# 

# **CENTREBOARD HANDBOOK 2023-2024**







#### MIDDLE HARBOUR YACHT CLUB CENTREBOARD HANDBOOK 2023–2024

#### Acknowledgement of Country

Middle Harbour Yacht Club acknowledges the Borogegal people as the traditional custodians of this land. We pay our respects to Elders of the past and present and to those of the future and acknowledge their spiritual connection to Country.

BOARD OF Chairman: DIRECTORS			Neil Drabsch
	Directors:		Rob Aldis
			Phil Clinton
			Patrick Delany
			Peter Lewis
			Tracy Richardson
			Quentin Stewart
FLAG OFFICERS	Commodore:		Rob Aldis
	Vice Commodo	ore Racing:	Mitch White
Vice Commodor		ore Youth Sailing:	Sebastian Hultin
	Vice Commodo	ore Cruising:	Susanna Westling
	Club Captain:		Bryan Moore
		STAFF DIRECTORY	
CEO		Mark Maybury	ceo@mhyc.com.au
Sailing Department			
Sailing Manager		David Staley	sailing.manager@mhyc.com.au
Discover Sailing Manager		Felix Prince	discoversailing@mhyc.com.au
Sailing Administrator		Catherine Rofe	sailing@mhyc.com.au
Sailing Administrator		Kathy Johnston	sailing@mhyc.com.au
Member Services &	Accounts		
Finance Manager		Bruce Aitken	finance.manager@mhyc.com.au
Accounts		Sue Batty	accounts@mhyc.com.au
Reception & Membe	ership	Kathryn Thorowgood	reception@mhyc.com.au
Marina Services			
Marina Manager		Andrew Forbes	marina@mhyc.com.au
Tender Service		VHF 73 / 0451 466 157	tender@mhyc.com.au

#### **TENANTS DIRECTORY**

Australian Sailing Team	8424 7403	www.australiansailingteam.com.au
Flying Fish	9969 8590	flyingfishsailing.com.au
Pacific Rigging	9960 8181	www.pacificrh.com.au
St Siandra	8251 2444	stsiandra.com.au
Sydney Harbour Surf Club	0437 126 612	sydneyharboursurfclub.com.au

#### SAILING COMMITTEE

Chairperson – Mitch White (VC Racing)	mitch@onestopmarine.com.au	0405 000 210
John Crawford	jcsfcraw@bigpond.net.au	0408 454 663
Phil Darling	darlingp@ozemail.com.au	0411 882 760
Sebastian Hultin	sebastian.hultin@gmail.com	0423 622 602
Katie O'Mara	ktgomara@gmail.com	0400 832 666
Neil Padden	npadden@bigpond.net.au	0410 418 665
Sailing Manager / PRO – David Staley	sailing.manager@mhyc.com.au	0428 514 058

#### **Divisional Representatives**

-		
Special Events Chairman – Ian Box	ian.box@nci.com.au	0419 225 950
VC Cruising – Susanna Westling	susanna.westling@gmail.com	0476 152 799
VC Youth – Sebastian Hultin	sebastian.hultin@gmail.com	0423 622 602
Chief Safety Auditor – Phil Darling	darlingp@ozemail.com.au	0411 882 760
Women's Sailing – Katie O'Mara	ktgomara@gmail.com	0400 832 666
Division 1 & 2 – Neil Padden	npadden@bigpond.net.au	0410 418 665
Division 3 & Friday – John Crawford	jcsfcraw@bigpond.net.au	0408 454 663
Wednesday – Julie Hodder	jghodder53@gmail.com	0412 216 535
Thursday Twilight – Phil Clinton	philc@avelin.com	0413 730 174
Adams 10 – Kim Darling	kimberdarling@gmail.com	0402 026 390
Farr 40 / TP52 – Gordon Ketelbey	ketelbeygordon@gmail.com	0417 223 125
Race Management – Steve Tucker	sdgtucker@gmail.com	0419 264 473
Race Management – Toby Gursanscky	tobygursanscky@hotmail.com	0411 822 112

#### Middle Harbour Yacht Club

75 Lower Parriwi Road, The Spit, Mosman NSW 2088 PO Box 106, Seaforth NSW 2092 P: 02 9969 1244 F: 02 9969 3326 W: www.mhyc.com.au E: info@mhyc.com.au

# MHYC CODES OF BEHAVIOUR

When participating in any event at Middle Harbour Yacht Club, standards of behaviour apply. Failure to observe these standards may lead to suspension of club membership. The Code of Behaviour below is a guide to acceptable standards of behaviour.

