



MIDDLE HARBOUR YACHT CLUB
THE COMPASS ROSE CRUISING LOG

Volume No. 39 No. 3 April 2019

Editor: Kelly Nunn-Clark

NEXT MEETING: MONDAY APRIL 15TH 7:30 P.M.
B.Y.O. BBQ 6:30 P.M.

SPEAKER: JOHN EASTWAY AND KELLY NUNN-CLARK
SHARING TASMANIA 2019 ADVENTURES



Nashira coming home – Passing Botany Bay, Photo by Carolanne

CRUISING DIVISION OFFICE BEARERS – 2018 - 2019

<i>Cruising Captain</i>	Evan Hodge	0419-247-500
Vice-Commodore Cruising	Evan Hodge	0419-247-500
Secretary	Kelly Nunn-Clark	0457-007-554
Treasurer	Mike McEvoy	9968-1777
Membership	Kelly Nunn-Clark	0457-007-554
Name Tags	Mike McEvoy & Kelly Nunn-Clark	9968-1777
Compass Rose Coordinator	Committee Members	
Safety Coordinator	Phil Darling	0411-882-760
Maritime Group	Mike McEvoy	9968-1777
Sailing Committee	Evan Hodge	0419-247-500
Guest Speakers	Committee Members as required; Royce Engelhardt (winter months)	
On Water Events Coordinators	Phil Darling, Evan Hodge	Phil 0411-882-760
On Land Events Coordinators	Kelly Nunn-Clark	
Committee Members	Martyn Colebrook, Royce Engelhardt, Phil Darling, Dorothy Theeboom, Max Theeboom, Kelly Nunn-Clark, Evan Hodge, Mike McEvoy, John Tregea, Dallas O'Brien	



Editor's note:

Deadline for the next edition of the Compass Rose is **1/05/2019**

The **EDITOR** for the next Compass Rose is **Mike McEvoy**

Please forward contributions via email to the editor at cruising@mhyc.com.au

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division

MHYC CRUISING DIVISION PROGRAM 2019		
April	14 th	MHYC Cruising Division Sunday Breakfast 9am to 11am
	14 th	CD safety training and practice at MHYC 10:30 am to 1pm
	15 th	Cruising Division meeting 7.30pm (byo bbq 6.30pm)
	18 th	MHYC Literary Lunch – Nicole Alexander “Stone Country’
	19 th to 22 nd	Easter cruise to Pittwater/ Broken Bay – Register your interest at cruising@mhyc.com.au
	25 th	MHYC Anzac Day – Two Up Cup
May	12 th	MHYC Mothers Day Luncheon
	19 th	MHYC CD Sunday Breakfast and Safety Training Exercise
	20 th	Cruising Division Meeting 7.30pm (byo bbq 6.30pm).
June	2 nd	Cruising Division “Long Lunch”
	8 th – 10 th	Queens Birthday long weekend raft-up
	16 th	MHYC CD Sunday Breakfast and Safety Training Exercise
	17 th	Cruising Division meeting 7.30pm (byo bbq 6.30pm)

NEXT MEETING: MONDAY APRIL 15TH 7:30 P.M.
B.Y.O. BBQ 6:30 P.M.

SPEAKER: JOHN EASTWAY & KELLY NUNN-CLARK
TASMANIA 2019

John and Kelly will each take 20 minutes and give highlights on this year’s voyage to Tasmania. The good, the bad and the ugly. Both had remarkably different adventures and they are keen to share.

It will be another two years before the next Wooden Boat Festival will be held in Hobart. Will you be there?

Come along and join us and bring your questions

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**CHEESE PLATE:** KELLY NUNN-CLARK & EVAN HODGE

## CAPTAIN'S COLUMN – APRIL 2019



As the prime sailing season in Sydney winds down many are preparing now to head north to avoid the cooler months.



We find Sydney Harbour in winter is a delight with fewer crowds, less tsunami size wakes being generated by thoughtless individuals, and a better selection of quiet anchorages due to less boating activity.

This time of year is also great for practicing safety exercises and refreshing the procedures that may one day be required to keep us safe. With this in mind the Cruising Division is instigating a monthly series of safety training and exercises to be held on Sunday mornings following breakfast at the club. The first for this year will be a Man-Over-Board (MOB) training and exercise on Sunday April 14. Breakfast at the club starts at 9am and all are welcome.

Following breakfast those that are interested will have a short briefing on MOB procedures and then we can go out as a group on a few vessels that have volunteered to participate in the practical exercise. We envisage the exercise will be completed by between 12.30pm – 1pm.

Thank you to Simon Pratt on his talk last month on the Spice Islands and their importance in stimulating innovation and exploration by sea. Amazing the impact such a small group of islands can have on naval history.

This month John Eastway (Flemingo) and Kelly Nunn-Clark (Nashira) will be providing more insights into why they cruise to Tasmania, what is the draw to the Hobart Wooden Boat Festival and why heading South is so appealing.

