

# Adams 10 NSW Championships



**2 & 3 December 2023**  
Middle Harbour Yacht Club  
Sydney, Australia



## SAILING INSTRUCTIONS

*The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Masthead spinnakers are not permitted.

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board on the [Adams 10 NSW Championships Event Webpage](#) and may be posted on the noticeboard located in the breezeway at MHYC.

### **3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.2 Any change on the water will be announced on the VHF race management channel after display of Code Flag L with one sound.
- 3.3 Competitors may be advised of a change to the sailing instructions via email or text.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the start box flagstaff on the north-eastern corner of MHYC.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### **5 SCHEDULE**

- 5.1 Competitors Briefing - Saturday 2 December at 0930hrs.
- 5.2 Racing:
  - Saturday 2 December: Up to 3 races commencing at 1200hrs in conjunction with the Sydney Harbour Sprint Series.
  - Sunday 3 December: Up to 4 races commencing at 1200hrs.
- 5.3 A maximum of 6 races may be sailed.
- 5.4 The scheduled time of the warning signal for the first race on both days is 1155hrs.
- 5.5 To alert boats that a sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.6 On the last scheduled day of racing no warning signal will be made after 1500hrs.

- 6 CLASS FLAGS**  
The Class flags will be the Adams 10 Insignia on a white background.
- 7 RACING AREAS**  
Attachment A shows the approximate location of racing areas.
- 8 THE COURSES**
- 8.1 The diagrams in Attachments B & C show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.  
Saturday 2 December: Attachment B shows the courses for the Sydney Harbour Sprint Series. Adams 10s shall sail the Division 2 courses.  
Sunday 3 December: Attachment C shows the courses for Adams 10 NSW Championships.
- 8.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.
- 9 MARKS**
- 9.1 Marks are described in Attachments B & C.
- 9.2 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 12.2.
- 10 AREAS THAT ARE OBSTRUCTIONS**
- 10.1 Boats shall pass on the safe water side of the following Cardinal Marks:  
(a) Gowlland Bombora (Dobroyd) – All Marks  
(b) Sow and Pigs Reef– All Marks  
(c) Shark Island– South and West Marks
- 10.2 Boats shall not sail in the following prohibited areas:  
(a) The area bounded by imaginary lines projected from the shore joining the West, South and East Cardinal Marks surrounding Gowlland Bombora.  
(b) The area bounded by imaginary lines joining the North, East, South and West Cardinal Marks surrounding Sow and Pigs Reef.  
(c) The Area between AS Mark Shark Island and Shark Island is a continuing obstruction and no boat shall pass between them.
- 10.3 For the purpose of RRS 19 and 20, all Cardinal Marks surrounding the Gowlland Bombora and the Sow and Pigs Reef and all imaginary straight lines projected between such marks, shall be deemed obstructions.
- 11 THE START**
- 11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between a staff displaying an orange flag on the committee vessel at the starboard end and the course side of the port-end starting mark.
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]
- 11.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

**12 CHANGE OF THE NEXT LEG OF THE COURSE**

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

**13 THE FINISH**

- 13.1 The finishing line will be between a staff displaying a blue flag on the committee boat and the course side of the finishing mark.

**14 PENALTY SYSTEM**

- 14.1 Penalties are as per the RRS.

**15 TIME LIMITS AND TARGET TIMES**

15.1	Race Time Limit	60 mins
	Windward Mark (1 / 1A) Time Limit	20 mins
	Target Time	30-40 mins
	Finish Window	10 mins

- 15.2 If no boat has passed the Windward Mark within the Windward Mark time limit, the race will be abandoned for that division. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- 15.3 Boats failing to finish within 10 minutes after the first boat in that division sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

**16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the race office located at MHYC Reception. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at MHYC, beginning at the time posted.
- 16.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 16.5 Breaches of SIs 11.3, 19, 22, 23, 24, 25, 26, 27 and 28 will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 16.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

**17 ARBITRATION**

- 17.1 For protests involving an alleged breach of a rule of RRS Part 2, a short arbitration hearing may be held prior to a protest hearing. This changes Part 5, Section B.
- 17.2 Arbitration will be conducted in accordance with RRS Appendix T.

**18 SCORING**

- 18.1 RRS Appendix A2 will apply.
- 18.2 3 races are required to be completed to constitute a series.
- 18.3 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 18.4 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

**19 SAFETY REGULATIONS**

- 19.1 Boats intending to race shall report to the committee vessel prior to their first warning signal, on starboard tack, with mainsail hoisted, to confirm their intention to race. Boats that cannot be identified may be scored 'DNC'. [DP]
- 19.2 A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 19.3 All boats shall monitor the race management channel VHF 72. [DP]

**20 REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 Substitution of competitors will not be allowed without prior written approval of the race committee. [DP]
- 20.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. [DP]

**21 EQUIPMENT AND MEASUREMENT CHECKS**

On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any at the discretion of the race committee.

