



MHYC

MIDDLE HARBOUR YACHT CLUB

CENTREBOARD HANDBOOK 2020-2021



www.mhyc.com.au

MIDDLE HARBOUR YACHT CLUB
CENTREBOARD HANDBOOK 2020 - 2021

ORGANISING AUTHORITY

Middle Harbour Yacht Club

75 Lower Parriwi Road, The Spit, Mosman NSW 2088 PO Box 106, Seaforth NSW 2092

P: 02 9969 1244 F: 02 9969 3326 W: www.mhyc.com.au E: info@mhyc.com.au

BOARD OF DIRECTORS

Chairman:	Rob Aldis
Commodore:	Peter Lewis
Directors:	Phil Clinton
	Neil Drabsch
	Edith Hurt
	Shaun Lane
	Laurence McAllister
	John McCuaig

FLAG OFFICERS

Commodore:	Peter Lewis
Vice Commodore Racing:	Geoff Charters
Vice Commodore Youth Sailing:	Alister Copley
Vice Commodore Cruising:	Evan Hodge
Club Captain:	Elizabeth Charles

SAILING COMMITTEE

Chairman - Vice Commodore Racing:	Geoff Charters
Commodore:	Peter Lewis
Vice Commodore Youth Sailing:	Alister Copley
Vice Commodore Cruising:	Evan Hodge
Chairman Special Events:	Ian Box
Chief Special Regulations Auditor:	Phil Darling
Ocean & No. 1 Inshore Divisions:	Bob Cox
No. 2 Inshore Division:	John Crawford
Wednesday Divisions:	Julie Hodder
Thursday Twilight Divisions:	Peter Charles
Women's Sailing:	Deborah Dalziel
Farr 40 Division:	Gordon Ketelbey
Adams 10 Division:	Kim Darling
Cruising Division:	Dallas O'Brien
Co-opted Member:	Phil Clinton
Sailing Manager & PRO:	David Staley

RACE OFFICIALS

National Race Officers:	Phil Yeomans
	David Staley
State Race Officer:	Toby Gursansky

RACE OFFICIALS

Club Race Officers:

Steve Tucker
Phil Clinton
Denis Comber
Paul Goodyer
Caroline Heslop
Kathy Johnston
Drew Lucas
Rob Ogilvie
Catherine Rofe
Dante Belgiovane
John Anet
Nicola Bethwaite
Kerry Burke
Geoff Charters
Phil Clinton
John Crawford
Dion Hart
Catherine Rofe
Phil Yeomans

Club Judges:

STAFF DIRECTORY

CEO	Mark Maybury	ceo@mhyc.com.au
Sailing Department		
Sailing Manager	David Staley	sailing.manager@mhyc.com.au
Sailing Administrator	Catherine Rofe	sailing@mhyc.com.au
Sailing Administrator	Nicole Balestro	sailing@mhyc.com.au
Head Instructor	Drew Lucas	head.instructor@mhyc.com.au
Discover Sailing Administrator	Elizabeth Turner	discoversailing@mhyc.com.au
Administration & Accounts		
Finance Manager	Bruce Aitken	finance.manager@mhyc.com.au
Accounts	Sue Batty	accounts@mhyc.com.au
Reception	Kathryn Thorowgood	reception@mhyc.com.au
Marina Services		
Marina Manager	Matt Pyne	matt@mhyc.com.au
Tender Service	VHF 73	0450 275 554
Membership & Marketing		membership@mhyc.com.au
Food & Beverage		f&b@mhyc.com.au
Functions		functions@mhyc.com.au

TENANTS DIRECTORY

Flying Fish	Andy Fairclough	9969 8590
Pacific Rigging	Dion Hart	9960 8181
Australian Sailing Team		8424 7403

MHYC CODES OF BEHAVIOUR

When participating in any event at Middle Harbour Yacht Club, standards of behaviour apply. Failure to observe these standards may lead to suspension of club membership. The Code of Behaviour below is a guide to acceptable standards of behaviour.

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each person as an individual.
- Show respect and courtesy to all involved with the sport.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Respect the decisions of officials, coaches and administrators.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.
- Display appropriate and responsible behaviour in all interactions.
- Display responsible behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate abusive, bullying or threatening behaviour.