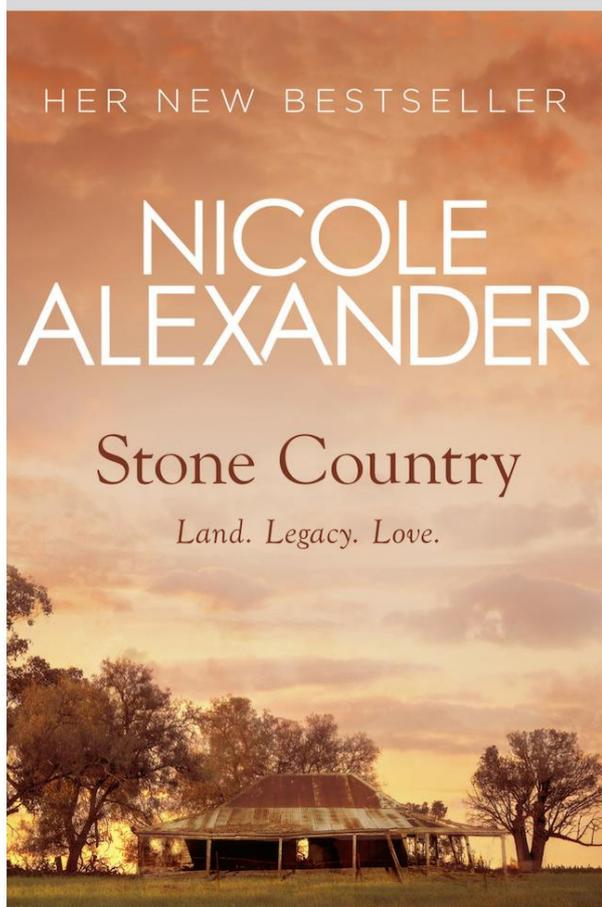
Dallas O'Brien is coordinating the Easter Cruise this year and there has been a change of destination from Port Hacking to Pittwater. So for those not yet signed up for the cruise to Pittwater and wanting to attend please contact Dallas at [obrien.dallas@gmail.com](mailto:obrien.dallas@gmail.com)

Also a get well soon shout out to Royce Englehardt who continues to find us great speakers. Royce had a mishap on board recently and broke a number of ribs. Ouch!

Until next time enjoy the autumn sailing season and stay safe on the water.

Evan Hodge  
Cruising Captain. *SY. Nashira*

# MIDDLE HARBOUR YACHT CLUB



## LITERARY LUNCH

# NICOLE ALEXANDER

'With her ninth novel, Stone Country, Nicole has once again penned a sweeping historical novel that captures the Australian spirit - one of desire, adventure and determination'

**2 COURSE LUNCH**

12:00 - 3:00 PM

**APRIL • 18 • 2019**

Middle Harbour Yacht Club

**TICKETS**

\$60 Members | \$65 Non Members



Tickets can be purchase online at [www.mhyc.com.au](http://www.mhyc.com.au)  
or by calling the office on 9969 1244  
[www.mhyc.com.au](http://www.mhyc.com.au) | 9969-1244 | [info@mhyc.com.au](mailto:info@mhyc.com.au) | Lower Parriwi Road, Mosman 2088

## PAST EVENTS:

### The Night Navigation Exercise...March 9<sup>th</sup>, 2019 Paul Wotherspoon.. 'Rapture'

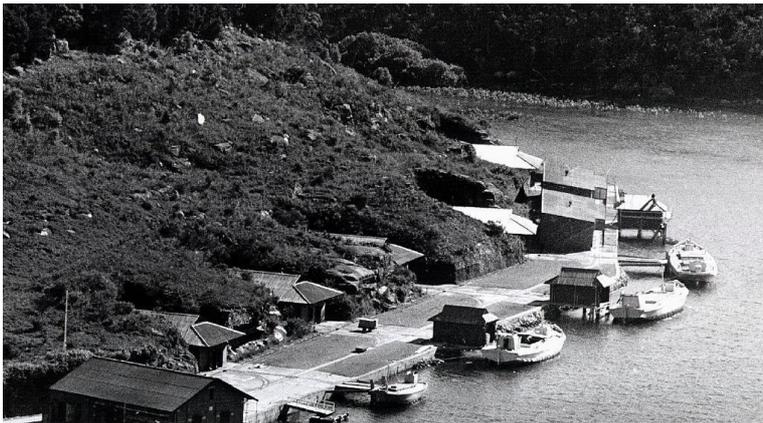
Sadly only a small contingent of boats turned up for the Night Navigation exercise.

So small in fact, if there had been one less boat, there would have been no-one at all.

Having had some prior indication of the likely turnout, I found myself duly elected as the co-ordinator. By a unanimous vote, it was decided to move the event 24 hours earlier from the Saturday evening to that of the Friday. This of course left more of the weekend free.



**The Fleet at Rest**



**Bantry Bay back in 1972**

Friday afternoon was spent pleasantly sailing up and down Middle Harbour in sometimes brisk winds in rather warm conditions. Towards the late afternoon I made my way on up into Bantry Bay and was lucky enough to pick up the last remaining public mooring.

The Powder Magazines of Bantry Bay from earlier days, still stand waiting at the threshold of impending ruin, and impart a brooding and menacing

demeanour to the western shore. This is reinforced by the imposing number of forbidding signs that threaten dire consequences upon any skipper foolhardy enough to attempt a landing nearby.

As I sat in the cockpit enjoying the cool evening breeze, I watched as Night slowly drew her star studded veil across the landscape and chased Daylight into hiding.

As I sat there, I concocted a fiendishly complicated and diabolical Night Navigation exercise, that would test the skills of everyone. All navigation would have to be by ship's compass, handheld compass, and charts only, with the addition of the depth sounder for safety. The cover on the chartplotter was to be left firmly in place.

Feeling somewhat pleased with myself that I had devised an exercise that no-one, not even myself would be able to understand, I descended the companionway, turned and made my way forward through the main cabin. Imagine my disbelief, ...when to my utter surprise, ...there before me stood a bottle of Gin and some Tonic.

After that I must confess, I can recall nothing more until I awoke next morning at 6:00 am to a group of very noisy lady rowers, ...with absolutely no empathy at all.

## UPCOMING EVENTS:

**Sunday, April 14<sup>th</sup> at 9:00am – MHYC Social Breakfast for everyone followed by ‘Man Over-Board’ theory and safety exercise.**

On the 3<sup>rd</sup> Sunday of each month we are making a permanent booking for a Cruising Division breakfast. There is absolutely no reason for breakfast except to enjoy each other’s company and forgo doing dishes. Come join us for a lovely Sunday Breakfast and catch up. Everyone is welcome.

Breakfast will start at 9am and run until 11am. If you are coming it would be fantastic if you could email [cruising@mhyc.com.au](mailto:cruising@mhyc.com.au) or ring the restaurant so they have some idea on numbers.

