



**MIDDLE HARBOUR YACHT CLUB
THE COMPASS ROSE CRUISING LOG**

Volume No. 39 No. 10 November 2019

Editor: Kelly Nunn-Clark

**REMINDER NEXT CRUISING DIVISION MEETING
AND
MHYC FLARE PRACTICE ON THE BEACH IS
MONDAY, NOVEMBER 18TH**



MAKE-A-WISH VOLUNTEERS WITH PANOS ON 'HARRYS STORY'

CRUISING DIVISION OFFICE BEARERS – 2019 - 2020

<i>Cruising Captain</i>	Evan Hodge	0419-247-500
Vice-Commodore Cruising	Evan Hodge	0419-247-500
Secretary	Kelly Nunn-Clark	0457-007-554
Treasurer	Mike McEvoy	9968-1777
Membership	Kelly Nunn-Clark	0457-007-554
Name Tags	Kimberley Pratt Mike McEvoy	9968-1777
Compass Rose Coordinator	Committee Members	
Safety Coordinator	Phil Darling	0411-882-760
Maritime Group	Mike McEvoy	9968-1777
Sailing Committee	Dallas O'Brien, Phil Darling	0404 892 077
Guest Speakers	Committee Members as required; Royce Engelhardt (winter months)	
On Water Events Coordinators	Phil Darling, Evan Hodge and CD members	Phil 0411-882-760
On Land Events Coordinators	Committee Members	
Committee Members	Martyn Colebrook, Phil Darling, Dorothy Theeboom, Kelly Nunn-Clark, Evan Hodge, Mike McEvoy, Dallas O'Brien, Jeremy Clarke, Sabiene Heindl	



Editor's note:

Deadline for the next edition of the Compass Rose, is 27/11/2019

The **EDITOR** for the next Compass Rose is **Maralyn Miller**

Please forward contributions via email to the editor:
cruising@mhyc.com.au or
darling.maralyn@ozemail.com.au

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division

CAPTAIN'S COLUMN – NOVEMBER 2019



Wow, the year is almost over and October has been a big month for the Cruising Division. We started the month with the long weekend cruise to Pittwater which was really enjoyable. We had six CD member yachts attend together with Greg and Karen, visitors from NZ on Argenta invited to join us. See Dallas's article later in this edition.



We also had the Make-A-Wish Sail Day where the CD take out families for a sail around the harbour. Kelly has a short writeup later in this edition. It is a great day and thank you to Brian from Shibumi, Sharon from Rowdy and Panos from Harry's Story from the wider club for also joining us for the day. It really does leave all involved owners, crew, families and volunteers from Make-A-Wish feeling good on many different levels. Also thank you to Gavin and Simon from Delphin who took over the co-ordination of the day while Dorothy was overseas.

Friday night 1/11 also saw the return of Simply Irresistable from Queensland, with Glynne and Paul on board after an extended cruise to Lady Musgrave Island and beyond. The last part certainly wasn't a cruise as the retired racers wound up the wick and returned from the Gold Coast seaway in touch over 2.5 days. Great effort from Glynne and Paul a couple of septuagenarians in this Jarkan 10 metre. I will say they were looking a little tired as they motored past us near the club.

On a different note we are sorry to hear that Karen, the MHYC GM, has resigned and is heading to Fremantle Sailing Club. Our loss is their gain but I also know they have an active cruising division from when Kelly and I visited, by land, a few years ago. On behalf of the MHYC Cruising Division I would like to say thank you for your assistance and support over the past 5 years.

November is also a busy month of events with the Tapas Tie-Up this weekend 9-10/11 and our own Dallas O'Brien from La Madre bringing the band the Rockets to MHYC on the evening of Saturday the 16/11. Please see the flyer in this edition and book to have a great night of fun, music and dance.

The next CD Meeting on Monday 18/11 will include a flare practice. This is open to the whole club and we encourage you to come down and learn/practice how to let off a flare. If something is practiced then if ever needed it will be something that comes more naturally and you won't be trying to read the instructions in an emergency situation.

On the Saturday the 23rd Nov there is the celebration of Noel Parker's life. Noel was a member of MHYC for quite some time. See the notice in this edition and join Jean, family and friends in celebrating his life.

Until next time enjoy spring.

