



Notice to Competitors

2020-09-17-1

Amendment to MHYC Inshore and Inshore Sprint Sailing Instructions for IRC Divisions 1 & 2, PHS Divisions 1, 2 & 3 & Adams 10 Division

The MHYC Inshore and Inshore Sprint Sailing Instructions have been amended to provide for a third PHS division and to correct the Naval Course Chart.

The following Inshore and Inshore Sprint Sailing Instructions replace, in their entirety, the Sailing Instructions published on pages 40-52 of the MHYC Sailing Handbook 2020-2021 and apply with immediate effect.

David Staley

MHYC Sailing Manager

17 September 2020 at 1400hrs

INSHORE ANNUAL / SPRING / SUMMER PHS SERIES POINTSCORE

Category 7 / PHS Results / Divisions 1, 2 & 3

INSHORE ANNUAL / SPRING / SUMMER IRC SERIES POINTSCORE

Category 7 / IRC Results / Divisions 1 & 2

ADAMS 10 ANNUAL / SPRING / SUMMER SERIES POINTSCORE

Category 7 / One Design & PHS Results

SCHEDULE OF RACES

RACE*	DATE	RACE FORMAT	START TIME	INFORMATION
INSHORE & ADAMS 10 SPRING POINTSCORE SERIES				
1	Saturday, 12 September 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
1	Saturday, 12 September 2020	Inshore IRC Division - Inshore Race (inc. Spring Pointscore)	1300	Inshore Sailing Instructions
1	Saturday, 12 September 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
2	Saturday, 19 September 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
1	Saturday, 19 September 2020	Combined Clubs Inshore Passage Race Series (RSYS)	1300	Combined Clubs Sailing Instructions
2	Saturday, 19 September 2020	Inshore IRC Division - Inshore Race (inc. Spring Pointscore)	1300	Combined Clubs Sailing Instructions
2	Saturday, 19 September 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Combined Clubs Sailing Instructions
3	Saturday, 26 September 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
3	Saturday, 26 September 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
4	Saturday, 17 October 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
4	Saturday, 17 October 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
5 6	Saturday, 24 October 2020	Adams 10 Inshore Series Sprints (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
3 4	Saturday, 24 October 2020	Inshore IRC Division - Inshore Sprints (inc. Spring Pointscore)	1300	Inshore Sailing Instructions
5 6	Saturday, 24 October 2020	Inshore PHS Series Sprints (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
5	Saturday, 31 October 2020	Inshore IRC Division - Inshore Race (inc. Spring Pointscore)	1300	Inshore Sailing Instructions
7	Saturday, 31 October 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
7 8	Saturday, 7 November 2020	Adams 10 Inshore Series Sprints (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
8 9	Saturday, 7 November 2020	Inshore PHS Series Sprints (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions
9 10	Saturday, 14 November 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	Combined Clubs Sailing Instructions
2 3	Saturday, 14 November 2020	Combined Clubs Inshore Passage Race Series (MHYC & MYC)	1300	Combined Clubs Sailing Instructions
6 7	Saturday, 14 November 2020	Inshore IRC Division - Inshore Race (inc. Spring Pointscore)	1300	Combined Clubs Sailing Instructions
10 11	Saturday, 14 November 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Combined Clubs Sailing Instructions
11	Saturday, 21 November 2020	Adams 10 Inshore Series (Inc. Spring Pointscore)	1300	1Inshore Sailing Instructions
12	Saturday, 21 November 2020	Inshore PHS Series (Inc. Spring Pointscore)	1300	Inshore Sailing Instructions