This month is also the start of our new monthly safety exercise series. This month’s topic is: ‘Man over-board’.

We will have a short theory component after breakfast so those who want to stay and listen are most welcome. Followed by a few boats that will take people out and allow us to practice what we learned. This will be a hands on practical and everyone will be encouraged to give it a try and no doubt laugh lots.

Remember that every time you practice one of these safety exercises you make yourself a more valuable member in the boating community.

You are welcome to come for the breakfast only or do both breakfast and safety training. You do not need to have a boat as there will be boats you can join in on.

### **April 19<sup>th</sup> to 22<sup>nd</sup>, Easter Cruise to Pittwater/Broken Bay**

Due to popular demand....

Our Easter Cruise will be to Pittwater/Broken Bay

Departing on Good Friday, our intrepid cruisers will sail this year to Broken Bay where the weather will be warm and the parties will be endless. We have 9 boats planning to join already. This is quickly becoming our largest cruise for quite some time!!



It will be a great occasion to get to know everyone better and have a wonderful time on this wonderful waterway. Please join us by contacting our trip leader Dallas O’Brien on [obrien.dallas@gmail.com](mailto:obrien.dallas@gmail.com) and/or 0404 892 077 who will issue sailing instructions closer to the date!

## Safety on the Water – Some Serious Reminders

Safety on the water has always been a major priority for the Cruising Division – and rightly so.



We have focussed on both:

- **Primary Safety** – or doing the right things so as not to have incidents. This is also known as practicing Good Seamanship.
- **Secondary Safety** or recovering from incidents. This involves having good procedures and training, and also the right safety equipment and knowing how to use it.

In my role as club Chief Special Regulations Auditor I spend a lot of time (ably assisted by the other S.R. Auditors – many of whom are Cruising Division members) in reviewing safety equipment levels on boats. But this is only one part of the solution. Mostly we would be happier if the emergency equipment we check is never needed to be used.

I also get involved in reviewing, on behalf of the club, any serious incidents which occur during the club's activities – both racing and cruising.

While I still think that sailing is very safe, we do occasionally have incidents with the potential for serious injury. Over the past several years we have had:

- Several overboard incidents, including one where the skipper was dragged backward through the water tangled in the mainsheet, and another where a crew member was retrieved unconscious and not breathing
- Several accidental gybes where crew members were either struck by the boom or tangled in the mainsheet.

Although some of these required hospitalisation, in every case I am aware of the person injured has made a complete recovery.

So far the club emergency procedures have worked well and have assisted in getting the correct level of assistance to vessels and casualties – but we will continue to review them each time.

### **What you should do**

I strongly recommend that each of us review our procedures for our own boats, and especially the following:

1. **Man Overboard Procedures** – have them, and practice them with your regular crew on a regular basis. In particular make sure that the safety of the crew still

on board is considered – place them in safe positions and make sure that the most experienced person is on the helm. Several of the incidents have involved injuries to on-board crew while they are focussed on retrieving the overboard person - one case was a person standing over the mainsheet to retrieve the overboard person when the boat suddenly gybed. Also think through the various possibilities and requirements – what if they are unconscious? How do we get them back onboard?

2. **Crew Briefing- especially new crew and visitors** – several of the incidents have occurred during charity regattas or involving new crew on their first day board. Make sure that everybody knows their responsibilities – even if it is just to keep safe and out of the way!
3. **Club Emergency Procedures** – I recommend you re-read the Safety and Emergency Procedures on page 2 of the club Sailing Handbook, and the Incident and Emergency Management Plan on Page 3. As mentioned above – so far they have worked well in giving assistance to vessels and to casualties.
4. **Club and RMS Requirements in the event of an Incident:** The following is taken from the Sailing Handbook but is very important:

*A written report must be forwarded to the MHYC Sailing Office within 24 hours, setting out the particulars regardless of the type of incident.*

*Where an incident occurs on the water and results in the death of, or injury to, a person; or damage to a vessel in excess of \$5,000, it must be reported to the MHYC Sailing Office AND NSW Roads and Maritime Services.*

*Where an incident occurs on the water between vessels operating under the same aquatic licence and does not result in the death of or injury to, a person; or damage to a vessel in excess of \$5,000; the threshold for reporting the incident is 10% of the value of the damaged boat.*

Finally – keep it all in perspective. While sailing is, I believe, a very safe pastime there is still the potential for incidents and injury to occur. Enjoy your time on the water, but do make sure that the safety of yourselves, your friends on board, and other water users is paramount.

I would say:

- Think safe
- Be safe - use good seamanship at all times
- Be prepared with good briefings, good procedures and good equipment.
- Enjoy yourself.

Phil Darling

## CD Quiz – April 2019 by Phil Darling

A focus on radios and emergencies this month.

1. What radio transmitters do we carry on our boats? (list as many types as you can think of)
2. What are the licencing requirements for us and our boat to carry these transmitters?
3. What is an MMSI and who issues them?
4. When do you need an MMSI (list at least 2 requirements)?
5. You are travelling down the coast and you hear a vessel transmitting a “SECURITE” call. What does this mean and what should you do?
6. You later on hear a vessel transmitting a “PAN PAN” call. What does this mean, and what should you do?
7. If the vessel was instead transmitting a “MAYDAY” call - what does this mean, and what should you do?
8. You proceed to assist the vessel transmitting the MAYDAY. It soon becomes obvious that you are the only vessel who heard the call. What else can you do to assist as it could take you some time to be at the scene of the problem?
9. What are the emergency frequencies on VHF radio?
10. List as many marine emergency signals as you can



By: Alex Comino



80<sup>th</sup> MHYC  
ANNIVERSARY

25 APRIL 2019

# ANZAC DAY

LEST WE FORGET



## TWO UP CUP

12.30 PM CLUBHOUSE START

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FOLLOWED BY 'TWO UP' IN THE  
HARBOURVIEW

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REGISTER ONLINE AT  
[WWW.MHYC.COM.AU](http://WWW.MHYC.COM.AU)

## AS FREE AS THE BREEZE CRUISE SOUTH by Bill Humel



Once again, the three grandfathers, Phil, Harvey and myself had agreed on the start date and period for this cruise, earlier in the year. Otherwise this period would be filled with commitments.