Sailors

- Give your best at all times.
- Participate for your own enjoyment and benefit.
- Play by the rules and show respect for other sailors, coaches and officials.

Coaches

- Place the safety and welfare of the sailors above all else.
- Help each person (sailor, official, etc.) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Obtain appropriate qualifications and keep up-to-date with the latest coaching practices and the principles of growth and development of young sailors.
- Ensure that any physical contact with another person is appropriate to the situation and necessary for the person's skill development.

Officials

- Place the safety and welfare of the sailors above all else.
- Ensure all sailors are included and can participate, regardless of their race, gender, ability, cultural background, sexuality or religion.
- Be consistent, impartial and objective when making decisions.
- Address unsporting behaviour and promote respect for other sailors and officials.

Administrators

- Ensure quality supervision and instruction for sailors.
- Support coaches and officials to improve their skills and competencies.
- Act honestly, in good faith and in the best interests of the sport as a whole.
- Ensure that any information acquired or advantage gained from the position is not used improperly.
- Conduct club responsibilities with due care, competence and diligence.

Parents

- Encourage your child to participate, do their best and have fun.
- Focus on your child's effort and performance, rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Help out the coach or officials at training and regattas, where possible.
- Model appropriate behaviour, including respect for other sailors and officials.

VOLUNTEERS WANTED!

MHYC is always seeking new volunteers to assist with our busy sailing program for keelboats and centreboard classes. There are a variety of roles afloat and ashore during the regular club and also for special events and regattas.

It is important that we have sufficient volunteers afloat to provide effective safety coverage for our Sunday Centreboard Racing. Without the appropriate number of safety boats and crews afloat, racing cannot proceed. It is expected that each boat entering the centreboard series will provide a volunteer on at least two race days.

The club provides formal and informal training for new and existing volunteers to ensure that everyone has the confidence and the skills necessary to safely fulfil their roles and enjoy their time on the water.

For more information about volunteering, contact the Sailing Office via email sailing@mhyc.com.au or call 8969 3103.

POLICY FOR MHYC DINGHY STORAGE

- AS MHYC has limited storage available on site, priority will be given to active boats.
- A Storage Licence Agreement for Dinghies will apply from 1st September to 31st August each year, paid monthly in advance via Direct Debit only.
- Owners must provide 30 days prior notice of termination of agreement.
- All 'Off The Beach' boats stored at MHYC must remain compliant with the current Australian Sailing Special Regulations Part 2.
- Current Third Party Liability Insurance must be maintained for all boats stored at MHYC.
- Preference will be given to active sailing members. Usage will be carefully monitored.
- MHYC may require that inactive boats (sailed less than fortnightly in summer and monthly in winter) be removed by providing 14 days prior notice.
- Boats will be allocated locations by the MHYC Sailing Office and the club reserves the right to re-allocate locations at any time.
- All boats must display the supplied MHYC trolley tags / stickers and be kept in their allocated location.
- Boats are to be stored in the designated MHYC spaces and not in the common or shared areas.
- Dinghy road trailers are not permitted except when loading or unloading.
- This is a multi-use facility and must be kept clean and common areas clear at all times.
- Each year every Member who use the storage facility must be prepared to help clean up the facility including attending on a designated day.
- Middle Harbour Yacht Club will not be liable for the security or damage to any stored boats and equipment. All equipment in storage is the sole responsibility of its owner.

For more information about dinghy storage, contact the MHYC Discover Sailing Centre Office via email discoversailing@mhyc.com.au or call 8969 3116.

MHYC CENTREBOARD NOTICE OF RACE

EFFECTIVE FROM 1ST SEPTEMBER, 2020

The organising authority is Middle Harbour Yacht Club (MHYC).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Australian Sailing Special Regulations Part 2 (Off the Beach Boats) shall apply unless changed by this Notice of Race or Sailing Instructions.
- 1.3 Class rules shall apply.
- 1.4 'Green Fleet' divisions shall be raced in accordance with the World Sailing Introductory Rules of Racing.