* Race Numbers for Annual Series

UPDATE V3 – 17 September 2020

RACE*	DATE	RACE FORMAT	START TIME	INFORMATION
INSHORE & ADAMS 10 SUMMER POINTSCORE SERIES				
12	Saturday, 5 December 2020	Adams 10 Inshore Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
13	Saturday, 5 December 2020	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
13	Saturday, 19 December 2020	Adams 10 Inshore Series (Inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
4	Saturday, 19 December 2020	Combined Clubs Inshore Passage Race Series (RANSA)	1300	Combined Clubs Sailing Instructions
8	Saturday, 19 December 2020	Inshore IRC Division - Inshore Race (inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
14	Saturday, 19 December 2020	Inshore PHS Series (Inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
14 15	Saturday, 30 January 2021	Adams 10 Inshore Series (Inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
5 6	Saturday, 30 January 2021	Combined Clubs Inshore Passage Race Series (RSYS)	1300	Combined Clubs Sailing Instructions
9 10	Saturday, 30 January 2021	Inshore IRC Division - Inshore Race (inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
15 16	Saturday, 30 January 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
17	Saturday, 6 February 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
16	Saturday, 13 February 2021	Adams 10 Inshore Series (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
7	Saturday, 13 February 2021	Combined Clubs Inshore Passage Race Series (RPEYC)	1300	Inshore Sailing Instructions
18	Saturday, 13 February 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
17 18	Saturday, 20 February 2021	Adams 10 Inshore Series Sprints (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
11 12	Saturday, 20 February 2021	Inshore IRC Division - Inshore Sprints (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
19 20	Saturday, 20 February 2021	Inshore PHS Series Sprints (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
19	Saturday, 13 March 2021	Adams 10 Inshore Series (inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
8	Saturday, 13 March 2021	Combined Clubs Inshore Passage Race Series (MHYC)	1300	Combined Clubs Sailing Instructions
13	Saturday, 13 March 2021	Inshore IRC Division - Inshore Race (inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
21	Saturday, 13 March 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Combined Clubs Sailing Instructions
20	Saturday, 20 March 2021	Adams 10 Inshore Series (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
22	Saturday, 20 March 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
21	Saturday, 27 March 2021	Adams 10 Inshore Series (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
23	Saturday, 27 March 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
22 23	Saturday, 10 April 2021	Adams 10 Inshore Series Sprints (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
14 15	Saturday, 10 April 2021	Inshore IRC Division - Inshore Sprints (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
24 25	Saturday, 10 April 2021	Inshore PHS Series Sprints (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions
24	Saturday, 17 April 2021	Adams 10 Inshore Series (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
16	Saturday, 17 April 2021	Inshore IRC Division - Inshore Race (inc. Summer Pointscore)	1300	Inshore Sailing Instructions
26	Saturday, 17 April 2021	Inshore PHS Series (Inc. Summer Pointscore)	1300	Inshore Sailing Instructions

MHYC INSHORE SAILING INSTRUCTIONS

1 RULES

- 1.1 Refer to NOR 1 and 2.

2 SCHEDULE OF RACES

- 2.1 Racing is scheduled as per the Schedule of Races for each Pointscore Series.

3 CLASS FLAGS & DIVISIONS

- 3.1 Class flags will be;

CLASS / DIVISION	CODE FLAG
Division 1	Code Flag 'D'
Division 2	Code Flag 'E'
Division 3	Code Flag 'F'
Adams 10 (A10)	Code Flag 'T'

4 THE COURSES

- 4.1 The course to be sailed will be displayed on a Course Board on the race committee, as shown below and will be designated either "COURSE" (Fig (i)) or "NAVAL" (Fig (ii))

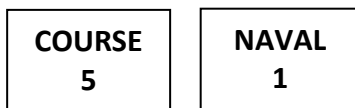


Fig (i)

Fig (ii)

- 4.2 For courses designated "COURSE" the course to be sailed shall be from those listed in the SIs.
- 4.3 For courses designated "NAVAL" the course to be sailed for each division shall be the course number shown on the chart below opposite the wind direction and Naval Numeral indicator.

NAVAL COURSE CHART							
Wind Direction	"NAVAL"	Start Line	A10	No.1	No.2	No.3	Finish Line
N	0	CC	21	22	21	21	SC
NNE	1	HB	6	23	6	5	SC
NE	2	HB	29	24	24	4	SC
NE	3	HB	29	24	3	4	SC
ENE	4	HB	27	27	28	28	SC/CP
E	5	HB	7	7	7	8	SC/CP
E	6	HB	7	7	8	8	SC/CP
SE	7	HB	10	10	10	9	WB
S	8	NH	11	11	11	12	WB
SW	9	SC	14	14	14	13	HB
W	10	SC	16	16	16	15	HB
NW	11	CC	19	19	19	18	HB
ANY	12	W/L	30	30	30	30	W/L
ANY	13	W/L	31	31	31	31	W/L
CC = Camp Cove / HB = Hunters Bay / NH = North Harbour SC = Spring Cove / WB = Watsons Bay							

- 4.4 When the race committee displays Code Flag "S" at the start line, the course for each division is shortened and boats shall round the mark prefixed (*) in the course description on the required side and proceed directly to the finish.
- 4.5 If the race committee shortens any course in accordance with RRS 32 for specific divisions only, the divisional flag for those divisions for which the course is to be shortened will be flown below Code Flag "S".