Evan Hodge

Cruising Captain. *SY. Nashira*

MHYC CRUISING DIVISION ANNUAL PROGRAM 2019-2020

Sat & Sun, 9-10 November 2019	Tapas Tie-Up @ Sugarloaf
Monday, 18 November 2019	Cruising Division Meeting & Flare Practice
Sunday, 24 November 2019	MHYC CD Sunday Breakfast and Safety Training Workshop
Friday, 6 December	MHYC Xmas Party
Sun to Sat, 5 – 11 January 2020 Or Dec 29 th to January 5 th TBA	CD New Year Cruise to Lake Macquarie
Monday, 20 January 2020	CD BBQ – No Meeting
Sat – Mon, 25 – 27 January 2020	Australia Day Holiday Weekend – TBC probably in Harbour
Monday, 17 February 2020	Cruising Division Meeting
23 February – 29 February 2020	Late Summer Cruise to Pittwater
Sat & Sun, 7 – 8 March 2020	Harbour Night Sail and Raft-up
Monday, 16 March 2020	Cruising Division Meeting
Sunday, 22 March 2020	MHYC CD Sunday Breakfast and Safety Training Workshop

REMINDER

**Next Meeting:
Monday NOVEMBER 18, 7:30 pm**

BYO BBQ 6:30 pm



And FLARE PRACTICE on the BEACH

Cheese Plate November Meeting: **Kimberley Pratt**



You're invited to
Middle Harbour Yacht Club's

ANNUAL CHRISTMAS DINNER

FRIDAY 6TH DECEMBER 2019
6.00PM - 9.00 PM
HARBOURVIEW BAR & BISTRO

MEMBERS \$60.00
NON MEMBERS \$65.00

Drink on arrival plus two
course traditional
Christmas dinner, Santa
visit & entertainment

Book online
www.mhyc.com.au/events/online
-bookings or
call MHYC on **9969 1244**



MHYC
MIDDLE HARBOUR YACHT CLUB

Parriwi Road, The Spit



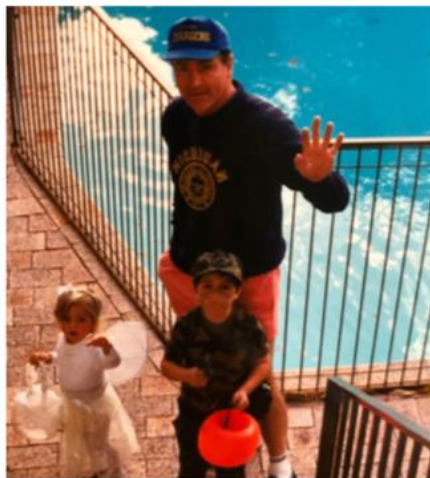
The Parker Family Invite You To
**Celebrate the Life of
Noel Parker**

Date: 23.11.19

@ Mosman Rugby Club, Rawson
Oval, Cross St, Mosman

3 - 6pm

Friends & Family of Noel
Welcome



UPCOMING EVENTS:

November 18th MHYC Flare Practice on the Beach

The Cruising Division will be hosting flare practice on Monday evening November 18th. Commencing at 8:00 pm immediately after the Cruising Division meeting concludes. Bring your own flares and let them off on the beach in front of the Clubhouse.



Gloves, long sleeves/trousers and eye protection are recommended.
NO PARACHUTE ROCKETS ARE PERMITTED – these are a fire hazard to our neighbours.

We recommend in-date flares. If you must bring old (out-of-date) flares then you do so at your own risk – and please check them carefully for signs of damage or deterioration prior to igniting them. **Definitely no flares over 10 years of age.**

This exercise is highly recommended for all skippers and crew members who have never ignited a flare in an emergency. Flares are an essential (and required) safety feature on all boats and, if you really need them then best not to be fumbling around trying to read their instructions at the time (in the dark? can't find your glasses? Crew are panicking?) Learn how to use them safely and effectively in a controlled situation.