So, our dad's army crew, after loading up "The Breeze" on the days before, (dingy on deck, food, our gear and boat gear) we left Davis Marina at 6.45 am, (06.45) on Wednesday the 25<sup>th</sup> October 2017, this early, to have Jarvis Bay as a possible destination. We were headed south for a change to Bateman's Bay or Bermagui, if we had favourable weather.

We hoisted sail, which is relatively quick on "The Breeze", with a Boom Furling main and Furling No. 2 Genoa headsail, (no pulling the sails up from below and clipping them on,) made the radio call to Marine Rescue just before 7.00 am, (07.00) and passed through the heads at 7.15 am (07.15).

The sky was overcast with high cloud and a light 3 knot breeze from the south west, as we motor sailed south at 5.5 knots over a gentle swell and almost no wind chop. The weather forecast was for a 10 to 15 knot nor-east wind, so we optimistically thought about Jarvis Bay as our best destination at the end of the day.

At 08.00 off Ben Buckler Headland, the headsail was rolled up, as we were now motoring into a 10-12 knot southerly and spitting rain and down Botany Bay way, a long roll of line squall cloud ahead stretched right across from the eastern to the western horizon, whitish on top and very dark grey underneath. Not promising. North-easter? Just maybe, our destination should be modified. By 09.20 we were off Botany Bay motoring at 5.5 knots in a choppy sea and no wind. By 10.00 we were off the middle of Wanda Beach still with overcast sky, in a 3 knot westerly. The threatening line squall had evaporated, very strange and by 11.00 we were off Wattamolla in weak hazy sunlight, in a 3 knot nor-nor east wind.

The highlight at 11.45 was Harvey's wife Viv's lovely sandwiches for an early lunch. The breeze was about 7 knots from the nor-east and we were motor-sailing at 6 to 6.5 knots, with the genoa unrolled. At 12.15, we were abeam Coalcliff, doing 6.5 knots in a 10-12 knot breeze and no motor noise. It was now a lovely day, with a light wind, a gentle swell, with small wind wavelets sparkling

in the sun light. **A huge Whale breached close off our starboard bow. This Whale did a total cork screw.** I have never seen this before.

By 13.00, Austinmeer was abeam and at 14.00 we had Bellambie Point abeam. At 14.15 the wind dropped off to a 3 knot nor-wester, so we decided to stop in Wollongong Harbour overnight and rounded up and rolled in the headsail and then when a half mile out, again rounded up and rolled down the main. At 14.35 we passed through the breakwater walls and rang the Harbour info number about tying up and were told to pick up the Public Mooring, which we did at 15.00. It was quite calm here now, but would be exposed to any swell or strong wind from the north.

The gas was turned on with a full gas bottle, but no flame again. This was not the first time this had happened. The eventual remedy before was use the Inflatable dingy pump to blow the line. After disconnecting the line both ends and applying the pump, out came water again. Reconnect the line and Bingo we had a flame!!! I can't work out where this water is coming from, unless there is water in the Gas Bottles, where I buy them. If there were water entering the line somewhere, we would have a gas leak, fortunately not so.

Thursday morning, we were up at 5.25 and prepared to leave early. At 6.00 the engine was started, but no water was coming out the exhaust. Stop the engine. We have another problem. I had recently had the engine serviced by a capable marine mechanic. Maybe the Impeller in the cooling water pump had not been replaced, as I had asked and it had failed. So, we had breakfast while finding our spare Impeller and trying to remember how to replace the Impeller, which I had last done many years ago. We finally raised mechanic Tim on the phone in Sydney at 7.30. The advice was un-bolt the bracket holding the pulley wheel and water pump. Remove the water pump cover plate and then the Impellor. It looked new, but we put in a new one and reassembled the water pump and pulley. Still no water. Ug!! Ring the mechanic again. Advice, try blowing back through the inlet pipe, which we did and finally water was pumping through and out the exhaust.

At 11.05 we dropped the mooring and headed out through the Wollongong breakwaters. The sky was overcast and the wind was from the south at 10 to 12 knots, so we motor-sailed south east at 5 knots in a counter current to round Martin Island. Several whales were blowing and breaching in this area to seaward and also between us and the shore. They must have known about this counter current in this area as they headed north. All very entertaining, but could they hear us and know where we were. When we rounded Martin Island at 12.00 and altered course for Bass Point, which was about 185 true, the wind had shifted to sou-sou-east. Still we were motor-sailing and squeezing hard on to clear Bass Point, which we did by 13.30. Our course was now more near sou-sou-west to pass Kiama, so we could motor-sail comfortably close hauled. The sky to the west was threatening over the land and the mountain tops disappeared into dark grey clouds.

At 15.00 (3.30 pm) we passed Kiama, with a 50/50 sky, half cloud and sunny patches with the wind still about 10 to 12 knots from the SSE. By 16.30, we were abeam Black Head and 15 minutes later we heard the engine warning sound. No water through the exhaust. Wow. We continued sailing. After considering our options our destination now was to be Crookhaven Heads and Greenwell Point. I had been in there before with "The Breeze" a few times. Before that in 1980 in a 24 foot trailer-sailer, we ran aground in the entrance, in white water, on an outgoing tide and in a nor-easter, at sunset. Over the radio we were told where the channel was, so we raised our keel and moved into the channel. How many things can you get wrong. You live and you learn and sometimes you don't forget. My crewmate at the time said "no more white-knuckle stuff thanks Bill".