**22 EVENT ADVERTISING**

Boats may be required to display event advertising supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

**23 SUPPORT BOATS**

Support boats shall remain 100m clear of all competing boats while racing. [DP]

**24 RUBBISH DISPOSAL**

Rubbish shall not be placed in the water but may be placed aboard support or official boats.

**25 HAUL-OUT RESTRICTIONS**

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee. [DP]

**26 DIVING EQUIPMENT AND PLASTIC POOLS**

Underwater breathing apparatus shall not be used around keelboats and boat bags shall remain open between the preparatory signal of the first race and the end of the regatta. [DP]

**27 RADIO COMMUNICATION**

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

**28 PRIZES**

Prizes will be given as follows:

- a) One Design - First Place (perpetual trophy)
- b) One Design - Second & Third Places
- c) Additional prizes may be awarded at the discretion of the Organising Authority

**29 MEDIA RIGHTS**

Participants automatically grant to the Organising Authority and the series sponsors of the Event, the right in perpetuity to make use and show from time to time and at their discretion, any motion pictures, still pictures and live, taped or film television and other reproductions of them during the period in which they participate, and in all material related to the series without compensation.

**30 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**31 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10 Million per incident or the equivalent.

**FURTHER INFORMATION**

[Adams 10 NSW Championships Event Webpage](#)

For additional information please contact the Middle Harbour Yacht Club Sailing Office.

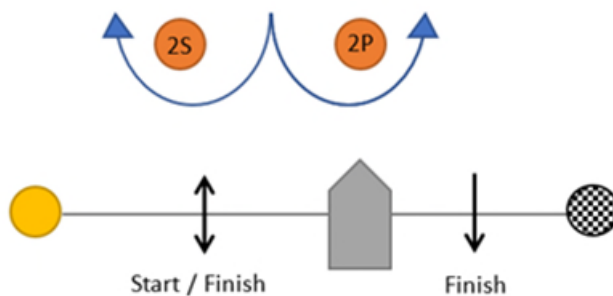
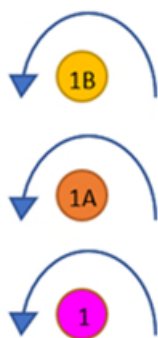
Email [sailing@mhyc.com.au](mailto:sailing@mhyc.com.au)

Phone 02 8969 3103

## Attachment A – Approximate Racing Areas



## Attachment B – Courses for Saturday 2 December



COURSE MARKS	MARK DESCRIPTIONS
Start & Finish Mark	Yellow Inflatable Buoy
Alternative Finish Mark (if laid)	Inflatable Buoy with Black & White Chequered Band
<del>Division 3 Windward Mark – Mark 1</del>	<del>Pink Inflatable Buoy</del>
Adams 10 & Division 2 Windward Mark - Mark 1A	Orange Inflatable Buoy
<del>Division 1 Windward Mark – Mark 1B</del>	<del>Yellow Inflatable Buoy</del>
Offset Marks (if laid)	Orange Buoys
Gates 2S & 2P	Orange Inflatable Buoys

COURSE SIGNAL	COURSE
<b>W1</b>	Start –1A – Finish
<b>W2</b>	Start –1A – Gate (2P/2S) –1A – Finish
<b>W3</b>	Start –1A – Gate (2P/2S) – 1A – Gate (2P/2S) – 1A – Finish

## Attachment C – Courses for Sunday 3 December



COURSE MARKS	MARK DESCRIPTIONS
Start & Finish Mark	Yellow Inflatable Mark
Mark 1	Orange Inflatable Mark
Mark 1a	Yellow Inflatable Mark
Gate Marks 2s/2p	Orange Inflatable Mark/s
Change Of Course Mark	Orange Inflatable Mark with Black Band

COURSE SIGNAL	COURSE
<b>W1</b>	Start – 1 – 1a – Finish
<b>W2</b>	Start – 1 – 1a – Gate 2s/2p – 1 – 1a – Finish
<b>W3</b>	Start – 1 – 1a – Gate 2s/2p – 1 – 1a – Gate 2s/2p – 1 – 1a – Finish

### Note:

- The course to be sailed will be displayed on a Course Board on the CV, preceded by the letter 'W', to indicate the number of roundings of the Windward Mark/s.
- The bearing to the first Mark from the Start may be displayed prior to or with the Warning Signal.
- The Gate will be laid approx. 50-100m to windward of the Start Line and may be laid after the starting signal.
- If only one Gate Mark is laid, all boats shall round that Mark to Port.
- When Mark 1 is changed, Mark 1a will not be laid.