



MHYC Feature Events Presents

COMMODORE'S FRONT UP! CUP

Saturday 1st September 2018

CENTREBOARD SAILING INSTRUCTIONS



MHYC

MIDDLE HARBOUR YACHT CLUB

www.mhyc.com.au

CENTREBOARD SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The Australian Sailing Special Regulations Part 2 (Off the Beach Boats) shall apply unless changed by this Notice of Race or Sailing Instructions.
- 1.3 Class rules shall apply.
- 1.4 'Green Fleet' divisions shall be raced in accordance with the World Sailing Introductory Rules of Racing.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board outside the MHYC Office, as well as being posted on the MHYC Website.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1100 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the MHYC Starters Tower flagpole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When Flag D is displayed with one sound signal, boats shall not leave the beach until this signal is lowered.

5 SCHEDULE OF RACES

- 5.1 A competitors briefing shall be held on the hardstand rigging deck at 1100hrs.
- 5.2 Three races are scheduled for each division.
- 5.3 The first warning signal shall not be made before 1255hrs.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange flag may be displayed with one sound at least five minutes before a warning signal is made.

6 CLASS FLAGS & DIVISIONS

- 6.1 A minimum of 3 boats is required to constitute a division.
- 6.2 Class Flags will be:

<i>Class</i>	<i>Flag</i>
Division 1 (AS Yardstick less than 105)	Code Flag J
Division 2 (AS Yardstick 105-155)	Code Flag K
Division 3 (AS Yardstick greater than 155)	Code Flag V

7 RACING AREAS

Racing shall be held in the waters of Middle Harbour and The Sound.

8 COURSES

- 8.1 The diagrams in Attachment A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The race committee signal vessel will display the numeral pennant corresponding to the course number below the class flag at the warning signal.

9 MARKS

- 9.1 Marks 1, 2 and 4 will be orange inflatable buoys.
- 9.2 Mark 1A will be a yellow inflatable buoy.
- 9.3 Marks 2a and 3 will be pink inflatable buoys.
- 9.4 The starting and finishing mark will be a yellow inflatable buoy.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The area of water between the registered moorings and the adjacent shoreline inside Sydney Harbour, the Bombora or Dobroyd Head, Sow and Pigs and Naval Waters shall be considered continuing obstructions for boats that are racing.
- 10.2 All navigational marks shall be passed on their designated side.

11 THE START

- 11.1 The starting line will be between a staff displaying an orange flag on the MHYC Race Committee Boat at the starboard end and the course side of the port-end starting mark.
- 11.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position.

13 THE FINISH

The finishing line will be between a staff displaying a blue flag on the MHYC Race Committee Boat and the course side of the finishing mark.

14 TIME LIMITS AND TARGET TIMES

- 14.1 For all classes the time limits and target times are as follows

<i>Time Limit</i>	<i>Mark 1 Time Limit</i>	<i>Target Time</i>
60 minutes	20 minutes	30 Minutes

If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS62.1.

- 14.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the Sailing Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or names as witnesses. Hearings will be held at the location advised to the competitors.
- 15.4 Notices of protests by the race committee will be posted to inform boats under RRS 61.1(b).
- 15.5 Breaches of SIs 11.2, 11.3, 17, 18, 20, 21, and 24 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16 SCORING

- 16.1 One race is required to be completed to constitute a series.
- 16.2 A boat's series score will be the total of her race scores.

17 SAFETY REGULATIONS

- 17.1 All skippers shall SIGN ON before racing each day and SIGN OFF at the earliest possible time after the completion of racing (but not later than the end of protest time). The Sign On/Off will be available outside the Youth Sailing Office. The skipper of a boat that retires or does not intend to continue racing is required to SIGN OFF immediately on return to shore. Boats failing to sign on/off shall be scored DNC without a hearing. This changes rule 63.1, A4 and A5.

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 Substitution of competitors will be allowed without prior approval of the race committee.
18.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20 RADIO COMMUNICATIONS

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This includes mobile phones.

21 COACHING

- 21.1 Any person may provide assistance to Green Fleet competitors with prior approval from the club coach.
21.2 Coaching will, where available, be provided during the racing by the club coach or their nominated representative. This will be available to all competitors to promote the improvement of sailing skills.
21.3 Coaching of such competitors does not constitute grounds for protest under RRS 41.

22 PRIZES

- 22.1 A prize-giving will be conducted after racing.
22.2 Prizes will be awarded on series scores to the first three boats in each division with 5 or more entries.
22.3 Additional prizes may be awarded at the discretion of the Organising Authority.

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 INSURANCE

Each participating boat shall be insured with valid Third Party Property insurance with a minimum cover of \$10,000,000.00AUD per incident or equivalent.

MHYC SAILING INSTRUCTIONS

APPENDIX A - COURSES

ALL MARKS TO PORT

Course 1 (T1)

Start – 1 – 2 – 4 – Finish



Course 2 (T2)

Start – 1 – 2 – 4 – 1 – 4 – Finish



Course 3 (W2)

Start – 1 – 4 – 1 – 4 – Finish

Course 4 (W3)

Start – 1 – 4 – 1 – 4 – 1 – 4 – Finish

Course 5 (WL2)

Start 1a – 4 – 1a – 4 – Finish



Course 6 (WL3)

Start 1a – 4 – 1a – 4 – 1a – 4 – Finish

Course 7 (TZ2)

Start – 1a – 2a – 3 – 2a – 3 – 4 – Finish



Course 8 (TZ3)

Start – 1a – 2a – 3 – 2a – 3 – 2a – 3 – 4 – Finish