Disposal of expired flares

In addition to the igniting of flares practice at the Club on Monday 18 November you can dispose of expired flares, especially rockets, at RMS Boat Ramps on 7 December as listed below at the times shown:

Tunks Park, Northbridge	07:30 to 09:30
RMS HQ at 33 James Craig Road, Rozelle	10:30 to 12:30
Rose Bay	14:30 to 17:30

TAPAS TIE UP - Saturday & Sunday 9-10th November

European Tapas Tie-Up at Sugarloaf Bay. Arrive around 5pm to join a European themed tie-up at Sugarloaf. Dress and name your boat in a European theme. Prepare a hot or cold dish from the European country of choice, to be served to tapas diners visiting your boat with appropriate refreshments. Numbers of diners will be confirmed with participating boats ahead of time.

Contact: Sabiene Heindl on [sabiene heindl@outlook.com](mailto:sabiene_heindl@outlook.com) or 0412 039 747

YOU ARE INVITED

TAPAS TIE-UP WITH A
EUROPEAN TWIST!

Dress your boat up in a European theme. Name it accordingly. Prepare one hot or cold dish from that country to serve to diners that will visit your floating tapas bar, together with refreshments/drinks.

Numbers of diners will be confirmed in advance.



5pm, 9
November
Sugarloaf Bay



Contact Sabiene on 0412 039 747
or sabiene_Heindl@outlook.com

Breakfast and Safety Workshop - Sunday 24th November

This month breakfast is going to be a little different. The Harbourview bistro will not be open for Sunday Breakfast, instead the Sandbar Café will be running breakfast on Sunday mornings and we want to test it out. I have added the current menu below.

We would love it if you would join us.