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each person as an individual.
- Show respect and courtesy to all involved with the sport.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Respect the decisions of officials, coaches and administrators.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.
- Display appropriate and responsible behaviour in all interactions.
- Display responsible behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate abusive, bullying or threatening behaviour.

## Sailors

- Give your best at all times.
- Participate for your own enjoyment and benefit.
- Play by the rules and show respect for other sailors, coaches and officials.

## **Instructors & Coaches**

- Place the safety and welfare of the sailors above all else.
- Help each person (sailor, official, etc.) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Obtain appropriate qualifications and keep up to date with the latest instructing / coaching practices and the principles of growth and development of young sailors.
- Ensure that any physical contact with another person is appropriate to the situation and necessary for the person's skill development.

#### Officials

- Place the safety and welfare of the sailors above all else.
- Ensure all sailors are included and can participate, regardless of their race, gender, ability, cultural background, sexuality or religion.
- Be consistent, impartial and objective when making decisions.
- Address unsporting behaviour and promote respect for other sailors and officials.

## Administrators

- Ensure quality supervision and instruction for sailors.
- Support coaches and officials to improve their skills and competencies.
- Act honestly, in good faith and in the best interests of the sport as a whole.
- Ensure that any information acquired or advantage gained from the position is not used improperly.
- Conduct club responsibilities with due care, competence and diligence.

## Parents

- Encourage your child to participate, do their best and have fun.
- Focus on your child's effort and performance, rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Help out the coach or officials at training and regattas, where possible.
- Model appropriate behaviour, including respect for other sailors and officials.

## **VOLUNTEERS WANTED!**

MHYC is always seeking new volunteers to assist with our busy sailing program for keelboats and centreboard classes. There are a variety of roles afloat and ashore during the regular club racing and also for special events and regattas.

It is important that we have sufficient volunteers afloat to provide effective safety coverage for our Sunday Centreboard Racing. Without the appropriate number of safety boats and crews afloat, racing cannot proceed. It is expected that each boat entering the centreboard series will provide a volunteer on at least two race days.

The club provides formal and informal training for new and existing volunteers to ensure that everyone has the confidence and the skills necessary to safely fulfil their roles and enjoy their time on the water.

For more information about volunteering, contact the Sailing Office via email <u>sailing@mhyc.com.au</u> or call 8969 3103.

# POLICY FOR MHYC DINGHY STORAGE

Prior to storing any boat at MHYC, a club **approved storage agreement** must be in place

- Applications
  - Are available from the Sailing Office.
  - Priority is given boats of classes supported by the club that are actively sailed by youth members of MHYC.
- Storage Licence Agreements
  - Apply from 1 September to 31 August each year, paid monthly in advance via Direct Debit.
  - Can be terminated by owners with 30 days' notice.
  - Can be terminated by MHYC with 14 days' notice; may be given in relation to
    - Less active and inactive boats (sailed less than fortnightly in summer and monthly in winter).
    - Boats with overdue payments.
- All boats stored at MHYC
  - Will be allocated a location by the MHYC Sailing Office; the Club may reallocate locations at any time.
  - Must display supplied MHYC trolley tag / sticker.
  - Must be kept in the allocated location not in the common or shared areas.
  - Must be stored without a road trailer (loading or unloading is permitted).
  - Must remain compliant with applicable regulations (including the current Australian Sailing Special Regulations Part 2 for off the beach boats).
  - Must hold current Third-Party Liability Insurance with a minimum cover of AUD \$10 Million per incident or equivalent.
- Storage Licence agreement holders
  - Must keep the facility clean and the common areas clear (also applied to anyone using their boat).
  - Must be prepared to help clean up / maintain the facility (including attending a designated day).
- Middle Harbour Yacht Club is not liable for the security or damage to any stored boats and equipment. All boats and equipment are the sole responsibility of the owner.

For more information about dinghy storage, contact the MHYC Discover Sailing Centre Office via email <u>discoversailing@mhyc.com.au</u> or call 8969 3116.

## MHYC CENTREBOARD NOTICE OF RACE

#### **EFFECTIVE FROM 1st SEPTEMBER 2023**

The organising authority is Middle Harbour Yacht Club (MHYC).

#### 1 RULES

- 1.1 The events will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Australian Sailing Special Regulations Part 2 (Off the Beach Boats) shall apply unless changed by this Notice of Race or Sailing Instructions.
- 1.3 Class rules shall apply.
- 1.4 Scoring RRS Appendix A5.3 shall apply.