5 THE START

- 5.1 The start will be an On Water Start in accordance with NOR 18.
- 5.2 Boats intending to race shall report to the committee vessel prior to their warning signal, on starboard tack, with mainsail hoisted, to confirm their intention to race. Boats that cannot be identified may be scored 'DNC'.
- 5.3 The starting line will be between a staff or halyard displaying an orange flag on the committee vessel and the course side of the start mark.
- 5.4 The first Warning Signal shall not be made before 1255hrs.
- 5.5 The RC may combine a divisional start with another.
- 5.6 Prior to her Preparatory Signal, a boat shall keep clear of the starting line and all boats about to start or which have started. Attention is drawn to RRS 24.
- 5.7 When the race committee determines the Clubhouse or Pumphouse Start and Clubhouse Finish is to be used (in accordance with NOR 16 and 17), Code Flag "O" will be displayed from the Club Race Officials Box not less than one hour before the scheduled start time of the race or first division thereof.

6 THE FINISH

- 6.1 The finishing line will be between a staff or halyard displaying a blue flag on the committee vessel and the course side of the finish mark.
- 6.2 When the race committee determines the Clubhouse finish line to be used, the race committee will display Code Flag "O". This signal may be displayed at any time with 3 long sound signals. The Clubhouse Finish shall be in accordance with NOR 17.

7 TIME LIMITS

- 7.1 Unless otherwise prescribed, the time limit for each division shall be 3 hours 30 minutes or 30 minutes after the first boat in that division finishes whichever is later. Only those boats finishing within the time limit shall rank as finishers. This amends RRS 35.

8 SCORING

- 8.1 The scoring system is the RRS Low Point System.
- 8.2 The Penalty Place system to be applied is RRS A9 (Series Scores).
- 8.3 Abandoned races will not be re-sailed.
- 8.4 Inshore Annual PHS Pointscore Series
Twenty three (23) races are scheduled and eleven (11) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of five (5) exclude scores.
- 8.5 Inshore Spring PHS Pointscore Series
Eleven (11) races are scheduled and five (5) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of two (2) excluded scores.

- 8.6 Inshore Summer PHS Pointscore Series
Twelve (12) races are scheduled and five (5) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of three (3) excluded scores.
- 8.7 Inshore Annual IRC Pointscore Series
Sixteen (16) races are scheduled and seven (7) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of four (4) excluded scores.
- 8.8 Inshore Spring IRC Pointscore Series
Eight (8) races are scheduled and three (3) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of two (2) excluded scores.
- 8.9 Inshore Summer IRC Pointscore Series
Eight (8) races are scheduled and three (3) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of two (2) excluded scores.
- 8.10 Adams 10 Annual Pointscore Series
Twenty One (21) races are scheduled and ten (10) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of five (5) exclude scores.
- 8.11 Adams 10 Spring Pointscore Series
Nine (9) races are scheduled and four (4) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of two (2) excluded scores.
- 8.12 Adams 10 Summer Pointscore Series
Twelve (12) races are scheduled and five (5) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of three (3) excluded scores.
- 8.13 Inshore & Adams 10 Sprint Series Pointscore
Eight (8) races are scheduled and three (3) races are required to be completed to constitute a series. One (1) excluded score will apply after every four (4) completed races, up to a maximum of two (2) excluded scores.
- 9 PRIZES**
- 9.1 Weekly divisional prizes may be awarded at a post-race presentation. Prizes not collected shall be forfeited.
- 9.2 Series awards will be awarded at the Annual Presentation.
- 10 DISCLAIMER OF LIABILITY**
- 10.1 Refer to NOR 29
- 10.2 Attention is drawn to Fundamental Rule 4 which states: *“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”*.

INSHORE COURSE DESCRIPTIONS

INSHORE & ADAMS 10 ANNUAL, SPRING & SUMMER SERIES

COURSE NOTES:

- 1) All marks are to be rounded or passed to STARBOARD except those suffixed with the letter (P) which shall be rounded or passed to PORT.
- 2) For shortened course mark (*) refer to sailing instructions 4.4 & 4.5.
- 3) Division 3 omit marks designated (x).