Having decided on Crookhaven Heads, we continued sailing towards the entrance and contacted Marine Rescue Shoalhaven at 16.55, which is stationed at Greenwell Point and told the operator of our problem. He replied he would stand by and rang off. He was standing by, in his radio room on land! I could not see how that would help us get in through the entrance. We radioed again at 17.05 and asked for assistance, saying if possible, could a boat stand by at the entrance, in case we got into trouble. He said he would see what could be done. At 17.15 he radioed back, advising he would

try to raise a crew and boat and we should wait outside the entrance. By 17.30 he radioed back advising a boat would be at the entrance at 18.15 and we should wait outside.

We arrived off the entrance at 18.00 and sailed off and on, keeping all sail up. This entrance is protected from the south and there was only a very small swell. Still it would not be easy to sail through the entrance as the channel was not that wide and we may have to tack in the sou-easter, which had eased down to about 8 knots and the tide was running out at about 1 to 2 knots. We hung the anchor over our bow ready to drop. A power boat came into view inside the entrance speeding towards us and when it reached us at 18.15, as requested it stood close by, so we slowly sailed in through the breakwaters, following the Marine Rescue boat. At the end of the eastern breakwater there is a large hill, which killed the light wind. We slowed and started to lose steerage. It was time to take a tow. Harvey on the bow removed the anchor from the roller and took the tow line, while Phil and I quickly rolled up the head sail and then rolled down the main. This set up is quick and it needed to be, as the current was sweeping us slowly sideways. The Marine Rescue crew were experienced and towed us slowly along mid channel to a mooring past Greenwell Point by 19.00. One of their crew waved to a group on the terrace of a waterfront home on the way in. We learned it was his home and it was a dinner party he had left to bring us in safely! We expressed our thanks and gratitude and asked if \$150 would be a satisfactory contribution and they seemed to think that was fine. They were very helpful and gave us the name of a local Mechanic who specialised in Yanmar Marine Engines.

It was very calm on this river mooring after the dramatic afternoon. We had a settling drink, followed by a nice dinner and were in our bunks early.

Around 7.30 am Friday morning we rang the Mechanic. He had a full day ahead of him, maybe Monday and maybe our Water Pump is Broken. Phil decided to have one more go at the Water Pump. He put the worn Belt back on and we tightened it up. We started the engine and eventually water came through normally. We rang the mechanic again. Belts are the problem. He said he would try and squeeze us in about 2.30 pm (14.30.) He would ring when 15 minutes away, so we could pick him up in the dingy from Greenwell Point Jetty. Anxious moments passed and finally he rang near 3.00 pm. He fitted new belts to the Generator, Compressor and the Water Pump. I never thought to tighten the Water Pump belt. A nice dinner and a few drinks to regain our composure.

At 5.30 am Saturday, we woke up for an early start to thick fog. Only about 100 metres visibility. At 6.00am the weather forecast was thick fog. After a leisurely breakfast. we raised the anchor in hazy conditions at 07.00 am and headed off and cleared the breakwaters at 7.30. The course was about 135, to clear Beecroft Head, motor sailing in a light 3 to 5 knot south west wind. By 09.00 we had passed Currawong and were between Whale Point and Abrahams Point. By 10.00 we were about 1 mile north east of Point Perpendicular in a 10 to 12 knot northly sailing at 6 knots.

Looking to the south and east we could see more separate pods of whales spouting than we had ever seen before in one area. There were at least six separate pods spouting. Just wonderful to see. In the 1960s and 70s sailing offshore, I can't remember seeing a whale. We rounded the Point shortly after and in the building nor-nor-east wind of 15 to 18 knots sailed to the north east corner of Jervis Bay. After lunch our anchor dragged in the stronger wind, so at 14.30 we up anchored and moved to between two local yachts to re anchor. This time we held with 60 metres of chain out in 8 metres depth. This area called "The Roads" is notoriously bad for anchoring.(rock and shale bottom)

Sunday morning, we went ashore in the dingy for a beach walk and swim. This bay is magnificent in fine weather. Crystal clear water and white sands. We headed around the north side of the bay, passing Callala Bay in the north west corner where many yachts were moored and some quite large, the biggest about 80 feet.

The 3 moorings off Huskisson were taken, so we anchored outside them and took our dingy through the entrance to tie up to the jetty of a waterfront café. Paddle Boards and Double Kayaks were for hire. Nice fish and chip lunch and a brilliant view of the entrance. A big wind chop confronted us in the dingy at the mouth of Currumbene Creek. Wind against tide. Quite bumpy and hairy at times.

Back on board we up anchored and had a lazy afternoon sail, with only the No. 2 headsail up, across the bay at 7+ knots in the 15 knot nor-easter to Hole in the Wall, in the south east corner.



On the mooring in this corner, we were still in a  $\frac{3}{4}$  metre wind chop, a little rocky.

Monday morning, we woke about 05.45 and discussed the weather. We had not rushed to leave Jervis Bay and head south, because of a low-pressure centre just east of Montague Island. We motored over to Vincentia and took the one public mooring. More Gas for our stove was required so Harvey and Phil took the dingy ashore with 2 Gas bottles at 7.35 am. They returned and a gas bottle was connected for hot morning tea followed by another trip ashore for a swim and a long walk along the beautiful beach. There was a small wave up to a foot breaking on the shoreline. At 11.00 am we were back on board in a building north east wind. Within an hour the wind went north west at 25 knots and gusting. We checked the mooring. It seemed setup for a 50 ton boat, so we should be OK. We had lunch and at 13.25 the southerly hit with really savage gusts even though we had fairly high treed land only 200 metres to the south. The low was now forecast to develop into an East Coast Low. A gale warning was issued about 16.00. It blew all through the night. Awake at 04.30 Tuesday morning. It was blowing sou-sou-west. The mooring was checked again. The huge rope was showing signs of chafe from the jaws of our bow roller. We heavily wrapped it to avoid any further chafe. At 06.30 we discussed our options. Our time limit was Sunday in Sydney for all three crew, preferably Saturday to allow for unloading and unpacking on Sunday. Consider the options and decide Friday morning at the latest. Check out where to leave the yacht if we cannot sail home and a car hire to carry us and our gear. At 10.20 we contacted Marine Rescue Jervis Bay regarding leaving the yacht and dingy. The Bay is controlled by National Parks including the moorings. We decided to venture ashore for lunch. Approaching the shoreline in the dingy the surf had now increased to  $\frac{1}{2}$  metre. Harvey decided to land quickly and jumped out. Being no longer 25 his timing was slightly amiss. Wet up to his chest, he could not see the funny side. Phil and I turned the Dingy into the waves and beached the water logged Dingy. After a walk along the beach and dry out we had a pleasant Chinese lunch in Vincentia. Back at the beach we waded out to thigh deep and boarded with great care in the small surf.

