurance.
- A.6** Damage Deposit
- (a) An initial damage deposit of \$1250 per boat (as per NOR 5.2) shall be paid by the skipper at registration, unless extended by the OA. This deposit is the maximum payable by the skipper as a result of any one incident. Payment may be in cash or by providing a valid credit card.
  - (b) If a deduction from the damage deposit is decided by the OA, it may require that the deposit be restored to its original amount before the skipper will be permitted to continue in the event.
  - (c) Any remaining deposit after the event will be refunded within 10 days after the event.