NEW SANDBAR BREAKFAST MENU	
FROM 7.00 AM UNTIL 11:30AM	
Eggs Benedict + ham & bacon	\$17.00
+ Smoked Salmon & Avocado	\$20.00
Smashed Avo on Sourdough with poached egg & feta	\$15.00
Bacon & Egg Roll (GF bun available)	\$6.50
Breakfast Eggs (2) on Toast – your choice: scrambled, poached or fried	\$10.00
Add extras:	
Bacon \$3 Avocado \$3	
Tomato \$2 Mushrooms \$2	
Banana Bread or Pear & Raspberry Bread (toasted or fresh)	\$5.50
Raisin Toast	\$4.00
Toast (2 slices) with Nutella, Vegemite, Peanut Butter, Jam or Smashed Avocado	\$4.00
Croissant - with Ham & Cheese, Cheese & Tomato or just Cheese	\$7.50
Fresh Seasonal Fruit Salad	\$8
Yoghurt with Granola and Fresh berries	\$12
~~~~~As well as the usual sweet treats, frittatas & muffins! & don't forget MHYC members get 10% off all prices	

### SAFETY WORKSHOP

This month will finish off a series of workshops on **Navigation and Pilotage**. Being led by Phil Darling and assisted by Glynne Attersall. Their depth of knowledge is fantastic. In this final workshop series you will learn skills and tips that long time sailors know and employ on How to miss all the hazards along the way. Come along even if you missed the previous workshops as the data is invaluable.

The series was broken down into the following:

1. Where am I? - **DONE**
2. How do I get to where I am going? - **DONE**
3. **How do I miss all the hazards on the way?**

Please email [cruising@mhyc.com.au](mailto:cruising@mhyc.com.au) to RSVP

## New Year Cruise to Lake Macquarie - January 2020



**Slac-n-off, Buggalugs and Nashira  
on Lake Macquarie Oct 2017**

The calendar had the New Year Cruise originally scheduled for 5-11 January but there has been some interest to move it into the Xmas /New Year holiday break period as some members are already off work for this period.

**As such we are seeking expressions of interest for those intending to participate nominating which week they would be able to attend.**

**The following are the options:**

1. Saturday 28 December 2019 – Saturday 4 January 2020
2. Saturday 4 January 2020 – Saturday 11 2020

Please send an email to [cruising@mhyc.com.au](mailto:cruising@mhyc.com.au) letting us know your preferred week.

**New Year Cruise to Lake Macquarie:**

Lake Macquarie is a fantastic destination for cruising with plenty to see and do. There are many places to shelter from prevailing winds whatever the direction. Facilities for fuel, food and water are easily accessible and the sailing is wonderful.

The MHYC last went to Lake Macquarie in Oct 2017, now the stars have aligned and we are set to make a return.

**Draft program depending on weather and channel depth and date:**

It is a 9-10 hour passage from MHYC to the Swansea Bridge hence the idea of breaking up the passage by overnighing in Pittwater. This makes the sail to Swansea about 7 hours duration.

Saturday - **Depart MHYC to Pittwater**

To make a more relaxing week a stop at Pittwater is suggested.

Sunday – **Pittwater to Lake Macquarie Yacht Club** via Swansea Channel

The departure time will depend upon tides. The bridge will be organised to coincide with our arrival.

Monday )

Tuesday ) Cruise Lake Macquarie various destinations depending on

Wednesday ) wind direction and weather

Thursday )

Friday – **depart lake and sail to Pittwater** – The Basin

Some may choose to sail straight through to MHYC.

Saturday – **Pittwater to MHYC** - Enjoy a lazy morning and then head back to MHYC.

**Backup Destinations**

- if Swansea Channel has not been dredged: Port Stephens & Broughton Island
- if weather not favourable for Northern destination: Jervis Bay

## Sail to Coffs Harbour – February 2020



The Cruisers are planning to sail to Coffs Harbour in February 2020 to see Elton John perform in concert.

### **Details are:**

#### **There are several options to choose from....**

1. Sail your boat to Coffs to see the show
2. Crew for another boat and see the show
3. Show only, make your own way there
4. Do the cruise and skip the concert
5. A sail to Lord Howe after Coffs

**WHEN:** We will target Wednesday Feb 26 (note this is his 2nd concert in Coffs). A loose itinerary might be:

Option 1: Option 2: Option 3: Option 4: Option 5:

Feb 20: Depart Sydney Harbour Feb 20: Overnight in Pittwater

Feb 21: Overnight in Newcastle

Feb 22: overnight in Port Stephens Feb 23: Overnight in Camden Haven Feb 24: Arrive at Coffs

Here is a sample.....

<https://www.youtube.com/watch?v=djbYnvpvWso>

We will meet and discuss the itinerary as we get closer to the event.

## PAST EVENTS:

### 5-7th October long-weekend cruise to Pittwater

Dallas O'Brien – 'La Madre'

Five (5) boats set sail from 'The Sound' on November 5th for a sail to Pittwater for our Cruising Division's long weekend event. With some yachts flying spinnakers (or trying to), it was a quick run north .

A weekend of activity and frivolity ensued, as **Nashira, Tonic, Delphin, Rapture & La Madre** were ultimately joined by **Argenta** and **Ra Ra**, making a total of 7 yachts for this event.

