



**Middle Harbour 2022 SheSails
Invitational Teams Racing Regatta**

Saturday 19 March 2022

Sailing Instructions

Organising Authority

Middle Harbour Yacht Club

and

New South Wales Team Sailing Association



MIDDLE HARBOUR 2022 SHESAILS INVITATIONAL TEAMS RACING REGATTA SAILING INSTRUCTIONS

The Organising Authority is Middle Harbour Yacht Club (MHYC) in association with the New South Wales Team Sailing Association (NSWTSA).

1. Rules

- 1.1. The Racing Rules of Sailing (RRS), the Prescriptions and Part 2 (Off the Beach Boats) Special Regulations of Australian Sailing, the Team Racing Rules at Appendix D to the RRS and Addendum B to Appendix L to the RRS (Boats provided by the Organising Authority) and the Navigation Collision Regulations of NSW will govern the Regatta.
- 1.2. The Rules for Boat Handling (Attachment A) shall apply.
- 1.3. All races will be umpired in accordance with Appendix D.2.
- 1.4. Pacer Class Rules will not apply.

2. Changes to Rules

- 2.1. To comply with RRS D2.2 a boat may protest another boat by clearly displaying a red flag on a side-stay, raised at least 50cm above the deck. A red flag at the bottom of the side-stay will be regarded as “inactive”. Once a penalty has been taken or the umpires have made a decision the flag shall be returned to its inactive position.
- 2.2. A boat suffering a break down shall display a green flag at least 50cm above the deck. This changes RRS D5.
- 2.3. RRS D1.1(d) is deleted.
- 2.4. Rule D2.4 is amended such that a “Green or Green and White” flag will signal no penalty and a “Black” flag will signal that an incident will be reported to the protest committee.
- 2.5. When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 20 minutes’. Amends Race Signal AP.

3. Notices to Competitors

- 3.1. Notices to competitors will be posted on the Regatta Notice Board located in the breezeway of MHYC.
- 3.2. Once a racing session has commenced Notices to Competitors may be given verbally on the water in the method described in Instructions 4.1 and 4.2.

4. Changes to Sailing Instructions

- 4.1. Any change to these Sailing Instructions will be posted on the official notice board and via VHF radio Ch 72 at least 15 minutes before the start of any race affected.
- 4.2. Oral instructions may be given on the water by the Race Committee and/or the Umpires, prior to the warning signal, when Flag L is displayed. It will be the responsibility of each team to obtain any oral instructions given.



5. Signals Made Ashore

- 5.1. All signals made ashore will be displayed on the flag mast located on the NW corner of the MHYC Clubhouse.
- 5.2. When displayed ashore flag “AP” means races not started are postponed. The first Warning Signal for the next race shall be made 20 minutes after the AP is lowered (amends race signal AP).

6. Schedule of Events

- 6.1. The schedule of regatta events for Saturday 19 March 2022 is:

08:30 to 09:00	Registration and Rig Boats (All teams to be present and assist)
09:00	Briefing
09:30	First Warning Signal - Racing commences
12:30	Racing concludes (target time)
13:00	Pack Up
13:30	Presentation

7. Regatta Format

- 7.1. The event will be a three boat versus three boat Round Robin competition in accordance with Rule D4.
- 7.2. At the conclusion of the round robin teams will proceed to a finals series. It is the intention that all teams will complete in the finals series.
- 7.3. The Organising Authority retains the right to amend the racing format as may be determined by boat availability, weather and events on the day in order to maximise racing and achieve a clear result.
- 7.4. Following a breakdown, races may be completed in two boat versus two boat format until repairs are completed. Boats selected shall be at the discretion of the individual team.

8. Boats

- 8.1. Teams are to provide their own Pacer class boats.
- 8.2. Boats and equipment may only be changed in accordance with Rules for Boat Handling. The Rules are at Attachment A.
- 8.3. A team found by the Race Committee to be responsible for causing specific damage to other boats may be charged for such damage and the cost billed to that team/club/school following the regatta. Any damage to a boat may be proportioned to all teams involved in the incident at the umpires’ discretion. This is not protestable.
- 8.4. The limit of damage liability for any one incident is \$500.

