# **CovidSAFE** Sailing



### **NSW Government**

As a result of the NSW Government's easing of <u>COVID-19 restrictions</u>:

- The Club has returned to its full capacity following the removal of density limits.
- Members and guests are no longer required to check-in using a QR code upon entry to the Club.
- Singing and dancing is once again permitted.
- Masks are no longer mandatory but are encouraged when you are indoors at the MHYC and cannot maintain a safe distance from others.

MHYC's Mandatory Vaccination Policy remains in place and will be reviewed by the Board.

## MHYC employs the NSW Government's current COVID-19 restrictions

#### MHYC

We are all obliged to work together to fight the transmission of the virus, so the Club is **encouraging** the following:

#### At Home

- Any tasks that can be done at home, should be done at home (e.g. debriefing etc)
- It is also recommended that sailors be tested for COVID-19 if you have any symptoms
- If you are a person with high risk of COVID-19 or have symptoms of the Virus (even if mild), stay at home.

#### Ashore

- Arrive dressed and ready to sail
- Minimise the use of change rooms, bathrooms and communal areas
- Shower at home instead of at the club if possible
- Sailors should maintain at least 1.5m distance wherever possible
- Hand hygiene stations are available at a number of locations
- Wearing of face masks is encouraged

#### Afloat

- Sailors should maintain at least 1.5m distance apart where practicable whilst not engaged in competition or training
- No unnecessary body contact (e.g. hand shaking, high fives)
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment bring your own lifejacket, gloves etc.

#### Remember – Everyone participates at their own risk