The Basin was our first anchorage, and a BBQ onshore for dinner was just what we needed after an afternoon of walking and exploring.



For the early risers of the group, sunrise found a number of us at Sabiene's early morning yoga class while Manfred made it to the top of the hill photographing the



indigenous artwork that we missed the day before. What a spritely bunch we are!

Mid-morning the group departed for Yeoman's Bay to meet up with other club members and friends at Cottage Point Kiosk. The owner Angela welcomed us warmly, remembering our group from our last large booking at Easter. We had 26 for lunch.



New Friends Greg and Karen invited everyone for sundowners aboard the beautiful Argenta, and good conversation and laughter flowed as freely as the wine. Delphin had prepared a quiz for us, and everyone showed their wisdom in a hotly contested battle of wits.

Paul Wotherspoon had us awe-struck as he took us on a journey under the sea with an original poem.

As every sailor knows, we had to be prepared for some fickle and changing wind on the return journey, but I am pleased to say all arrived home safe and happy from a wonderful weekend.

## 18th October Literary Lunch with Judy Nunn

Christine Roberts



A packed room of avid Judy Nunn fans enjoyed a beautiful lunch and spirited talk from this prolific Australian author, actor and screenwriter and heralded the launch of her latest bestseller, *'Khaki Town'*.

Awarded a Member of the Order of Australia in 2015, Judy's long writing career began in 1991 with a book called *'The Glitter Game'* which has been followed by multiple bestsellers including *'Spirits of the Ghan'* and *'Sanctuary'*.

This was the last of MHYC's successful literary lunches for 2019 and thank you to all who attended and enjoyed our many wonderful authors. We look forward to many more for the coming year.

## Oct 27th - Make-a-Wish Foundation Sailing Day

Gavin Randall, 'Delphin'



The annual Make a Wish sailing day was another resounding success. We were blessed with absolutely perfect weather for a gentile sail down the harbor. The event was kindly supported by the following Sailing Vessels; Nashira, Delphin, Tonic, Bugalugs, Shibumi, Rowdy, Espresso, Galaxy III and Harry's Story.

The day started with family's arriving at 10.30. They were warmly greeted by Simon and his family shown to the Wharf where they were loaded onto their sailing vessels by 11am with military precision

Whilst the families were out sailing there was a crew of volunteers preparing a delicious BBQ. Thanks to Val and Des for manning the BBQ and all the kind members

that donated a food dish to make the BBQ lunch a culinary feast. The club also kindly donated food for the sausage sizzle and supplied the barbeque facilities. The support from staff and volunteers to make this day special was fantastic.

I would also like to extend my thanks to Taylor Ireland and Mia Yoneda who volunteered their time as face painters for the kids after the sail. It was a resounding success with all the kids getting their faces painted.



As you will see from two notes of thanks from the organizers below that the day was a wonderful success. Many thanks to all involved.

*Hi Gavin,*

*We are so sorry we missed you at the end of today to say a huge thank you for a spectacular day! Please pass on our thanks to all the yachties – what a wonderful group they are - and to you and Simon for all the extra organising to make it happen. The face-painters too were a huge hit so please pass on our thanks to them – they were very creative!*

*All the families just had the best time and were so thrilled to have the opportunity to be out together as a family doing something very different for them. They all asked us to pass on their thanks and for the super bbq lunch as well.*

*So again – huge thanks for an absolutely wonderful day it was very much appreciated and Make a Wish are delighted Middle Harbour Yacht Club offer this experience to our Wish families.*

*Best regards, Marion*

Hi Gavin,

*I just want to re-iterate everything Marion has said. A huge thank you to you, Simon, all the wonderful yachties and the club for a truly spectacular day. I have received several emails/txts from our Wish families and they are all bubbling with happiness. It was a very special day for them. Your kindness, generosity and support made it a day they will always remember. So thank you from the bottom of our hearts. We are so appreciative of everything you do for our Wish families and our volunteers. The volunteers all had a fabulous day too. We all came home with big smiles on our faces. There's nothing better than a day on the water!*

*I'm so glad you all enjoyed the day too. It looked like everyone had lots of fun!*

*We will all look forward to being part of the day again next year. Marion and I mentioned it to a couple of families and they can't wait. It's wonderful for our Wish kids to have something to look forward to. It really helps them in their down times.*