9. Racing Area

Racing will take place in Middle Harbour on Sydney Harbour in the vicinity of MHYC.

10. The Course

- 10.1. The course to be sailed will be a starboard hand digital N course, consisting of a windward leg, a leeward leg and a windward finish leg. There will be short reaching legs between each of the windward/leeward legs. Illustration 1 shows the indicative course layout.
- 10.2. The Race Committee or Umpires may move marks of the course at any time. Rule 33 will not apply. The moving of a mark by the Race Committee or Umpires will not give grounds for redress.

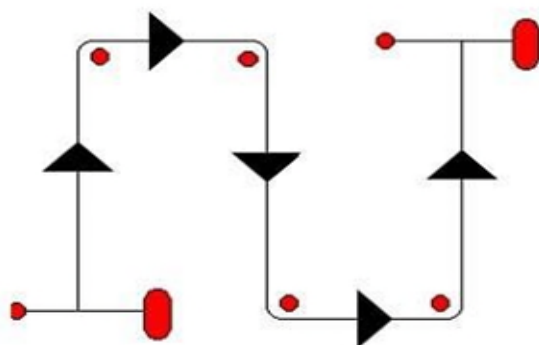


Illustration 1 – Course Format

11. Marks

- 11.1. Marks 1, 2, 3 and 4 will be orange inflatable buoys.
- 11.2. The Start Mark will be an yellow inflatable buoy.
- 11.3. The Finish Mark will be an yellow inflatable buoy with a black and white chequered band.

12. The Start

- 12.1. The next race to start will be signalled, before or with the Warning Signal, on a board located on the stern of the Committee Boat.
- 12.2. The Starting line will be between an orange flag on the Committee Boat at the starboard end and the port end Start Mark.
- 12.3. Races will be started by using the below starting sequence. This changes RRS 26 and *Race Signals*.

Signal	Sound	Flag	Time before start
Warning	1 Short	Numeral Pennant 1 or 2 (in succession)	3 minutes
Preparatory	1 Short	Flag P	2 minutes
	1 Long	Flag P removed	1 minute
Start	1 Short	Numeral Pennant 1 or 2 removed	0

- 12.4. Starts may be made sequentially.



12.5. A boat starting later than 2 minutes after her starting signal shall be scored Did Not Start. This changes Rules 63.1, A4 and A5.

13. Recalls

- 13.1. Recalls shall be signalled in accordance with RRS 29, except that flag X shall be displayed for no more than two minutes.
- 13.2. The Race Officer will attempt to call out the colour and bow number of any boats starting prematurely. Failure to hear the call shall not be grounds for redress.

14. Time Limit and Abandonment

- 14.1. If no boat has finished within 20 minutes of the start, the race will be abandoned.
- 14.2. Boats not finishing within five minutes of the first boat will be scored DNF. This changes Rule 35.
- 14.3. Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be resailed and if so, a new warning signal will be made as soon as practical. This changes Rule 32 and Race Signals.

15. The Finish

The finishing line will be between the pole displaying a blue flag on the Finish Boat at the starboard end and the port end finishing mark.

16. Protests and Requests for Redress

- 16.1. For protests and requests for redress other than protests under a rule listed in Rule D2.2, competitors shall inform an Umpire or the Race Committee prior to rotating boats or going ashore.
- 16.2. Rule D2.4 is amended such that a “Green or Green and White” flag will signal no penalty and a “Black” flag will signal that an incident will be reported to the protest committee.
- 16.3. For hearings involving breakdowns, Rule D5 is changed to replace “Race Committee” with “Umpires”.
- 16.4. Instructions 20 (Breakdowns) and 21 (Support Boats) are not competitor protestable.

17. Scoring the Series

- 17.1. RRS Appendix D3 and D4 shall apply except as altered by these Sailing Instructions.