COURSE 1 (approx. 18.0 nm)

- | | |
|-------------------------|---------------------------|
| 1. Start in Hunters Bay | 7. Goat Island |
| 2. AS Mark Manly West | 8. Cockatoo Island |
| 3. AS Mark Manly East | 9. Snapper Island |
| 4. AS Mark Rose Bay | 10. Spectacle Island |
| 5. Clark Island | 11. Finish in Hunters Bay |
| 6. Fort Denison | |

COURSE 2 (approx. 21.5 nm)

- | | |
|-----------------------------------|-------------------------------------|
| 1. Start at MHYC | 3. MH Inflatable Abbotsford Bay (P) |
| 2. MH Inflatable Bedlam Point (P) | 4. Finish MHYC |

COURSE 3 — NORTH EAST (approx. 13.2 nm)

- | | |
|------------------------------|----------------------------------|
| 1. Start Hunters Bay | 6. MH Inflatable Chowder Bay (*) |
| 2. AS Mark Cannae Point | 7. AS Mark Cannae Point |
| 3. AS Mark East Channel | 8. AS Mark East Channel |
| 4. MH Inflatable Chowder Bay | 9. MH Inflatable Chowder Bay |
| 5. AS Mark Cannae Point | 10. Finish Spring Cove |

COURSE 4 — NORTH EAST (approx. 12.1 nm)

- | | |
|----------------------------------|-------------------------------------|
| 1. Start Hunters Bay | 5. MH Inflatable Chowder Bay (*) |
| 2. AS Mark Cannae Point | 6.(x) MH Inflatable Manly Point (P) |
| 3. MH Inflatable Chowder Bay | 7.(x) AS Mark Edwards Beach |
| 4. MH Inflatable Manly Point (P) | 8. Finish Spring Cove |

COURSE 5 — NOR NOR EAST (approx. 10.4 nm)

- | | |
|----------------------------------|------------------------------|
| 1. Start Hunters Bay | 6. MH Inflatable Manly Point |
| 2. AS Mark Manly West | 7. MH Inflatable South Reef |
| 3. AS Mark Manly East | 8. MH Inflatable Chowder Bay |
| 4. MH Inflatable South Reef | 9. Finish Spring Cove |
| 5. MH Inflatable Chowder Bay (*) | |

COURSE 6 — NOR NOR EAST (approx. 14.2 nm)

- | | |
|------------------------------|-------------------------------|
| 1. Start Hunters Bay | 7. AS Mark Manly East (*) |
| 2. AS Mark Manly West | 8. AS Mark Edwards Beach |
| 3. AS Mark Manly East | 9. MH Inflatable Manly Point |
| 4. MH Inflatable South Reef | 10. MH Inflatable South Reef |
| 5. MH Inflatable Chowder Bay | 11. MH Inflatable Chowder Bay |
| 6. AS Mark Manly West | 12. Finish Spring Cove |

COURSE 7 — EAST (approx. 12.7 nm)

- | | | | |
|----|----------------------------------|-----|-----------------------------------|
| 1. | Start Hunters Bay / Grotto Point | 7. | AS Mark Edwards Beach (*) |
| 2. | MH Inflatable North Head (P) | 8. | MH Inflatable North Head (P) |
| 3. | AS Mark Rocky Point | 9. | AS Mark Rocky Point |
| 4. | AS Mark Edwards Beach | 10. | AS Mark Edwards Beach |
| 5. | MH Inflatable North Head (P) | 11. | Finish Spring Cove / Cannae Point |
| 6. | AS Mark Rocky Point | | |

COURSE 8 — EAST (approx. 9.8 nm)

- | | | | |
|----|----------------------------------|-------|-----------------------------------|
| 1. | Start Hunters Bay / Grotto Point | 6. | AS Mark Grotto Point (*) |
| 2. | MH Inflatable North Head (P) | 7.(x) | MH Inflatable North Head (P) |
| 3. | AS Mark Rocky Point | 8.(x) | AS Mark Grotto Point |
| 4. | AS Mark Edwards Beach | 9. | Finish Spring Cove / Cannae Point |
| 5. | MH Inflatable North Head (P) | | |

COURSE 9 — SOUTH EAST (approx. 11.0 nm)

- | | | | |
|----|----------------------------------|-------|----------------------|
| 1. | Start Hunters Bay / Grotto Point | 6. | AS Mark Rose Bay |
| 2. | AS Mark East Channel | 7.(x) | AS Mark Obelisk Bay |
| 3. | MH Inflatable Chowder Bay (P) | 8.(x) | AS Mark East Channel |
| 4. | AS Mark Rose Bay | 9. | AS Mark Obelisk Bay |
| 5. | AS Mark Chowder Bay North (*) | 10. | Finish Watsons Bay |

COURSE 10 — SOUTH EAST (approx. 12.6 nm)

- | | | | |
|----|----------------------------------|-----|----------------------------|
| 1. | Start Hunters Bay / Grotto Point | 7. | AS Mark Taylor Bay |
| 2. | AS Mark East Channel | 8. | AS Mark Rose Bay |
| 3. | AS Mark Obelisk Bay | 9. | AS Mark Obelisk Bay (*) |
| 4. | AS Mark East Channel | 10. | AS Mark East Channel |
| 5. | MH Inflatable Chowder Bay (P) | 11. | MH Inflatable Grotto Point |
| 6. | AS Mark Rose Bay | 12. | Finish Watsons Bay |