2 ELIGIBILITY AND ENTRY

- 2.1 The Club Championship Series is open to all dinghy classes and other classes at the discretion of the Race Committee.
- 2.2 Eligible boats may enter by completing the online entry at www.mhyc.com.au
- 2.3 Each participating boat shall be insured with valid Third Party Property insurance with a minimum cover of AUD \$10 Million per incident or equivalent.
- 2.4 Casual entries will be accepted on race days up until 90 minutes prior to the start time upon payment of race fees.
- 2.5 Participants registered in an MHYC Youth Training or Development Squad program at the time of the Series are required to submit a race entry as per the Notice of Race, but are exempt from paying race fees.

3 FEES

- 3.1 Required fees are as follows:

Series Name	No Races	Casual (per race day)	Series (non-member)	Series (member)	MHYC Dinghy Storage License Holder
MHYC Centreboard Club Championship Series	18	\$25.00	\$120.00	\$90.00	\$0.00

4 SCHEDULE

- 4.1 The schedule of races is detailed in Appendix A.

5 MEASUREMENT

Each boat shall produce a valid measurement certificate upon request.

6 SAILING INSTRUCTIONS

The sailing instructions are included in this handbook and available at www.mhyc.com.au

7 VENUE

The venue is Middle Harbour Yacht Club, The Spit, Mosman, NSW. Racing shall be held in the waters of Middle Harbour and The Sound.

8 THE COURSES

The courses are described in the sailing instructions.

9 HANDICAPS & SCORING

9.1 Class Yardsticks may be adjusted at the discretion of the Race Committee.

9.2 Five races are required to be completed to constitute a series.

- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- (b) When from five to eight races have been completed, a boat's series score will be the total excluding her worst race score.
- (c) For every additional 4 races completed, one additional score may be excluded up to a maximum of 4 excluded scores.

10 RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats. This includes mobile phones.

11 PRIZES

11.1 Centreboard Club Championship prizes will be awarded to first, second and third place winners depending on the number of race entries.

11.2 Other prizes may be awarded at the discretion of the Organising Authority.

12 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the series.

13 INSURANCE

Each participating boat shall be insured with valid Third Party Property insurance with a minimum cover of \$10,000,000.00AUD per incident or equivalent.

14 FURTHER INFORMATION

For further information contact the MHYC Sailing Office

Direct Phone 02 8969 3103

Email sailing@mhyc.com.au

MHYC CENTREBOARD NOTICE OF RACE

APPENDIX A

MHYC CENTREBOARD RACING CALENDAR

Date	Start	Event	Races
Sunday, 25 October 2020	1400	Centreboard Club Championship Pre-Christmas Series	1 2 3
Sunday, 8 November 2020	1400	Centreboard Club Championship Pre-Christmas Series	4 5 6
Sunday, 22 November 2020	1400	Centreboard Club Championship Pre-Christmas Series	7 8 9
Sunday, 28 February 2021	1400	Centreboard Club Championship Post-Christmas Series	10 11 12
Sunday, 14 March 2021	1400	Centreboard Club Championship Post-Christmas Series	13 14 15
Sunday, 28 March 2021	1400	Centreboard Club Championship Post-Christmas Series	16 17 18

MHYC SAILING INSTRUCTIONS

EFFECTIVE FROM 1ST SEPTEMBER, 2020

The organising authority is Middle Harbour Yacht Club (MHYC)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Australian Sailing Special Regulations Part 2 (Off the Beach Boats) shall apply unless changed by this Notice of Race or Sailing Instructions.
- 1.3 Class rules shall apply.
- 1.4 'Green Fleet' divisions shall be raced in accordance with the World Sailing Introductory Rules of Racing.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board outside the MHYC Office, as well as being posted on the MHYC Website.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1100 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the MHYC Starters Tower flagpole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When Flag D is displayed with one sound signal, boats shall not leave the beach until this signal is lowered.

5 SCHEDULE OF RACES

- 5.1 The schedule of races shall be as per NOR Appendix A.
- 5.2 A competitors briefing shall be held each race day on the hardstand rigging deck 90 minutes before the scheduled start time.
- 5.3 To alert boats that a race or sequence of races will begin soon, the orange flag may be displayed with one sound at least five minutes before a warning signal is made.