*We will put up a post on our FB page - Make-A-Wish - Sydney North Branch once we have clearance from the families and Melb to use their images. Please feel free to like and share the post to your personal FB pages. Unfortunately, as we discussed, we are not permitted to write personal posts in order to adhere to Child Protection legislation. Thanks so much for your understanding. We never want to do anything to breach the trust of our Wish families.*

*Many thanks once again for all your work. We are all very mindful of just how much work goes into organising a day like Sunday! You guys did an awesome job! We look forward to seeing you next year*

Kind regards

Laraine Finlay, President(volunteer)



BY ALEX COMINO



MIDDLE HARBOUR YACHT CLUB PRESENTS

LIVE MUSIC  
Tickets  
\$10.00

# THE ROCKETS

Saturday 16th November  
8.00 - 10.00pm



HARBOURVIEW BAR & BISTRO

Open for drinks & dinner from 6.30PM



Bookings for Dinner Essential  
Call office on 9969 1244 or book online  
<https://www.mhyc.com.au/events/online-bookings>

Lower Parriwi Road, The Spit

## FEATURE STORY:

### Middle Percy Island

Anna Alvsdotter & Martyn Colebrook

We are still slowly heading back to Sydney on Flo and are chronicling our adventures and misadventures. There are lots of interesting characters out there!

Every sailor we met said we must visit the Percy Islands, Middle Percy in particular, so we set off from Mackay marina, where we had left the boat for a couple of weeks so we could return to Sydney for urgent business; a wedding, a 60th and a 50th birthday party.

A quick trip to the post office in Mackay “CBD” to apply for my first Aussie passport, top up the provisions, and off we went. Slightly later than we would have wished but the northerlies were in our favour. First port of call was Prudhoe Island. Other sailors we met told us they were going to Percy and would stop at Prudhoe on the way. We arrived on the more sheltered southern side as the sun was going down but managed to anchor in a favourable spot though the swell was not insignificant. When we saw the light of day after enduring a “swell” night, we reckoned we could have anchored further in but still being of a nervous disposition we had taken the timid option. Time enough for experimenting.

Casting off from Prudhoe, the main went up early followed by the gennaker. The gennaker furling line parted company with the furler so that had to come down again. Not much fun as it was quite windy. We motored back to the lee side of Prudhoe to refurl the gennaker but thought better of it as the winds were too flukey and stuffed it down a forward hatch to live another day. The genoa came out and I rigged up a block on the rail through which to feed an outer genoa sheet to take advantage of the chasing wind. We managed 12 knots down a wave on one occasion and reached the Percys early afternoon, much earlier than anticipated after a fabulous sail despite not being able to use the lovely gennaker, which by the way I had already shredded a couple of weeks prior and had repaired for \$750(!!!) at Airlie Beach.

We read that there was a lagoon at West Bay where it was possible to anchor but the winds dictated that we should moor in Whites Bay on the southern side of the island. Our first choice was the southern part of the busy bay where no one else had moored. There was a reason for that. Fortunately we spotted the solitary coral rock and withdrew the anchor before contact.

We are quite happy with our anchoring ability, having had lots of practise, but still nervous about swinging room so we take a lot of time looking for a safe spot. We eventually settled for a location further to the west where fewer boats were anchored.



Some boats seem to have so much anchoring confidence. One such boat, Surimage, a lovely looking 45 footer steamed in, dropped the anchor and that was that. A bit close we thought but clearly they knew what they were doing.

Then the thunderstorm and lightning arrived, and there was lots of chatter on Channel 16. The wind swung one way, then the other. A message from Surimage who were now only a few metres away. Fortunately they having anchored after us, did the decent thing and moved away. The wind dropped to 10 knots so we could relax. Or so we thought.

Suddenly, the Naviop informed us the winds we were experiencing averaged 25 knots with gusts up to 46 knots! Furthermore, the wind direction kept changing, creating a near 360-degree circle of movement history on the chart plotter. Earlier that evening we had marvelled at how miraculous it is that an anchor keeps holding despite wind changes and being tugged in different directions. Moral of the story is, don't blindly rely on your belief in miracles. Before our very eyes, which were trained on the chart plotter almost hypnotically and only interrupted by quick stares out the window at the other anchored boats, the squiggle showing our movement history suddenly escaped the pretty circular pattern. Like a spider being blown out of its carefully woven net, Flo was now sitting uncomfortably close to the humbly named Premier Cru 1, a 19-meter new-looking beauty which earlier in the evening had been bathing in fancy blue light and sporting a three-tiered deck light. Our anchor must have grabbed a new hold, but monitoring our situation for the next half hour, it became clear that we were slowly dragging towards a very expensive bit of marine real estate.