At 15.00 another forecast. Swells 4 metres plus and a Gale Warning. Boat starting to roll in the swells. Further discussions re the weather. Maybe leave Friday for Sydney. Swells now penetrating the bay from the east, wind strong again from the south, Mooring checked again and OK.



ONLY JUST SMILING AFTER 2 DAYS BEAM ROLLING

Roly-poly night and screeching wind in rigging. Up at 06.10. Weather forecast, Gale warning again. We made more enquiries about leaving the yacht and discovered it could be left on a mooring off Huskisson for a few days. Swell now penetrating the bay, over two metres at times on our beam. Board riders now surfing the shore break and disappearing from sight down the face of the waves. Impossible to land the Dingy.

At 10.00 my surf board riding younger brother rang, worried about the weather and our location. He was pleased to hear we were safe and not out there and offered to come by car and collect us and our gear late to-morrow morning. Harvey was not feeling great and in another 24 hours, I would be similar, and Phil was not objecting to the departure. The constant rolling was very draining. More enquiries lead us to Terry a local yachtie, who understood the situation and arranged to pick us up off the yacht in his dingy at 10.00 to-morrow morning and we obtained permission to leave the yacht on a mooring off Huskisson for a few days.

In the afternoon we prepared to leave this mooring, loaded the dingy on board and left to pick up a mooring off Husky. The reef area south off Husky was breaking in a large area and the mooring looked rough, so back to Vincentia for the night. It appeared the lesser of the two evils.

Another roly-poly night and Thursday morning we saw a beautiful sunrise through a large break in the clouds. Was this the centre or the outside edge of the Low? At 07.30 we left the Vincentia mooring and motored across to the Husky mooring, which in the sunlight seemed less threatening. On the mooring Terry sent Stephan in their big dingy to pick us up as Terry was involved at work. We had just unloaded at the jetty in drizzle, when my brother Ray arrived.

We had a pleasant and safe drive home. Ray and I drove back down the following Sunday and met Terry who took us out to the boat in his dingy to check the Yacht and pad the mooring line to stop chafe. According to Allan Lucas's cruising guide there is no space in the creek for our type of yacht. Terry does have moorings available in the creek for yachts like "The Breeze". His mobile is 0408 648

504 and he runs a boat yard at Huskisson. Another person called Brian also has two commercial moorings in the creek for hire. He kindly checked "The Breeze" each day and sent Emails saying all was OK.



When Phil and I and Ted returned a few days later, Terry again organised the local dive boat to take us out to our yacht.

About 12.30 we left the Husky mooring and sailed across the Bay heading for Sydney in a 15 knot nor-easter and small swell. We tacked off Black point at sunset and Ted headed out east, whilst Phil and I had a sleep. Ted called us about midnight and we took over. We were about 20 miles out and the wind was north west, about 8 knots. We sailed close hauled for the rest of the night and at sunrise we were off Port Hacking when Ted took over again.

At 11.00 we passed through the Heads and tied up in our berth at 12.00. "The Breeze" had returned safely and undamaged.

**By: Bill Humel**



AT MIDDLE HARBOUR YACHT CLUB

Sunday 12th May

Treat mum to breakfast or lunch in our Harbourview Room overlooking the waters of Middle Harbour

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Breakfast 8.30am - 11.30pm | Lunch 12.00pm - 3.00pm

Live Music from Bernie Segedin 12pm

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**BOOKINGS ESSENTIAL**

Middle Harbour Yacht Club, Lower Parriwi Road, The Spit, Mosman 2088 | Ph: 9969-1244 | W: [www.mhyc.com.au](http://www.mhyc.com.au) | E: [info@mhyc.com.au](mailto:info@mhyc.com.au)

## **Salmon with Horseradish and Beets**



### **Ingredients:**

- 2 x 225g salmon fillets, pin boned and scored 0.5cm deep
- 1 Tablespoon Olive Oil
- 6-8 baby beetroots cooked till tender and then sliced (we used canned instead of fresh)
- Handful of fresh marjoram, leaves picked (can use dried if necessary)
- Salt and freshly ground pepper
- balsamic vinegar
- 2 tablespoons crème fraiche,
- 2 tablespoons creamed horseradish (can use horseradish cream from a jar),
- juice of a lemon
- handful of rocket or watercress.

### **Method**

Add the salmon fillets, skin side down to a hot non-stick pan. Lightly press with a spatula so that they don't curl up. After about 1 minute they should be lightly golden. Turn over and sprinkle with salt. Place under the grill for 10-15 minutes until just cooked. Whilst cooking, marinate the beetroots with the marjoram and seasoning. Mix the crème fraiche and horseradish. Carefully season to taste with salt, pepper and lemon juice. Place the beets and salmon on the serving plates, sprinkle over the rocket and drizzle with the horseradish sauce. Serve with rice and naan bread.

