



Sunday 3rd November 2024

Middle Harbour Yacht Club, Sydney, Australia is the Organising Authority

SAILING INSTRUCTIONS (SIs)

Amended 3 November 2024

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The notation '[DP]' in a rule in the Notice of Race means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- 1.3 The notation '[NP]' in a rule of the Notice of Race or Sailing Instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- 1.4 The rules for the handling of boats and the equipment list, detailed as part of the Sailing Instructions, will apply, and will also apply to any practice sailing. Class rules will not apply.
- 1.5 Appendix UF (Umpired Fleet Racing) Zhik Womens Sprint Series 2024 Edition shall apply.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 Changes to the SIs may be made on the water. These will be signalled by the display of flag 3rd substitute with three sound signals from the Race Committee Vessel ('RCV'). An umpire may communicate these Race Committee changes either verbally or in writing.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located on the [event webpage](#).
- 3.2 The race office is located at Middle Harbour Yacht Club, telephone 02 8969 3103, email sailing@mhyc.com.au.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 72.
- 3.4 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 [DP] Competitors and support persons shall handle any equipment provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the MHYC Clubhouse Start Box.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 The Round Robin Schedule will be published by 0900hrs on 3 November 2024.
- 6.2 The scheduled time of the warning signal for the first race is 1027hrs.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.4 No warning signal will be made after 1600hrs.

7 CLASS FLAGS

- 7.1 The Class flag is Code Flag W.

8 RACING AREA

- 8.1 The racing area is in the vicinity of Hunters Bay, Balmoral and The Sound. SI Addendum B shows the approximate location of the racing area.

9 COURSES

- 9.1 The diagram in SI Addendum C shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 Courses will not be shortened. This changes RRS 32.
- 9.3 Legs of the course will not be changed after the start. This changes RRS 33.

10 MARKS

- 10.1 Marks are described in SI Addendum 2.

11 OBSTRUCTIONS

- 11.1 A clearance buoy may be attached to the Race Committee Vessel (RCV) anchor line and/or a clearance buoy may be laid near the stern. Boats shall not pass between these buoys and the RCV at any time. This area is designated as an obstruction.

12 THE START

- 12.1 Races will be started using RRS 26 amended that the warning signal will be made 3 minutes before the starting signal and the preparatory signal will be made 2 minutes before the starting signal.
- 12.2 The starting line is between a staff displaying an orange flag on the RCV at the starboard end and the course side of the port-end starting mark.

- 12.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 12.4 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 THE FINISH

- 13.1 **The finishing line is between a staff or halyard displaying a blue flag on the RCV and the course side of the finishing mark.**

14 BREAKDOWN and TIME FOR REPAIRS

- 14.1 Before the warning signal of a race or within two minutes of finishing or within two minutes of changing into a new boat, whichever is later, a boat may display a Green Flag to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to a position just to leeward of the RCV and remain there, unless otherwise directed.
- 14.2 The time allowed for repairs will be at the discretion of the RC.
- 14.3 After the warning signal, a race will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by **SI 14.1**.
- 14.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the warning signal shall not be grounds for redress. This changes RRS 62.

15 PENALTY SYSTEM

- 15.1 Appendix UF (Umpired Fleet Racing) Zhik Womens Sprint Series 2024 Edition shall apply.
- 15.2 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16 TIME LIMITS [AND TARGET TIMES]

- 16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
<i>10 Minutes</i>	<i>30 Minutes</i>	<i>5 Minutes</i>

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 SCORING

- 17.1 Two races for each team are required to be completed to constitute a series.

17.2 A boat's series score is the total of her race scores.

17.3 Rule A5.3 applies.

18 SAFETY REGULATIONS

18.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.