Lifting an anchor in the dark of the night while being pelted by rain and 30 knots of erratic winds is a new challenge we can add to our CVs. The steering visibility on a catamaran is not as good as on a monohull, and the strong winds caught the sides of Flo quickly even though every effort was made to keep her pointing straight into the eye of the wind. The two Volvo Pentas earned their keep. Special thanks also go to the lighting department being the thunder sound-tracked lightning paired with a full moon appearing intermittently behind clouds.



Next day we decided to visit West Bay and Percy Island Yacht Club, which we had heard so much about. The wind was fairly light but still from the north so not a great anchorage. We

aimed for the tiny channel, which leads into the lagoon and wondered how anybody could negotiate that narrow passage. We decided to anchor and take the dinghy ashore to see if there was anybody who could offer guidance. We took the dinghy through the channel. There was a trimaran, which looked like it had been there for some time and a steel motorboat.

We could have gone in on Flo but left it an hour too late as the tide was on its way out and the lagoon dries. There was probably enough room for half a dozen boats nestled in amongst the mangroves. We learned later that this little lagoon is a cyclone proof anchorage due to being very tucked in and sheltered.

Back on the beach in West Bay, we found the yacht club was deserted so we wandered over to the solitary house, built around a tree, and partly constructed from tree, sitting just back from the beach. We semi ignored the private sign and called out a few shy "hellos".

A head appeared and after a few cautionary questions we were invited into Steve Kenyon's house. Steve is one of the four permanent residents on the island and was happy to take a break from his writing to have a chat and tell us a bit about the history of the island and its inhabitants.



The people who hold the lease on the island live in and operate the Homestead, an hour or so up the hill. Unfortunately we didn't have time to visit. Their main source of income is selling honey from their own bees and marmalade. They would occasionally host dinners for the yachties, cooking a stew out of one of the goats that roam the island.



The yacht club was founded in 2013. Our new friend Steve is member no 2. The “club house” consists of an A-frame structure built directly off the sand. Andrew Martin, a former British pentathlon champion who happened upon the island and made it his home, built the original A-frame. He liked the company of passing yachties so provided rudimentary facilities.



When Andrew died, the lease of the island passed on to this cousin Cate who looks after it with her colleague John and volunteer workers Ernst and Steve. There are no front or back walls on the A-frame. There is a barbeque area, a 'kitchen' and plenty of seating. Bring your own beer, wine, food and music.

There are hundreds of boat names hanging from the rafters, nailed to the walls, tied around posts, mostly made carved into driftwood or various other bits of flotsam.





Cate and John who run the island needed an additional source of income. A group of yachties got together one day in 2013 and decided that as the place was so special they should think of a way to help. They came up with the idea of a yacht club. Everyone at the meeting would join and invite new members. The cost is \$150 for lifetime membership. Every member receives a club burgee, a boat plaque and special dog tag. The profit goes to The Friends of Percy Island foundation and is used towards the upkeep of the island.



If you would like to join the PIYC, please email [percyisland@gmail.com](mailto:percyisland@gmail.com)

## CD QUIZ – NOVEMBER 2019 BY PHIL DARLING

1. What times of the lunar month would you expect to have Spring tides?
2. You note that High Tide today is just after 1pm. What time would you expect it be tomorrow?
3. The tide table says high tide is predicted to be 1.8m today so you have pulled your dinghy above that level on the beach. Sitting in the MHYC bar you note a strong easterly blowing, due to an intense East Coast Low just off the coast. Should you move your dinghy?
4. What is the Angle of Vanishing Stability?
5. On leaving Sydney Heads, you heave a sigh of relief that the port regulations on keeping clear of big ships no longer apply. Is this correct?
6. You are sailing east in an estuary at night. Ahead is a light with the characteristics "VQ". What does this mean, and which way should you turn?
7. You are approaching the Hawksbury River rail bridge at night, and see two lights – one red and one green, not flashing. Your crew member says "watch out for those two boats – we are looking for lights on the piers – FG and FR". Is their advice good?