COURSE 11 — SOUTH (approx. 13.5 nm)

- | | | | |
|----|-------------------------|----|----------------------|
| 1. | Start North Harbour | 6. | AS Mark East Channel |
| 2. | AS Mark East Channel | 7. | AS Mark Manly West |
| 3. | AS Mark Obelisk Bay | 8. | AS Mark Manly East |
| 4. | AS Mark Rose Bay | 9. | Finish Watsons Bay |
| 5. | AS Mark Obelisk Bay (*) | | |

COURSE 12 — SOUTH (approx. 11.3 nm)

- | | | | |
|-------|----------------------|----|--------------------------|
| 1. | Start North Harbour | 5. | AS Mark East Channel (*) |
| 2. | AS Mark East Channel | 6. | AS Mark Manly West |
| 3.(x) | AS Mark Rose Bay | 7. | AS Mark Manly East |
| 4. | AS Mark Obelisk Bay | 8. | Finish Watsons Bay |

COURSE 13 — SOUTH WEST (approx. 10.5 nm)

- | | | | |
|-------|--------------------------------|-------|-----------------------------------|
| 1. | Start Spring Cove | 7. | MH Inflatable Manly Point (P) (*) |
| 2. | AS Mark Edwards Beach | 8. | MH Inflatable Grotto Point (P) |
| 3. | AS Mark Manly West | 9.(x) | MH Inflatable South Reef (P) |
| 4. | AS Mark Manly East | 10. | MH Inflatable Manly Point (P) |
| 5. | MH Inflatable Grotto Point (P) | 11. | Finish Hunters Bay |
| 6.(x) | MH Inflatable South Reef (P) | | |

COURSE 14 — SOUTH WEST (approx. 12.0 nm)

- | | | | |
|----|--------------------------------|-----|--------------------------------|
| 1. | Start Spring Cove | 7. | AS Mark Edwards Beach |
| 2. | AS Mark Edwards Beach | 8. | AS Mark Cannae Point (*) |
| 3. | AS Mark Cannae Point | 9. | MH Inflatable Grotto Point (P) |
| 4. | MH Inflatable Grotto Point (P) | 10. | MH Inflatable South Reef (P) |
| 5. | MH Inflatable South Reef (P) | 11. | MH Inflatable Manly Point (P) |
| 6. | MH Inflatable Manly Point (P) | 12. | Finish Hunters Bay |

COURSE 15 — WEST (approx. 12.3 nm)

- | | | | |
|----|----------------------------------|-------|------------------------------------|
| 1. | Start Spring Cove / Cannae Point | 6. | MH Inflatable Cannae Point (P) (*) |
| 2. | MH Inflatable Edwards Beach (P) | 7.(x) | MH Inflatable Edwards Beach (P) |
| 3. | MH Inflatable South Reef (P) | 8.(x) | MH Inflatable Cannae Point (P) |
| 4. | MH Inflatable Cannae Point (P) | 9. | Finish Hunters Bay |
| 5. | MH Inflatable Edwards Beach (P) | | |

COURSE 16 — WEST (approx. 13.8 nm)

- | | | | |
|----|------------------------------------|-----|---------------------------------|
| 1. | Start Spring Cove / Cannae Point | 7. | MH Inflatable Edwards Beach (P) |
| 2. | MH Inflatable Edwards Beach (P) | 8. | MH Inflatable South Reef (P) |
| 3. | MH Inflatable South Reef (P) | 9. | MH Inflatable Cannae Point (P) |
| 4. | MH Inflatable Cannae Point (P) | 10. | MH Inflatable Edwards Beach (P) |
| 5. | MH Inflatable Edwards Beach (P) | 11. | MH Inflatable Cannae Point (P) |
| 6. | MH Inflatable Cannae Point (P) (*) | 12. | Finish Hunters Bay |

COURSE 17 — NORTH WEST (approx. 10.3 nm)

- | | | | |
|----|----------------------------|-----|----------------------------|
| 1. | Start Camp Cove | 6. | AS Mark Lady Bay (*) |
| 2. | MH Inflatable Grotto Point | 7. | MH Inflatable Grotto Point |
| 3. | AS Mark Cannae Point | 8. | AS Mark Cannae Point |
| 4. | AS Mark Lady Bay | 9. | AS Mark Lady Bay |
| 5. | MH Inflatable Grotto Point | 10. | Finish Hunters Bay |