19.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorized by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

20.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

21 SUPPLIED BOATS

21.1 Boats will be supplied by the organizing authority. See SI Addendum A.

22 OFFICIAL VESSELS

22.1 Official vessels may display the MHYC Burgee.

23 [DP] SUPPORT TEAMS

23.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

24 TRASH DISPOSAL

24.1 Trash may be placed aboard official or support person vessels.

25 PRIZES

25.1 Prizes will be awarded to the first, second and third placed teams.

26 RISK STATEMENT

26.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

27 INSURANCE

27.1 Each provided boat shall be insured with valid third-party liability insurance with a minimum cover of \$10 million per incident or the equivalent.



SI ADDENDUM A – HANDLING THE BOATS

A1. GENERAL

Reasonable care has been taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

A2. PROHIBITED ITEMS and ACTIONS

Except in an emergency or to prevent damage or injury, or when directed by an umpire, the following are prohibited:

- a. Any additions, omissions or alterations to the equipment supplied.
- b. The use of any equipment for a purpose other than that intended.
- c. The replacement of any equipment without the sanction of the RC.
- d. Sailing the boat in a manner that it is reasonable to predict that significant damage would result.
- e. Moving equipment from its normal stowage position except when being used.
- f. Boarding a boat without prior permission including coaches.
- g. Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while "AP" is displayed ashore.
- h. Hauling out a boat or cleaning surfaces below the waterline.
- i. Using a flattener as a reef.
- j. Attaching lines to the fabric of spinnakers.
- k. Perforating sails, even to attach tell tales.
- l. Radio transmission (including mobile telephones) to and from the boat while racing.
- m. Adjusting or altering the tension of standing rigging.
- n. Using a reef line as an outhaul.
- o. Omitting any headsail car or turning block before sheeting.
- p. The use of electronic instruments other than compass and watches.
- q. Using the spinnaker pole to wing out the foresail.
- r. Marking directly on the hull or deck with permanent ink.
- s. Persons other than registered skippers and crew making adjustments to sails, fittings and running rigging.
- t. Using the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard.
- u. A breach of this SI Addendum 2.t is not open to protest by boats but may be subject to action by umpires.

A3. PERMITTED ITEMS and ACTIONS

A3.1. Taking a bag on board containing:

- a. basic hand tools.
- b. adhesive tape.
- c. line (elastic or otherwise of 4 mm diameter or less).
- d. marking pens.
- e. tell tale material
- f. hand held compasses and watches.
- g. shackles and clevice pins.
- h. Spare flags

3.2. Using the items in C3.1 to:

- a. prevent fouling of lines, sails and sheets.
- b. attach tell tales.
- c. prevent sails being damaged or falling overboard.
- d. mark control settings.
- e. make minor repairs
- f. take bearings and time.
- g. make signals as per RRS Appendix C6.

A4. MANDATORY ITEMS and ACTIONS

A4.1. Boats may only depart and return to marina berths with the assistance of the MHYC Support RHIB.

A4.2. Completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.

A4.3. At the end of each sailing day:

- a. folding, bagging and placement of the sails as directed.
- b. leaving the boat in the same state of cleanliness as when first boarded that day.

A4.4. At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.

A4.5. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

A4.6. Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

A4.7. Infringement of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

A4.8. All competitors while aboard the Melges 20 and transfer vessel shall wear a Life Jacket (PFD) at all times during the event. Competitors are to provide their own compliant PFD. Each PFD shall meet and be branded in accordance with AS 4758 (minimum Level 50) or AS 1512-1996 Type 2 or equivalent.

zhik®  *Sprints*
WOMEN'S

Addendum B – Race Area



zhik[®] Sprints WOMEN'S

Addendum C – Courses



COURSE MARKS	MARK DESCRIPTIONS
Start & Finish Mark	Yellow Inflatable Buoy
Mark 1	Yellow Inflatable Buoy
Gates 2S & 2P	Orange Inflatable Buoys

Note: If only one Gate Mark is laid, the mark shall be rounded to port

COURSE SIGNAL	COURSE
W1	Start – 1 – Finish
W2	Start – 1 – Gate (2P/2S) – 1 – Finish
W3	Start – 1 – Gate (2P/2S) – 1 – Gate (2P/2S) – 1 – Finish