



HARBOUR TREK CUP

Saturday 28th October 2017

SAILING INSTRUCTIONS

MIDDLE HARBOUR YACHT CLUB

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SAILING INSTRUCTIONS

1.0 RULES

1.1 The races will be governed by the current versions of:

- the rules as defined in the Racing Rules of Sailing (“RRS”)
- the prescriptions and Special Regulations of Australian Sailing (“Special Regulations”);
- the Middle Harbour Yacht Club Requirements (“MHYC Reqs”)
- the Notice of Race,

except as any of these are modified by or inconsistent with these Sailing Instructions.

1.2 The attention of competitors is drawn to the MHYC Requirements which are referenced throughout the NoR and these SIs including their responsibilities under the applicable NSW Roads & Maritime legislation.

1.3 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS 50.2 and 50.3.

1.4 Boats with movable or variable ballast (within the meaning of those terms in the AS Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.

1.5 RRS 52 does not apply the adjustment and operation of sails or the adjustment of movable appendages on any boat.

2.0 NOTICES TO COMPETITORS

2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the Breezeway of the Clubhouse.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Changes to these sailing instructions, if any, will be posted not later than 2 hours prior to the display of the Course Board for the race.

4.0 SIGNALS

4.1 Signals made ashore will be displayed from the MHYC Race Official’s Box on the north-western perimeter of the Club premises.

4.2 Signals will be as follows:

1220 Hrs Course Board Displayed
1230 Hrs Start Count-up Sequence

4.3 The display of the course board and the start of the count-up sequence may each be accompanied by a sound signal.

5 THE COURSE

5.1 The Courses are those annexed to these Sailing Instructions (Annex A).

5.2 Courses may be shortened prior to the Start at the discretion of the RC. Should Code Flag “S” be flown with or prior to the display of the Course Board, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (*).

5.3 Courses may be shortened at any mark in accordance with RRS 32.

5.4 The nominated helmsman of each boat shall be at the helm during the period prior to starting and until the yacht is abeam of Grotto Point. Similarly, the nominated helmsman shall be at the helm from the time the yacht is abeam Grotto Point and until it finishes and clears the finish line. This amends RRS 46.

- 5.5 The attention of competitors is drawn to the MHYC NOR and those areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, the Gowland Bombora and the Sow and Pigs Reef. A boat shall not sail into an area designated a prohibited area.
- 6 HANDICAP PURSUIT RACE**
- 6.1 The race shall be a Handicap Pursuit Race per MHYC NOR 22 with a Count Up start sequence.
- 6.2 A boat shall comply with the Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 6.3 In races or divisions designated non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 6.4 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC. A TCF may be adjusted after each race.
- 6.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the affect on the boat's performance.
- 6.6 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress. This amends RRS 60.1 & 60.2.
- 6.7 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race. This amends RRS 32.
- 7 THE START**
- 7.1 The Start Line shall be as MHYC NOR 16, Club House Start Line.
- 7.2 The RC or his nominee will allocate a boat's start number in whole minutes to a boat, this number will be a count up number.
- 7.3 For Count Up Start races a boat's Start Number is the time at which her allocated starting time appears in view on the start clock.
- 7.4 There will be no recalls. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting number, applied to her finish time. This amends RRS29.
- 8 THE FINISH**
- 8.1 The Finish Line will be the Clubhouse Finish Line in MHYC NOR 17.
- 8.2 A boat's finish time shall be used for the calculation of its racing division results. The boat with the earliest finish time (after application of scoring penalties, if any) will be scored first.
- 8.3 All times will be recorded in minutes and whole seconds. Boats with equal finishing times shall be scored as dead heated.
- 8.4 All results will be subject to the application of Alternate Penalties, if any.
- 9 TIME LIMITS**
- 9.1 The time limit will be 1600hrs on the day of racing. However, if the leading yacht finishes within the time limit, then other yachts will be timed in until 1630 hours.
- 9.2 A boat that does not finish within the time limit shall be scored DNF. This amends RRS 35.
- 10 ALTERNATIVE PENALTIES**
- 10.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 10.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.
- 11 ABANDONED RACES**
- 11.1 Abandoned races will not be resailed.