6 CLASS FLAGS & DIVISIONS

- 6.1 A minimum of 3 boats is required to constitute a division.
- 6.2 Class Flags will be:

<i>Class</i>	<i>Flag</i>
Division 1 (AS Yardstick less than 105)	Code Flag J
Division 2 (AS Yardstick 105-155)	Code Flag K
Division 3 (AS Yardstick greater than 155)	Code Flag V
Green Fleet	Code Flag G

7 RACING AREAS

Racing shall be held in the waters of Middle Harbour and The Sound.

8 COURSES

- 8.1 The diagrams in Attachment B show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The race committee signal vessel will display the numeral pennant corresponding to the course number below the class flag at the warning signal.

9 MARKS

- 9.1 Marks 1 and 4 will be orange inflatable buoys.
- 9.2 Mark 1A will be a yellow inflatable buoy.
- 9.3 Marks 2 and 3 will be pink inflatable buoys.
- 9.4 The starting and finishing mark will be a yellow inflatable buoy.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The area of water between the registered moorings and the adjacent shoreline inside Sydney Harbour including the Bombora or Dobroyd Head, Sow and Pigs and Naval Waters shall be considered a continuing obstruction for boats that are racing.
- 10.2 All navigational marks shall be passed on their designated side.

11 THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the MHYC Race Committee Boat at the starboard end and the course side of the port-end starting mark.
- 11.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position.

13 THE FINISH

The finishing line will be between a staff displaying a blue flag on the MHYC Race Committee Boat and the course side of the finishing mark.

14 TIME LIMITS AND TARGET TIMES

- 14.1 For all classes the time limits and target times are as follows

<i>Time Limit</i>	<i>Mark 1 Time Limit</i>	<i>Target Time</i>
60 minutes	20 minutes	30 Minutes

If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS62.1.

- 14.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Sailing Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

-
- 15.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
 - 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or names as witnesses. Hearings will be held at the location advised to the competitors.
 - 15.4 Notices of protests by the race committee will be posted to inform boats under RRS 61.1(b).
 - 15.5 Breaches of SIs 11.2, 11.3, 17, 18, 20, 21, and 24 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
 - 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

- 16.1 See NOR 9

17 SAFETY REGULATIONS

- 17.1 All skippers shall SIGN ON before racing each day and SIGN OFF at the earliest possible time after the completion of racing (but not later than the end of protest time). The Sign On/Off will be available outside the Youth Sailing Office. The skipper of a boat that retires or does not intend to continue racing is required to SIGN OFF immediately on return to shore. Boats failing to sign on/off shall be scored DNC without a hearing. This changes rule 63.1, A4 and A5.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will be allowed without prior approval of the race committee.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20 RADIO COMMUNICATIONS

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This includes mobile phones.

21 COACHING

- 21.1 Any person may provide assistance to Green Fleet competitors with prior approval from the club coach.
- 21.2 Coaching will, where available, be provided during the racing by the club coach or their nominated representative. This will be available to all competitors to promote the improvement of sailing skills.
- 21.3 Coaching of such competitors does not constitute grounds for protest under RRS 41.

22 PRIZES

See NOR 11

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 INSURANCE

Each participating boat shall be insured with valid Third Party Property insurance with a minimum cover of \$10,000,000.00AUD per incident or equivalent.