#### 2 ELIGIBILITY AND ENTRY

- 2.1 The Club Championship Series is open to Optimist, Pacer, Flying Eleven, 420, 29er and other classes at the discretion of the Race Committee.
- 2.2 Eligible boats may enter by completing the online entry at <u>www.mhyc.com.au</u>
- 2.3 Each participating boat shall be insured with valid Third Party Liability insurance with a minimum cover of AUD \$10 Million per incident or equivalent.
- 2.4 Casual entries will be accepted on race days up until 90 minutes prior to the start time upon payment of race fees.
- 2.5 Participants registered in an MHYC Youth Training or Development Squad program at the time of the Series are required to submit a race entry as per the Notice of Race but are exempt from paying race fees.

#### 3 FEES

3.1 Entry fees are as follows:

Series Name	Scheduled Races	Casual (per race day)	Series (non-member)	Series (member)	Storage License Holder
Centreboard Club Championship Series	45	\$25	\$300	\$210	-
Centreboard Winter Series	24	\$25	\$150	\$105	-
All MHYC Centreboard Series	69	\$25	\$405	\$285	\$215

#### 4 SCHEDULE

4.1 The schedule of races is detailed in Appendix A.

#### 5 MEASUREMENT

Each boat shall produce a valid measurement certificate upon request.

#### 6 SAILING INSTRUCTIONS

The Sailing Instructions are included in this handbook and available at www.mhyc.com.au

#### 7 VENUE

The venue is Middle Harbour Yacht Club, The Spit, Mosman, NSW. Racing shall be held in the waters of Middle Harbour and The Sound.

#### 8 THE COURSES

The courses are described in the sailing instructions.

#### 9 DIVISIONS & SCORING

- 9.1 Class Divisions may be constituted at the discretion of the Race Committee.
- 9.2 For the Club Championship Series and Winter Series, eight (8) races are required to be completed to constitute a series.
  - (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
  - (b) When from 5 to 8 races have been completed, a boat's series score will be the total excluding her worst race score.
  - (c) For every additional 4 races completed, one additional score may be excluded up to a maximum of 4 excluded scores.
- 9.3 A boat which misses a race of any MHYC Series in which she is an entrant through competing in a State or National Championship or in any other Major Regatta or Series approved by the Youth Sailing Committee, shall be entitled to redress being average points. Requests for average points shall be emailed to <u>sailing@mhyc.com.au</u> within 7 days of the event and accompanied by a copy of the result sheet.

#### 10 RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats. This includes mobile phones.

#### 11 PRIZES

- 11.1 Series prizes will be awarded to first, second and third place winners depending on the number of race entries.
- 11.2 Other prizes may be awarded at the discretion of the Organising Authority.

#### 12 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the series.

#### 13 INSURANCE

Each participating boat shall be insured with valid Third Party Liability insurance with a minimum cover of AUD \$10,000,000 per incident or equivalent.

#### 14 FURTHER INFORMATION

For further information contact the MHYC Sailing OfficeDirect Phone02 8969 3103Emailsailing@mhyc.com.au

# MHYC CENTREBOARD NOTICE OF RACE

#### APPENDIX A

## MHYC CENTREBOARD RACING CALENDAR

Date	Start	Event	Races
Sunday, 10 September 2023	1400	Centreboard Club Championship	123
Sunday, 17 September 2023	1400	Centreboard Club Championship	456
Sunday, 15 October 2023	1400	Centreboard Club Championship	789
Sunday, 22 October 2023	1400	Centreboard Club Championship	10 11 12
Sunday, 5 November 2023	1400	Centreboard Club Championship	13 14 15
Sunday, 19 November 2023	1400	Centreboard Club Championship	16 17 18
Sunday, 26 November 2023	1400	Centreboard Club Championship	19 20 21
Sunday, 3 December 2023	1400	Centreboard Club Championship	22 23 24
Sunday, 28 January 2024	1400	Centreboard Club Championship	25 26 27
Sunday, 11 February 2024	1400	Centreboard Club Championship	28 29 30
Sunday, 25 February 2024	1400	Centreboard Club Championship	31 32 33
Sunday, 10 March 2024	1400	Centreboard Club Championship	34 35 36
Sunday, 17 March 2024	1400	Centreboard Club Championship	37 38 39
Sunday, 7 April 2024	1400	Centreboard Club Championship	40 41 42
Sunday, 14 April 2024	1400	Centreboard Club Championship	43 44 45
Sunday, 5 May 2024	1400	Centreboard Winter Series	123
Sunday, 19 May 2024	1400	Centreboard Winter Series	456
Sunday, 2 June 2024	1400	Centreboard Winter Series	789
Sunday, 16 June 2024	1400	Centreboard Winter Series	10 11 12
Sunday, 30 June 2024	1400	Centreboard Winter Series	13 14 15
Sunday, 28 July 2024	1400	Centreboard Winter Series	16 17 18
Sunday, 11 August 2024	1400	Centreboard Winter Series	19 20 21
Sunday, 25 August 2024	1400	Centreboard Winter Series	22 23 24

## MHYC SAILING INSTRUCTIONS

#### **EFFECTIVE FROM 1st SEPTEMBER 2023**

The organising authority is Middle Harbour Yacht Club (MHYC)

#### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Australian Sailing Special Regulations Part 2 (Off the Beach Boats) shall apply unless changed by this Notice of Race or Sailing Instructions.
- 1.3 Class rules shall apply.

#### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board outside the MHYC Office and circulated via the Sailor App.

#### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the MHYC Starters Tower flagpole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When Flag D is displayed with one sound signal, boats shall not leave the beach until this signal is lowered.

#### 5 SCHEDULE OF RACES

- 5.1 The schedule of races shall be as per the Notice of Race Appendix A.
- 5.2 A competitors briefing may be held each race day on the hardstand rigging deck 90 minutes before the scheduled start time.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange flag may be displayed with one sound at least five minutes before a warning signal is made.

#### 6 CLASS FLAGS & DIVISIONS

- 6.1 A minimum of 3 boats is required to constitute a division.
- 6.2 Class Flags will be:

Red Class Insignia on White Flag
Blue Class Insignia on White Flag
Blue Class Insignia on White Flag
Black Class Insignia on White Flag
Dark Blue Class Insignia on Light Blue Flag
White Class Insignia on Green Flag
As determined by the Race Committee

#### 7 RACING AREAS

Racing shall be held in the waters of Middle Harbour and The Sound.

#### 8 COURSES

- 8.1 The diagrams in Appendix B show the courses, including the order in which marks are to be passed, and the side on which each mark is be left.
- 8.2 At the warning signal, the race committee signal vessel will display the numeral pennant corresponding to the course number below the class flag or display the course number on a course board.

#### 9 MARKS

- 9.1 Marks 1, 4 and 5 will be orange inflatable buoys.
- 9.2 Mark 1a will be a yellow inflatable buoy.
- 9.3 Marks 2 and 3 will be pink inflatable buoys.
- 9.4 The start / finish mark will be a yellow inflatable buoy.
- 9.5 The alternative finishing mark will be an inflatable buoy with a black and white band.

#### 10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The area of water between the registered moorings and the adjacent shoreline inside Sydney Harbour including the Bombora or Dobroyd Head, Sow and Pigs and Naval Waters shall be considered a continuing obstruction for boats that are racing.
- 10.2 All navigational marks shall be passed on their designated side.

#### 11 THE START

11.1 The starting line will be between a staff displaying an orange flag on the MHYC Race Committee Boat at the starboard end and the course side of the port-end starting mark.

12	The starting sequence shall be as follows.					
	Signal	Time	Visual Signal	Sound Signal		
	Warning	3 minutes before start	Class flag displayed	One Sound		
	Preparatory	2 minutes before start	P, U or Black flag displayed	One Sound		
	One Minute 1 minutes before start		P, U or Black flag removed	One Long		
				Sound		
	Start	Start	Class flag removed	One Sound		

11.2 The starting sequence shall be as follows:

This changes RRS 26.

- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

#### 12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position.

#### 13 THE FINISH

The finishing line will between a staff displaying a blue flag on the MHYC Race Committee Boat and the course side of the finishing mark.

#### 14 TIME LIMITS AND TARGET TIMES

14.1For all classes the time limits and targets times are as follows<br/>Time LimitMark 1 Time LimitTarget Time60 minutes20 minutes30 Minutes

- 14.2If no boat has passed Mark 1 / 1a within the Mark 1 time limit, the race will be abandoned.Failure to meet the target time will not be grounds for redress. This changes RRS 62.1.
- 14.3 Boats failing to finish within 10 minutes after the first boat which sails the course and finishes may be allocated a place by the Race Committee. This changes RRS 35, A4 and A5.

## 15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Sailing Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the location advised to the competitors.
- 15.4 Notices of protests by the race committee will be posted to inform boats under RRS 61.1(b).
- 15.5 Breaches of SIs 11.3, 16, 17, 19 and 20 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

#### 16 SAFETY REGULATIONS

- 16.1 All skippers shall SIGN ON before racing each day and SIGN OFF at the earliest possible time after the completion of racing (but not later than the end of protest time).
- 16.2 The Sign On/Off process is in writing ashore. The race committee may, at its discretion, accept a verbal Sign On or Sign Off.
- 16.3 Boats failing to sign on/off shall be scored DNC without a hearing. This changes rule 63.1, A4 and A5.