COURSE 18 — NORTH WEST (approx. 13.3 nm)

- | | | | |
|----|-----------------------------|--------|----------------------------|
| 1. | Start Camp Cove | 7. | MH Inflatable Grotto Point |
| 2. | MH Inflatable Grotto Point | 8. | AS Mark Eastern Channel |
| 3. | AS Mark Eastern Channel | 9.(x) | MH Inflatable Grotto Point |
| 4. | MH Inflatable Grotto Point | 10.(x) | AS Mark Eastern Channel |
| 5. | AS Mark Cannae Point | 11. | Finish Hunters Bay |
| 6. | AS Mark Eastern Channel (*) | | |

COURSE 19 — NORTH WEST (approx. 13.6 nm)

- | | | | |
|----|----------------------------|-----|-----------------------------|
| 1. | Start Camp Cove | 7. | MH Inflatable Grotto Point |
| 2. | MH Inflatable Grotto Point | 8. | AS Mark Eastern Channel (*) |
| 3. | AS Mark Eastern Channel | 9. | MH Inflatable Grotto Point |
| 4. | MH Inflatable Grotto Point | 10. | AS Mark Cannae Point |
| 5. | AS Mark Cannae Point | 11. | AS Mark Lady Bay |
| 6. | AS Mark Eastern Channel | 12. | Finish Hunters Bay |

COURSE 20 — NORTH (approx. 11.9 nm)

- | | | | |
|----|--------------------------|----|-----------------------|
| 1. | Start Camp Cove | 5. | AS Mark Manly West |
| 2. | AS Mark Manly West | 6. | AS Mark Manly East |
| 3. | AS Mark Manly East | 7. | AS Mark Edwards Beach |
| 4. | AS Mark Nielsen Park (*) | 8. | Finish Spring Cove |

COURSE 21 — NORTH (approx. 12.7 nm)

- | | | | |
|----|----------------------------------|-----|----------------------------------|
| 1. | Start Camp Cove | 7. | (x) AS Mark Manly West |
| 2. | AS Mark Manly West | 8. | (x) AS Mark Manly East |
| 3. | AS Mark Manly East | 9. | (x) MH Inflatable South Reef (P) |
| 4. | AS Mark Cannae Point | 10. | AS Mark Cannae Point |
| 5. | MH Inflatable Grotto Point (P) | 11. | MH Inflatable South Reef (P) |
| 6. | MH Inflatable South Reef (P) (*) | 12. | Finish Spring Cove |

COURSE 22 – NORTH (approx. 13.9 nm)

- | | | | |
|----|----------------------------------|-----|------------------------------|
| 1. | Start Camp Cove | 8. | AS Mark Manly East |
| 2. | AS Mark Manly West | 9. | MH Inflatable South Reef (P) |
| 3. | AS Mark Manly East | 10. | AS Mark Cannae Point |
| 4. | AS Mark Cannae Point | 11. | MH Inflatable South Reef (P) |
| 5. | MH Inflatable Grotto Point (P) | 12. | AS Mark Cannae Point |
| 6. | MH Inflatable South Reef (P) (*) | 13. | MH Inflatable South Reef (P) |
| 7. | AS Mark Manly West | 14. | Finish Spring Cove |

COURSE 23 – NOR NOR EAST (approx. 15.3 nm)

- | | | | |
|----|---------------------------|-----|---------------------------|
| 1. | Start Hunters Bay | 7. | AS Mark Manly East |
| 2. | AS Mark Manly West | 8. | AS Mark Edwards Beach (*) |
| 3. | AS Mark Manly East | 9. | AS Mark Manly West |
| 4. | MH Inflatable South Reef | 10. | AS Mark Manly East |
| 5. | MH Inflatable Chowder Bay | 11. | AS Mark Lady Bay |
| 6. | AS Mark Manly West | 12. | Finish Spring Cove |

COURSE 24 – NORTH EAST (approx. 15.4 nm)

- | | | | |
|----|-------------------------------|-----|---------------------------|
| 1. | Start Hunters Bay | 7. | AS Mark East Channel |
| 2. | AS Mark Cannae Point | 8. | MH Inflatable Chowder Bay |
| 3. | MH Inflatable Chowder Bay | 9. | AS Mark Cannae Point |
| 4. | AS Mark Cannae Point | 10. | AS Mark Obelisk Bay |
| 5. | MH Inflatable Chowder Bay (*) | 11. | Finish Spring Cove |
| 6. | AS Mark Cannae Point | | |

COURSE 25 – EAST (approx. 12.9 nm)

