



CHRISTMAS CUP

Incorporating

The Veterans Cup

(For yachts 30 years and older)

&

The Old Farts Dogs Bowl Trophy

(For skippers & yachts with a combined age of 90+)

SAILING INSTRUCTIONS

Saturday 15 December 2018

Middle Harbour Yacht Club

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Christmas Cup and Veterans Cup

Saturday 15th December 2018

SAILING INSTRUCTIONS

1.0 RULES

- 1.1 The races will be governed by the current versions of:
- the rules as defined in the Racing Rules of Sailing (“RRS”)
 - the prescriptions and Special Regulations of Australian Sailing (“Special Regulations”);
 - the Middle Harbour Yacht Club Requirements (“MHYC Reqs”)
 - the Notice of Race,
- except as any of these are modified by or inconsistent with these Sailing Instructions.
- 1.2 The attention of competitors is drawn to the MHYC Requirements which are referenced throughout the NoR and these SIs including their responsibilities under the applicable NSW Roads & Maritime legislation.
- 1.3 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS 50.2 and 50.3.
- 1.4 Boats with movable or variable ballast (within the meaning of those terms in the AS Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.
- 1.5 RRS 52 does not apply the adjustment and operation of sails or the adjustment of movable appendages on any boat.

2.0 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the Breezeway of the Clubhouse.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to these sailing instructions, if any, will be posted not later than 2 hours prior to the display of the Course Board for the race.

4.0 SIGNALS

- 4.1 Signals made ashore will be displayed from the MHYC Race Official’s Box on the north-western perimeter of the Club premises.
- 4.2 Signals will be as follows:
- | | |
|----------|-----------------------------------|
| 1220 Hrs | Course Displayed |
| 1230 Hrs | Start Count-up Sequence Commences |
- 4.3 The display of the course board and the start of the count-up sequence may each be accompanied by a sound signal.

5 THE COURSE

- 5.1 The Courses are those annexed to these Sailing Instructions (Annex A).
- 5.2 Courses may be shortened prior to the Start at the discretion of the RC. Should Code Flag “S” be flown with or prior to the display of the Course, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (*).
- 5.3 Courses may be shortened at any mark in accordance with RRS 32.
- 5.4 The nominated helmsman of each boat shall be at the helm during the period prior to starting and until the yacht is abeam of Grotto Point. Similarly, the nominated helmsman shall be at the helm from the time the yacht is abeam Grotto Point and until it finishes and clears the finish line. This amends RRS 46.

- 5.5 The attention of competitors is drawn to the MHYC NOR and those areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, the Gowland Bombora and the Sow and Pigs Reef. A boat shall not sail into an area designated a prohibited area.

6 HANDICAP PURSUIT RACE

- 6.1 The race shall be a Handicap Pursuit Race per MHYC NOR 22 with a Count Up start sequence.
- 6.2 A boat shall comply with the Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 6.3 In races or divisions designated non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 6.4 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC. A TCF may be adjusted after each race.
- 6.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the affect on the boat's performance.
- 6.6 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress. This amends RRS 60.1 & 60.2.
- 6.7 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race. This amends RRS 32.

7 THE START

- 7.1 The Start Line shall be as MHYC NOR 16, Club House Start Line.
- 7.2 The RC or his nominee will allocate a boat's start number in whole minutes to a boat, this number will be a count up number.
- 7.3 For Count Up Start races a boat's Start Number is the time at which her allocated starting time appears in view on the start clock.
- 7.4 There will be no recalls. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting number, applied to her finish time. This amends RRS29.

8 THE FINISH

- 8.1 The Finish Line will be the Clubhouse Finish Line in MHYC NOR 17.
- 8.2 A boat's finish time shall be used for the calculation of its racing division results. The boat with the earliest finish time (after application of scoring penalties, if any) will be scored first.
- 8.3 All times will be recorded in minutes and whole seconds. Boats with equal finishing times shall be scored as dead heated.
- 8.4 All results will be subject to the application of Alternate Penalties, if any.

9 TIME LIMITS

- 9.1 The time limit will be 1600hrs on the day of racing. However, if the leading yacht finishes within the time limit, then other yachts will be timed in until 1630 hours.
- 9.2 A boat that does not finish within the time limit shall be scored DNF. This amends RRS 35.

10 ALTERNATIVE PENALTIES

- 10.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 10.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

11 ABANDONED RACES

- 11.1 Abandoned races will not be resailed.

12 PROTESTS

- 12.1 Protests shall comply with MHYC NOR 24.

13 ADVERTISING

- 13.1 Boats may be required to display bow and/or boom stickers if provided by the RC.

14 RADIO COMMUNICATION

- 14.1 Except in an emergency, a boat that is racing shall not make voice or data communication and shall not receive voice or data communication that is not available to all boats.
- 14.2 Yachts shall maintain a listening watch on VHF Channel 72 for the duration of the race.

15 PRIZES

- 15.1 Prizes shall be presented at a post-race presentation at the Club house at approximately 1700hrs on Saturday 15 December.
- 15.2 The Christmas Cup Perpetual Trophy shall be jointly awarded to the winning boats in each division.
- 15.3 The Veterans Cup Perpetual Trophy shall be awarded to the boat of 30 years and older which records the fastest elapsed time.
- 15.4 The Old Farts Dogs Bowl Trophy shall be awarded to the boat whose boat and skipper have a combined age of 90+ which records the fastest elapsed time.

16 RESPONSIBILITY

- 16.1 Competitors participate at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states:
“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.
- 16.2 The Organising Authority, Event Sponsors (if applicable), and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 16.3 Neither MHYC, nor the event sponsor (if applicable), are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

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ANNEX A – COURSES

COURSE 1

1. Start MHYC
2. AS Mark Manly West
3. AS Mark Manly East
- 4.* AS Mark Shark Island
5. Clarke Island
6. (P) Fort Denison
7. Finish MHYC

13.8 nm approximately

COURSE 2

1. Start MHYC
2. AS Mark Shark Island
3. Clark Island
- 4.* (P)Fort Denison
5. Goat Island
6. (P)Fort Denison
7. Finish MHYC

14.7 nm approximately

NOTES:

1. *Shortening Course (Refer to Sailing Instruction 5.2)
2. All Marks are to be rounded or passed to Starboard except those suffixed with the letter (P) which shall be rounded or left to Port.
3. Competitors are reminded that Fort Denison MUST be left to PORT
4. Competitors are reminded that when rounding / sailing in the vicinity of Bradley's Head, the Safe Water Mark MUST be passed to PORT
5. Caution should be taken when passing/rounding Islands particularly those with AS marks in the vicinity that may also be in use by other Clubs