INTERNATIONAL CODE FLAGS AND PENNANTS				
WITH MEANINGS				
ALPHABET FLAGS				
ALFA ..- Have diver down, keep clear	KILO --- Wish to communicate	UNIFORM **-- You are running into danger	1 ..-.-.-	
BRAVO --- Dangerous goods	LIMA --- Stop instantly	VICTOR --- Requires assistance	2 ---	
CHARLIE --- Yes	MIKE --- My vessel is stopped making no way	WHISKEY --- Requires medical assistance	3 ---	
DELTA --- Keep clear, maneuvering with difficulty	NOVEMBER -- No	XRAY --- Stop your intentions, Watch for signals	4 ---	
ECHO - Altering course to Starboard	OSCAR --- Man overboard	YANKEE --- Dragging my anchor	5 ---	
FOXTROT --- Disabled, communicate with me	PAPA --- In harbour: All persons report on board	ZULU --- Require a Tug Fishing: Shooting nets	6 ---	
GOLF --- Require a pilot Fishing: Hauling nets	QUEBEC --- Request free pratique	SUBSTITUTES		
HOTEL --- Pilot on board	ROMEO --- *	1st ---	7 ---	
INDIA -- Altering course to Port	SIERRA --- Engines going astern	2nd ---	8 ---	
JULIETT --- On Fire, have dangerous cargo, keep clear	TANGO --- Keep clear, engaged in port towing	3rd ---	9 ---	
			0 ---	

MHYC SAILING INSTRUCTIONS

APPENDIX B - COURSES

ALL MARKS TO PORT

Course 1 (T1)

Start – 1 – 2 – 3 – 4 – Finish



Course 2 (T2)

Start – 1 – 2 – 3 – 2 – 3 – 4 – Finish



Course 3 (W2)

Start – 1 – 4 – 1 – 4 – Finish



Course 4 (W3)

Start – 1 – 4 – 1 – 4 – 1 – 4 – Finish

Course 5 (WL2)

Start 1a – 4 – 1a – 4 – Finish

Course 6 (WL3)

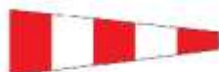
Start 1a – 4 – 1a – 4 – 1a – 4 – Finish



RACE SIGNALS

The meanings of visual and sound signals are stated below. An arrow pointing up or down ($\uparrow \downarrow$) means that a visual signal is displayed or removed. A dot (\bullet) means a sound, five short dashes (-----) mean repetitive sounds, a long dash (—) means a long sound. When a visual signal is displayed over a class flag, the signal applies only to that class.

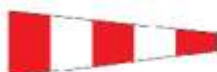
Postponement Signals



AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



AP over H Races not started are *postponed*. Further signals ashore.



AP over A Races not started are *postponed*. No more racing today.

AP over a numeral pennant 1-9

Postponement of 1-9 hours from the scheduled starting time.



Pennant 1 $\uparrow \bullet \bullet \downarrow$



Pennant 2 $\uparrow \bullet \bullet \downarrow$



Pennant 3 $\uparrow \bullet \bullet \downarrow$



Pennant 4 $\uparrow \bullet \bullet \downarrow$



Pennant 5 $\uparrow \bullet \bullet \downarrow$



Pennant 6 $\uparrow \bullet \bullet \downarrow$



Pennant 7 $\uparrow \bullet \bullet \downarrow$



Pennant 8 $\uparrow \bullet \bullet \downarrow$



Pennant 9 $\uparrow \bullet \bullet \downarrow$

Abandonment Signals



N All races that have started are *abandoned*. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.



N over H All races are *abandoned*. Further signals ashore.



N over A All races are *abandoned*. No more racing today.

Preparatory Signals



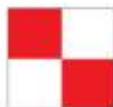
↑ • ↓ —
P Preparatory signal.



↑ • ↓ —
I Rule 30.1 is in effect.



↑ • ↓ —
Z Rule 30.2 is in effect.



↑ • ↓ —
U Rule 30.3 is in effect.



↑ • ↓ —
Black flag.
Rule 30.4 is in effect.

Recall Signals



↑ •
X Individual recall.



↑ • • ↓ •
First Substitute General recall.
The warning signal will be made 1 minute after removal.

Shortened Course



↑ • •
S The course has been shortened. Rule 32.2 is in effect.

Changing the Next Leg



C The position of the next *mark* has been changed:



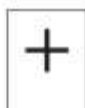
to starboard;



to port;



to decrease the length of the leg;



to increase the length of the leg.

Other Signals



↑ •
L Ashore: A notice to competitors has been posted.
Afloat: Come within hail or follow this vessel.



M The object displaying this signal replaces a missing *mark*.



↑ •
Y Wear a personal flotation device (see rule 40).



(no sound)
Blue flag or shape. This race committee vessel is in position at the finishing line.