- | | | | |
|----|----------------------------------|-----|-----------------------------------|
| 1. | Start Hunters Bay / Grotto Point | 7. | AS Mark Edwards Beach (*) |
| 2. | MH Inflatable North Head (P) | 8. | MH Inflatable North Head (P) |
| 3. | AS Mark Rocky Point | 9. | AS Mark Rocky Point |
| 4. | AS Mark Edwards Beach | 10. | AS Mark Edwards Beach |
| 5. | MH Inflatable North Head (P) | 11. | Finish Spring Cove / Cannae Point |
| 6. | AS Mark Rocky Point | | |

COURSE 26 – NORTH WEST (approx. 13.6 nm)

- | | |
|-------------------------------|--------------------------------|
| 1. Start Camp Cove | 7. MH Inflatable Grotto Point |
| 2. MH Inflatable Grotto Point | 8. AS Mark Eastern Channel (*) |
| 3. AS Mark Eastern Channel | 9. MH Inflatable Grotto Point |
| 4. MH Inflatable Grotto Point | 10. AS Mark Cannae Point |
| 5. AS Mark Cannae Point | 11. AS Mark Lady Bay |
| 6. AS Mark Eastern Channel | 12. Finish Hunters Bay |

COURSE 27 – EAST NORTH EAST (approx. 14.4 nm)

- | | |
|----------------------------------|---------------------------------------|
| 1. Start Hunters Bay | 6. MH Inflatable North Head (P) |
| 2. AS Mark Cannae Point | 7. AS Mark Taylors Bay (*) |
| 3. MH Inflatable Obelisk Bay (P) | 8. MH Inflatable North Head (P) |
| 4. MH Inflatable North Head (P) | 9. MH Inflatable Obelisk Bay (P) |
| 5. MH Inflatable Obelisk Bay (P) | 10. Finish Spring Cove / Cannae Point |

COURSE 28 – EAST NORTH EAST (approx. 12.0 nm)

- | | |
|----------------------------------|---------------------------------------|
| 1. Start Hunters Bay | 6. MH Inflatable North Head (P) |
| 2. AS Mark Cannae Point | 7. MH Inflatable Obelisk Bay (P) (*) |
| 3. MH Inflatable Obelisk Bay (P) | 8. (x) MH Inflatable North Head (P) |
| 4. MH Inflatable North Head (P) | 9. (x) MH Inflatable Obelisk Bay (P) |
| 5. MH Inflatable Obelisk Bay (P) | 10. Finish Spring Cove / Cannae Point |

COURSE 29 – NORTH EAST (approx. 14.7 nm)

- | | |
|----------------------------------|----------------------------------|
| 1. Start Hunters Bay | 6. MH Inflatable Manly Point (P) |
| 2. AS Mark Cannae Point | 7. AS Mark Edwards Beach |
| 3. MH Inflatable Chowder Bay | 8. MH Inflatable Manly Point (P) |
| 4. AS Mark Cannae Point | 9. AS Mark Edwards Beach |
| 5. MH Inflatable Chowder Bay (*) | 10. Finish Spring Cove |

COURSE 30 – WINDWARD LEEWARD

DIVISION	COURSE DESCRIPTION (All marks to Port)
No.1	Start – 1a – 2 – 1a – 2 – 1a – 2 – 1a – 2 – 1a – Finish
No.2	Start – 1 – 2 – 1 – 2 – 1 – 2 – 1 – 2 – 1 – Finish
No.3	Start – 1 – 2 – 1 – 2 – 1 – Finish
Adams 10	Start – 1 – 2 – 1 – 2 – 1 – 2 – 1 – 2 – 1 – Finish

COURSE 30 NOTES:

- 1) Mark 1a is for Division 1 only. All other Divisions use Mark 1.
- 2) Mark 1a will be located approximately 0.2 nm to Windward of Mark 1.
- 3) Mark 1 will be located approximately 0.6 to 1.2 nm to Windward of the Start/Finish Line.
- 4) Mark 2 will be located approximately 0.1 nm to Windward of the Start/Finish Line.
- 5) The bearing from the Start/Finish Line to Mark 1a and Mark 1 will be displayed prior to or with the Warning Signal.

COURSE 31 – WINDWARD LEEWARD

Refer to MHYC Inshore Sprint Sailing Instructions.

MHYC INSHORE SPRINT SAILING INSTRUCTIONS

1 RULES

- 1.1 Refer to NOR 1 and 2.

2 SCHEDULE OF RACES

- 2.1 Racing is scheduled as detailed in the Schedule of Races for each Pointscore Series.