12 PROTESTS

- 12.1 Protests shall comply with MHYC NOR 24.

13 ADVERTISING

- 13.1 Boats may be required to display bow and/or boom stickers as provided by the RC.

14 RADIO COMMUNICATION

- 14.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 14.2 Yachts shall maintain a listening watch on VHF Channel 72 for the duration of the race.

15 PRIZES

- 15.1 Prizes shall be presented at a post-race presentation

16 RESPONSIBILITY

- 16.1 Competitors participate at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states:
“The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.
- 16.2 The Organising Authority, Event Sponsors (if applicable), and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 16.3 MHYC, nor the event sponsor (if applicable), are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

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ANNEX A – COURSES

COURSE 1 - Yachts may choose to sail EITHER of the two following course options.

Option ALPHA

START MHYC

- 1 YA MARK SHARK ISLAND
 - 2 SHARK ISLAND
 - 3 (X) CLARK ISLAND
 - 4 *FORT DENISON
 - 5 YA MARK MANLY WEST
 - 6 YA MARK MANLY EAST
- FINISH MHYC

Option BETA

START MHYC

- 1 YA MARK MANLY WEST
 - 2 YA MARK MANLY EAST
 - 3 *YA MARK SHARK ISLAND
 - 4 SHARK ISLAND
 - 5 (X) CLARK ISLAND
 - 6 FORT DENISON
- FINISH MHYC

COURSE 2 - Yachts may choose to sail EITHER of the two following course options.

Option ALPHA

START MHYC

- 1 YA MARK LADY BAY
 - 2 YA MARK NIELSEN PARK
 - 3 CLARK ISLAND
 - 4 *YA MARK EAST CHANNEL
 - 5 (X) FORT DENISON
 - 6 YA MARK MANLY WEST
 - 7 YA MARK MANLY EAST
 - 8 (X) YA MARK EDWARDS BEACH
- FINISH MHYC

Option BETA

START MHYC

- 1 YA MARK MANLY WEST
 - 2 YA MARK MANLY EAST
 - 3 YA MARK EAST CHANNEL
 - 4 *CLARK ISLAND
 - 5 YA MARK NIELSEN PARK
 - 6 (X) FORT DENISON
 - 7 YA MARK OBELISK BAY
 - 8 (X) YA MARK EDWARDS BEACH
- FINISH MHYC

COURSE 3 - Yachts may choose to sail EITHER of the two following course options.

Option ALPHA

START MHYC

- 1 YA MARK MANLY WEST
 - 2 YA MARK MANLY EAST
 - 3 (X) YA MARK LADY BAY
 - 4 (X) YA MARK CANNAE POINT
 - 5 YA MARK LADY BAY
 - 6 YA MARK ROCKY POINT
 - 7 *YA MARK EDWARDS BEACH
 - 8 YA MARK CANNAE POINT
 - 9 YA MARK NIELSEN PARK
- FINISH MHYC

Option BETA

START MHYC

- 1 YA MARK NIELSEN PARK
 - 2 YA MARK CANNAE POINT
 - 3 (X) YA MARK LADY BAY
 - 4 (X) YA MARK CANNAE POINT
 - 5 YA MARK ROCKY POINT
 - 6 *YA MARK EDWARDS BEACH
 - 7 YA MARK LADY BAY
 - 9 YA MARK MANLY WEST
 - 10 YA MARK MANLY EAST
- FINISH MHYC

NOTES

- 1) All Marks shall be rounded to Starboard.
- 2) **Division 2 & 3** yachts shall omit each mark prefixed (X)
- 3) * - Please refer to SI 5 'Course' for shortened course instructions