#### 17 REPLACEMENT OF CREW

Substitution of crew is permitted, provided the race committee is informed in writing prior to racing. Substitution of the nominated skipper requires a separate entry.

#### 18 TRASH DISPOSAL

Trash shall not be placed in the water but may be placed aboard support or official boats.

#### 19 RADIO COMMUNICATIONS

- 19.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This includes mobile phones.
- 19.2 All support boats shall monitor the race management channel VHF72 (or any alternative channel determined by the Race Committee).

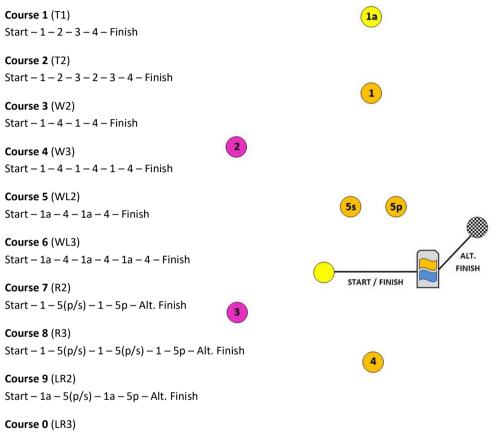
## 20 COACHING

- 20.1 Any person may provide assistance to competitors subject to prior approval from the race committee. Approval may be withdrawn by the Race Committee at any time.
- 20.2 Approved coaching of competitors does not constitute grounds for protest under RRS 41.

## MHYC CENTREBOARD WINTER SERIES

## SAILING INSTRUCTIONS

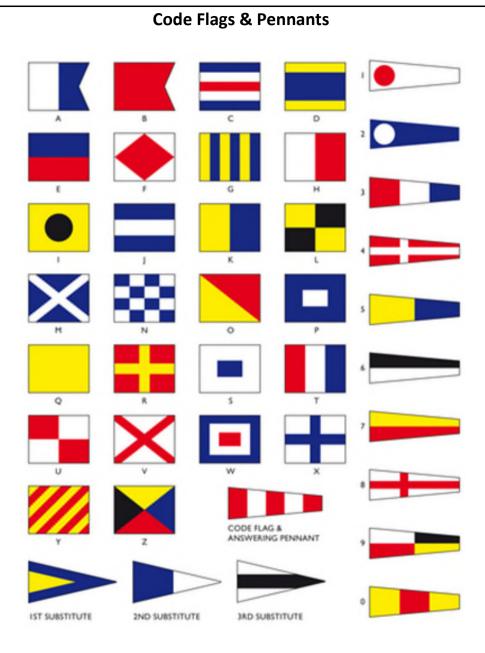
**APPENDIX B - COURSES** 



Start - 1a - 5(p/s) - 1a - 5(p/s) - 1a - 5p - Alt. Finish

Note:

- All marks are to be rounded to port, except at a gate.
- Gate 5 may be replaced by a single mark of the same colour, in which case it shall be rounded to port.

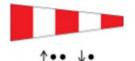


# RACE SIGNALS

The meanings of visual and sound signals are stated below. An arrow pointing up or down

 $(\uparrow\downarrow)$  means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (----) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, fleet flag, event flag or race area flag, the signal applies only to that class, fleet, event or race area.

#### Postponement Signals



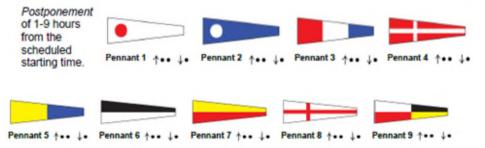
AP Races not started are postponed. The warning signal will be made 1 minute after removal unless at that time the race is postponed again or abandoned.



AP over H Races not started are postponed. Further signals ashore. **^...** 

AP over A Races not started are *postponed*. No more racing today.

#### AP over a Numeral Pennant



#### RACE SIGNALS

#### Abandonment Signals



N All races that have started are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.



N over H

ashore.

All races are

abandoned.

Further signals



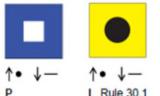
^•••

N over A All races are abandoned. No more racing today.



V Monitor communication channel for safety instructions (see rule 37).

#### **Preparatory Signals**



Preparatory signal.





U Rule 30.3 is in effect.



Black flag. Rule 30.4 is in effect

#### **Recall Signals**



X Individual



First Substitute General recall. The warning signal will be made 1 minute after removal.

Shortened Course



S The course has been shortened. Rule 32.2 is in effect.