## CD Quiz – April 2019 – Answers

1. You may get more than me – but my list is:
  - a. Radio transceivers – VHF band, MF/HF band and 27 MHz band
  - b. EPIRB and PLBs
  - c. AIS (transmits on the VHF band)
  - d. Mobile phones & Sat Phones
  - e. All the plethora of other “domestic” devices such as internet services, Bluetooth, etc etc
2. At the boat level – we need a Ship Station licence for any HF/MF transmitter, and if we need an MMSI for any of our services that needs to be licenced. EPIRBs and PLBs need to be registered with AMSA. At a personal level – we need a licenced radio operator on board to operate VHF and MF/HF radios.
3. An MMSI is a Maritime Mobile Service Identity. They comprise nine digits which are sent in digital form over a radio frequency channel in order to uniquely identify maritime and other radio transmitters. They are basically an electronic call sign for digital transmissions. In Australia they are issued by AMSA (Australian Maritime Safety Authority).
4. You will need to register for an Australian MMSI if you own the following types of equipment aboard a recreational or commercial maritime vessel, coast station or SAR Aircraft:
  - a. a Fixed MF/ HF DSC radio
  - b. a Fixed VHF DSC radio
  - c. a handheld VHF DSC radio; or
  - d. AIS Class A or Class B transceiver

The MMSI can also (optionally) be programmed into your EPIRB.

5. SECURITE indicates a message with important navigation or safety information. Listen carefully and evaluate whether this will have an impact on your own ship and passage plans.
6. PAN PAN indicates a situation where a vessel is in serious jeopardy but no immediate danger exists. You have no particular legal obligation but I would advise keeping a listening watch in case the situation deteriorates.
7. MAYDAY indicates a situation where a vessel is in “grave and imminent danger” and assistance is required. Under the COLLREGS (which are law in most maritime countries including Australia) you must give all assistance possible without endangering your own vessel.
8. I would consider issuing a MAYDAY RELAY call especially if I was in range of one of the coastal stations such as Marine Rescue. They may be able to get assistance to the vessel quicker than we can make it. preference – most useful to least):

## CD Quiz – April 2019 – Answers - continued

9. Channel 16, with Channel 67 as a backup.

10. You may have the following (from the COLLREGS AnnexIV, in my own order of preference – most useful to least):

- A rocket parachute flare or a hand-held flare showing a red light.
- A smoke signal or flare giving off orange-coloured smoke
- A signal sent by radio consisting of the spoken word "mayday"
- A signal transmitted by an EPIRB (emergency position indicating radio beacon)
- Slowly and repeatedly raising and lowering arms outstretched to each side.
- Approved signals transmitted by radio communication system e.g. DSC (Digital Select Calling)
- A rectangle of the internationally accepted colour orange material with a black letter V
- A black square and circle
- A square flag having above or below it a ball or anything resembling a ball.
- The international Code Signal of Distress indicated by NC flags.
- A signal made by any light or sound signalling method consisting of the group in the Morse Code - SOS.
- The radiotelegraph or radiotelephone alarm signal
- Rockets or shells, throwing red stars fired one at a time at short intervals.
- A gun or other explosive signal fired at intervals of about a minute
- Flames on the vessel (as from a burning tar barrel)



## PHOTO COMPETITION for 2019

April Winner .....Photo of the Month is Kelly Clark

Send your photos to **Maralyn Miller** to enter into the 2019 Cruising Division Photo Competition.

Each Month the best photo received will be published and, in the running, to win a new **Mystery Prize** at the end of 2019.



The winning photo for March is called 'Kettering Sunrise'

and was taken by Kelly Clark

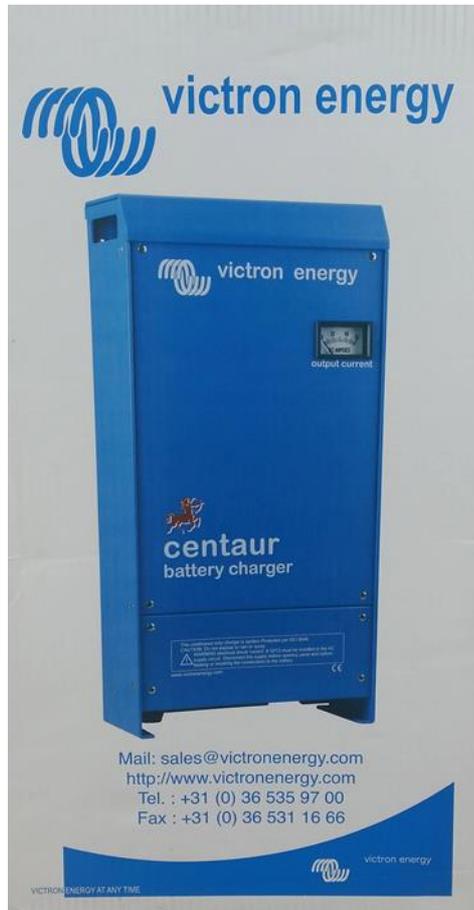
Only one photo per month (as a JPG / JPEG) to be submitted. Remember ... to be in the running to win the prize you must be in it.

Hint .... Give your favourite photo a Title and Place taken. Submit your photo and only to [darling.maralyn@ozemail.com.au](mailto:darling.maralyn@ozemail.com.au).

Good Shooting ...!! Maralyn.

# BUY, SWAP and SELL

Do you have any items that are surplus to requirements? Send your details to 'Cruising@mhyc.com.au' and advertise them in the Compass Rose for our members to buy.



## **SELL – Victron Centaur 12v 100amp Marine Battery Charger**

Purchased but now surplus to requirements.