3 CLASS FLAGS & DIVISIONS

- 3.1 Class flags will be;

CLASS / DIVISION	CODE FLAG
Division 1	Code Flag 'D'
Division 2	Code Flag 'E'
Division 3	Code Flag 'F'
Adams 10	Code Flag 'T'

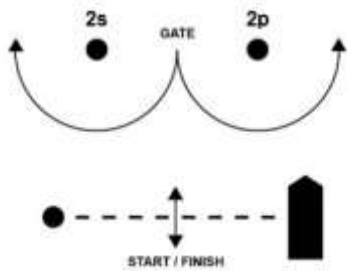
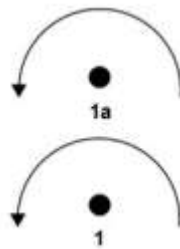
4 THE COURSES

- 4.1 The course to be sailed will be displayed on a Course Board on the CV, preceded by the letter 'W', to indicate the number of roundings of the Windward Mark.

COURSE SIGNAL	DIVISION	COURSE
W1	Adams 10, Divisions 1 & 2	Start – 1a – Finish
	Division 3	Start – 1 – Finish
W2	Adams 10, Divisions 1 & 2	Start – 1a – Gate – 1a – Finish
	Division 3	Start – 1 – Gate – 1 – Finish
W3	Adams 10, Divisions 1 & 2	Start – 1a – Gate – 1a – Gate – 1a – Finish
	Division 3	Start – 1 – Gate – 1 – Gate – 1 – Finish

- 4.2 All Marks are rounded to PORT except the Gate. If only one Gate Mark is laid, all boats shall round that Mark to Port.
- 4.3 A course change will be signaled as per RRS 33. Code flag C will be displayed along with a new bearing to the next mark of the course. The new mark will be the same colour with the addition of a black band. Subsequent legs may be changed without further signaling to maintain the course shape.

4.4 The course is described as follows:



5 MARKS

5.1 Marks are described as follows:

COURSE MARKS	MARK DESCRIPTIONS
Start /Finish Mark	Yellow Inflatable Mark
Mark 1 (Windward Mark for Div. 3)	Yellow Inflatable Mark
Mark 1a (Windward Mark for Adams 10, Divs 1 & 2)	Orange Inflatable Mark
Gate Marks 2s & 2p	Orange Inflatable Mark/s
Change Of Course Mark 1	Yellow Inflatable Mark with Black Band
Change Of Course Mark 1a	Orange Inflatable Mark with Black Band

- 5.2 The bearing to the first Mark from the Start Line may be displayed prior to or with the Warning Signal.
- 5.3 The Gate will be laid approx. 50m to windward of the Start Line and may be laid after the starting signal.

6 THE START

- 6.1 The start will be an On Water Start in accordance with NOR 18.
- 6.2 Boats intending to race shall report to the committee vessel prior to their Warning signal on starboard tack with mainsail hoisted to confirm their intention to race. Boats that cannot be identified may be scored 'DNC'.
- 6.2 The starting line will be between a staff or halyard displaying an orange flag on the committee vessel and the course side of the start mark.
- 6.3 The first Warning Signal shall not be made before 1255hrs.
- 6.4 The RC may combine a divisional start with another where appropriate.
- 6.5 Up to three (3) races may be conducted for any class or division. The start of each subsequent will be made as soon as reasonably practicable after all boats have finished their previous race.
- 6.6 The RC may make a Divisional Warning Signal while boats of other divisions are still racing.

7 THE FINISH

- 7.1 The finishing line will be between a staff or halyard displaying a blue flag on the committee vessel and the course side of the finish mark.
- 7.2 When the race committee determines the Clubhouse finish line to be used, the race committee will display Code Flag "O". This signal may be displayed at any time with 3 long sound signals. The Clubhouse Finish shall be in accordance with NOR 17.

8 TIME LIMIT

- 8.1 The Time Limit for all boats will be 30 minutes after the first boat in the Division has finished.

9 PRIZES

- 9.1 Weekly divisional prizes may be awarded at a post-race presentation. Prizes not collected will be forfeited.

10 SCORING

- 10.1 8 races are scheduled. 4 races are required to constitute a series.
- 10.2 1 score will be excluded after 4 races up to a maximum of 2 excluded scores.

11 DISCLAIMER OF LIABILITY

- 11.1 Refer to NOR 29
- 11.2 Attention is drawn to Fundamental Rule 4 which states: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"*

NOTES

This image shows a full page of a worksheet designed for handwriting practice. It consists of multiple rows of horizontal dashed lines spaced evenly down the page, providing a guide for letter height and placement. The background is plain white, and there are no other markings or text present.

