

# COVIDSafe Sailing in the Breakout Series

20 November 2020

## Information for Competitors

Recreational boating is permitted under the NSW Government Public Health Orders, however COVID-19 is still with us and the way we sail and conduct events needs to adapt. We are all obliged to work together to fight the transmission of the virus, so the cooperation of all crews would be appreciated.

### At Home

- Any tasks that can be done at home, should be done at home (e.g. crew meetings, debriefing etc)
- It is strongly recommended that all sailors download the Australian Government COVID -19 contact tracing app (COVIDSafe) and keep it active at all times
- It is also recommended that sailors displaying any symptoms be tested for COVID-19
- If you are a person with high risk of COVID-19, or have symptoms of the Virus (even if mild), stay at home

### Before Racing

To provide for possible tracing, all competing boats are required to register all their crew details (Crew Name and AS Number or SailPass Number) before each race. The penalty for not registering before the finish time of the last boat is disqualification from the race.

To update your crew list online – [click here](#).

### Ashore

While we are all missing the usual social atmosphere of our clubs, the “new normal” for sailing NSW sailing clubs is **GET IN, SAIL & GET OUT.....**

- Comply with the CovidSAFE recommendations at each of the Participating Host Clubs
- Arrive dressed and ready to sail
- Minimise the use of change rooms, bathrooms and communal areas
- Shower at home instead of at the club
- The 4m2 rule applies ashore and sailors should maintain at least 1.5m distance
- Avoid congregating in high traffic areas
- Note the location of hygiene stations are sanitise hands regularly

### Afloat

- Sailors should maintain at least 1.5m distance apart where practicable whilst not engaged in competition or training  
No unnecessary body contact (e.g. hand shaking, high fives)
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – bring your own lifejacket, gloves etc.
- Skippers are responsible for CovidSAFE practices while crew are aboard

***Remember – Everyone participates at their own risk***

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