Brand New in unopened Box. \$1,200 ONO Queries to Trevor D’Alton.

| USE<br>YELLOW<br>CELLS ONLY |           | CRUISING DIVISION PARTICIPATION POINT SCORE CALCULATION SHEET |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
|-----------------------------|-----------|---------------------------------------------------------------|--------------------------|---------------------------------------------------------|---------------------------------|---------------------------|---------------------------------------|---------------|---------------------------|----------------------------------|---------------------|------------------------------|------------------------------|---------------------------------------|---------|----------------------------|-----------|
|                             |           | JAN - DEC 2018                                                |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       | Compass | Attendance                 | Technical |
| DATE =                      |           | Feb 26-<br>Mar 4                                              | Mar 10-11                | Apr 19-<br>22                                           | TBA                             | 16-17<br>June             | Jul-15                                | 1-Aug         | TBA                       | 30-Oct                           | 17-18 Nov           | Rose                         | at                           | Corner                                |         |                            |           |
| EVENT =                     |           | 1st                                                           | 2nd                      | 3rd                                                     | 4th                             | 5th                       | 6th                                   | 7th           | 8th                       | 9th                              | 10th                | Feature<br>Article<br>Points | Monthly<br>Meeting<br>Points | Project<br>s<br>compl'<br>d<br>Points |         |                            |           |
| ENTER CREW<br>FOR EACH      |           | Gosford<br>Challenge                                          | Late<br>Summer<br>Cruise | Harbour<br>Night<br>Sail,<br>Trivia<br>Quiz &<br>Raftup | Easter<br>Cruise -<br>Pittwater | On land<br>Event -<br>TBA | Get<br>Check<br>Safety<br>&<br>Raftup | Long<br>Lunch | On Land<br>Event -<br>TBA | OSD<br>and<br>Safety<br>Exercise | Pittwater<br>Cruise | Fiesta<br>Mediterranean      |                              |                                       |         |                            |           |
| YACHT                       | No. Night | 1                                                             | 8                        | 1                                                       | 4                               | 1                         | 1                                     | 1             | 1                         | 4                                | 1                   | 1                            | 2                            | 1                                     | 3       | CUMUL'<br>SEASON<br>POINTS |           |
| Altair                      | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Kieth Watson                | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Nanu                        | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 0                                     | 0       | 0                          |           |
| Michael                     | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Breeze                      | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Bill & Helen                | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Caviar                      | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 4                                     | 0       | 4                          |           |
| Max & Dot                   | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| eXpresso                    | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Phil & Maralyn              | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Flemingo                    | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 2                            | 1                                     | 0       | 3                          |           |
| John                        | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Tonic                       | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Manfred & Sebina            | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Sisu                        | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 2                            | 0                                     | 0       | 2                          |           |
| Mike & Suzanne              | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Kodiak                      | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 0                                     | 0       | 0                          |           |
| Trevor & Lena               | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Nashira                     | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 2                            | 4                                     | 0       | 6                          |           |
| Evan & Kelly                | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Rapture                     | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Paul & Anne                 | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Simply Irresistible         | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 2                            | 3                                     | 0       | 5                          |           |
| Glynne & Gill               | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Slack'n'Off                 | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Martyn                      | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Galaxy III                  | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Chris                       | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Sanctum                     | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Jean & Noel                 | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Bloodhound                  | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 0                                     | 0       | 0                          |           |
| Alex                        | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Buggalugs                   | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Jeremy & Kristin            | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Tulip                       | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 1                                     | 0       | 1                          |           |
| Dick                        | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Zingara II                  | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 0                                     | 0       | 0                          |           |
| Jeff                        | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Delphin                     | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 4                                     | 0       | 4                          |           |
| Simon & Gavin               | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Hunky Dory                  | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 4                                     | 0       | 4                          |           |
| Aileen & Cam                | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Isobel II                   | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 0                                     | 0       | 0                          |           |
| Val & Des                   | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| La Madre                    | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 2                                     | 0       | 2                          |           |
| Selina & Dallas             | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |
| Nautilee                    | Crew      |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              | 0                            | 4                                     | 0       | 4                          |           |
| Lee                         | Nights    |                                                               |                          |                                                         |                                 |                           |                                       |               |                           |                                  |                     |                              |                              |                                       |         |                            |           |

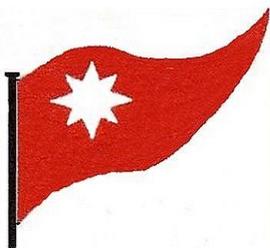
**Middle Harbour Yacht Club - Cruising Division  
Treasurer's Report As at 1 April 2019**

|                                    |                   |
|------------------------------------|-------------------|
| Cash at Bank as at 01.03.2019      | \$2,224.14        |
| <i>Plus Receipts</i>               |                   |
| Sale of x Wachman Manual           |                   |
| New Member – Manfred Fahr          | \$50.00           |
| Donation                           |                   |
| Interest                           | \$0.17            |
| <i>Less Payments</i>               |                   |
|                                    | \$0.00            |
| <b>Cash at Bank as at 31.01.19</b> | <b>\$2,274.31</b> |
| <i>Outstanding Receipts</i>        | <b>\$0.00</b>     |
| <i>Outstanding Payments</i>        | <b>\$0.00</b>     |
| <b>Account Balance</b>             | <b>\$2,274.31</b> |

Signed as a true record

Mike McEvoy  
Treasurer

MEMBERS ARE INVITED TO SUBMIT ARTICLES OF APPROXIMATELY 800 - 900 WORDS ON SUBJECTS WITH A SAILING THEME, INCLUDING PERSONAL SAILING ADVENTURES, BOOK REVIEWS, SKETCHES, JOKES, AND SO ON. WRITE YOUR ARTICLE WITH TITLE, YOUR NAME AND BOAT NAME, AND EMAIL TO THE EDITOR.



The Cruising Division of MHYC meets on the 3<sup>rd</sup> Monday of each month, and uses as its sailing pennant a flag with a white compass rose on a red background.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as 'the compass rose'.

The Cruising Division newsletter is titled 'The Compass Rose Cruising Log' and is published monthly. The newsletter is also available through the MHYC web-site at [www.mhyc.com.au](http://www.mhyc.com.au)