18. Official Boats

Reserved

19. Safety Regulations

All competitors are to sign on before going afloat for the first racing session of the day and are to sign off when proceeding ashore at the end of their racing day.

20. Breakdowns

- 20.1. As per Appendix D5 (as amended by Instruction 16.3) except that in D5.2 “red flag” is replaced by “green flag”.
- 20.2. In the event of a breakdown races for that and subsequent flights may continue as described in Instruction 7.4.



21. Support Boats

Team coach and support boats are to remain, from the first Warning Signal of the day until the last boat finishes the last race of the day, outside of the area bounded by the Start, Mark 1, the Finish and Mark 4 and at all other time at least 30m from boats racing. All coach and support boats must proceed at a “no wake” speed at all times when within 100m of the racing and the wind is below 12 knots. This complete Instruction will apply always except when asked to assist by the Race Committee.

22. Rubbish

No rubbish is to be dumped into the water. All rubbish is to be handed to official boats or taken ashore.

23. Communication

23.1. Team managers, coaches, team members and supporters shall not communicate in any way with competitors from the preparatory signal until all boats have finished or the Race Officer signals a postponement, general recall or abandonment.

23.2. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

24. Prizes

Teams will compete for the NSW TSA Middle Harbour SheSails Invitational Teams Racing Trophy. Other prizes may be awarded at the discretion of the Organising Authority.

25. Liability Disclaimer

It is the competitor’s decision to enter the Championship or to start and continue in any race. Attention is drawn to the Notice of Race Clause 13.

26. Rights to Use Name and Likeness

In participating, a competitor automatically grants to the Organising Authority and the Sponsors, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of him/her during the period of the competition in which the competitor participates and in all material related to the said Event without compensation.



Attachment A

Rules for Boat Handling

A. General

- a. While all reasonable steps are taken to equalise boats, variations will not be grounds for redress (amends rule 62).
- b. Competitors shall inspect assigned boats before each race for possible breakdown and missing equipment. Discrepancies shall be reported to the Beach Manager.
- c. After finishing any race and after completion of the round robin, competitors shall sail directly to the start area, without interfering with any races in progress.
- d. Competitors shall report any damage or loss of equipment however slight as soon as possible the Beach Manager.
- e. Competitors must comply with any request from the Beach Managers regarding the berthing or hauling out of boats.

B. Boat Allocation and Handover

- a. Teams will remain in their own supplied boats for the duration of the round robin.
- b. Boats may be reallocated for the finals to equalise teams, at the discretion of the race committee.
- c. Competitors must leave the boat in the same state of repair and cleanliness as when first boarded and as empty of water as is possible

C. Prohibited Items & Actions

Except in an emergency or in order to prevent damage or injury, or when directed by a race official or umpire, the following are prohibited:

- Perforating sails
- Cleaning or washing hulls, or foils with anything other than water
- Adjusting or altering standing rigging, halyards and main sail batten tension
- Removing purchases on the mainsheet
- Marking of the hull or equipment other than by removable adhesive tape



- The use of equipment or fittings for the purpose other than that intended
- Intentional damage/tampering with boats
- Any additions to or alterations of equipment supplied

D. Permitted Items & Actions

- a. All equipment provided with the boat shall be carried while afloat.
- b. It is permissible to take on board,
 - Sunscreen
 - Drinking Water
 - Bailing bucket & sponge
 - Yarn or thread
 - Easily removable adhesive tape
 - Line [elastic or otherwise of 3mm diameter or less] that may be used for making minor repairs and preventing further damage
 - Tell-tails may be attached to sails with sail tape and shall then not be removed.
 - Wind indicators [yarn, thread, audio-tape or similar material] may be tied or taped to the side stays and shall then not be removed.
- c. All fittings or equipment designated to be adjusted may be adjusted except those items listed in Item C.
- d. Any fitting may be taped with electrical tape or similar to prevent injury, but this shall not prevent the normal action or use of that fitting.

E. Mandatory Items and Actions

Competitors must supply their own bailing bucket of at least 1 litre capacity.