8. On which VHF channel are DSC distress alerts transmitted?
9. You are replacing your main halyard. One rigger offers you Spectra, whilst another is adamant that only Dyneema should be used. Which one should you use?
10. At night a vessel shows three all-round red lights. What does this mean? What symbol could it display in daylight?



# BUY, SWAP and SELL



**SELL - ASTRA IIIB Split Mirror SEXTANT AS NEW** – perfect Christmas present! As new. Costs \$US699.00 or \$1375.00 AUS Selling \$AU600.00 Ono.

<https://www.boatbooks-aust.com.au/product/sextant-astra-iiib-split-mirror/>

**Contact** Jean Parker on 0403 007 675



**SELL - HELLY HANSEN JACKET**

Size: Large

**Contact** Jean Parker on 0403 007 675

MIDDLE HARBOUR YACHT CLUB  
PRESENTS OUR

*80th  
Anniversary*

# SUMMER BEACH PARTY

*Dance the night away with*

**“ROCKBOX”**

SATURDAY 30TH NOVEMBER 7PM

TICKETS  
\$25 MEMBERS  
\$35 NON MEMBERS

80's THEME  
INCLUDES WELCOME  
DRINK

PRIZES  
FOR BEST  
DRESSED



RSVP NOVEMBER 26, PH 02 9969 1244 OR ONLINE  
[WWW.MHYC.COM.AU/EVENTS/ONLINE-BOOKINGS](http://WWW.MHYC.COM.AU/EVENTS/ONLINE-BOOKINGS)

## PHOTO COMPETITION FOR 2019

November Winner .....Photo of the Month is Jeremy Clarke.

Send your photos to **Maralyn Miller** to enter into the 2019 Cruising Division Photo Competition. Each Month the best photo received will be published and, in the running, to win a new **Mystery Prize** at the end of 2019.



**The winning photo for November is called  
'Sand patterns at Morton Bay at 3000 feet' and was taken by Jeremy Clarke.**

Only one photo per month (as a JPG / JPEG) to be submitted. Remember ... to be in the running to win the prize you must be in it.

Hint .... Give your favourite photo a Title and Place taken. Submit your photo and only to [darling.maralyn@ozemail.com.au](mailto:darling.maralyn@ozemail.com.au). Good Shooting ...!! Maralyn.

## CHEF'S CORNER

Selina O'Brien, Le Madre

### Dallas' Mum's Boiled Fruit Cake

Dorothy made this cake all the time and we loved it. I have added the rum and nuts to which she was not fond.



### INGREDIENTS

- 1 cup of brown sugar
- 1 cup of water
- 3 cups of mixed dried fruit
- 250 gm of butter
- 1/2 to 1 cup of rum or brandy
- 1/2 teaspoon of nutmeg
- 1/2 teaspoon of cinnamon
- 1 cup of S.R. flour
- 1 cup of plain flour
- 1 teaspoon of bicarb soda
- 1/2 cup roughly chopped pecans
- 1/2 cup of roughly chopped walnuts

### INSTRUCTIONS

- Preheat oven to 160°C
- Place dried fruits in to a bowl and pour over half the brandy or rum. Allow this to soak up whilst preparing over ingredients.
- Grease and flour a deep 8 inch round cake tin. Line the bottom with paper.
- In a large saucepan place sugar, water, soaked fruit, butter and soda. Turn on low heat and stir until boiling.
- Turn off heat and allow to cool for 5 min only.
- Beat eggs.
- Sift flours together.
- Stir in eggs, flour and nuts. Mix well.
- Pour into cake tin and cook in the middle of the oven for approximately 1 hour.
- Allow to stand in cake tin for 15 min before turning onto cake cooler.

If you like your cake to be extra moist and flavourful pierce about 20 holes into cake top and slowly pour over that extra half cup of alcohol.

Make sure that the cake is either wrapped well and/stored in an air proof container.

LIVE IN THE SANDBAR

# SUNDAY SOUNDS

Sunday 15th  
December

1.00PM - 4.00PM

Featuring

PAUL WINN

*SIT BACK WITH A CRUISEY LUNCH & DRINK ON  
THE BEACH WHILE ENJOYING THE  
ENTERTAINMENT*

AVAILABLE FROM 1.00PM - 5.00PM



## CD QUIZ – NOVEMBER 2019 – ANSWERS

1. Spring tides occur when the moon and sun are more-or-less in line – ie at the times of full moon and no moon (usually a day or two after in fact as there is a lag).
2. Diurnal tides (the type we have in Sydney) are approximately one hour later each day, so we would expect tomorrow's high at about 2pm. Of course there will be another high tonight at about 1.30am as well.
3. Yes! Tidal predictions are just that – predictions. A strong low will cause the tides to be higher, as will an onshore wind. Leave your drink and move the dinghy now.
4. This is the angle of heel, beyond which a vessel will continue to roll and eventually turn upside down rather than recover to the upright position. For most of our boats it is well beyond 90 degrees – thankfully.
5. No – check chart AUS197 – the port limits apply in an arc extending north almost to Long Reef, and south past Bondi. Similarly there is a similar arc around Port Botany from just south of Coogee almost to Cronulla. You must still obey all port regulations within these areas.
6. This is a very quick flashing white light, so it denotes a North Cardinal Mark. You should turn to port so as to pass to its north.
7. Partly. FG and FR are Fixed (ie non-flashing) green and red respectively – so the lights you have mistaken for boats are probably them.
8. DSC distress alerts are transmitted on VHF channel 70.
9. Spectra and Dyneema are different brand names for the same High-Modulus Polyethylene (HMPE). They are an excellent option, although pricy, due to their low weight, high strength and low stretch. Weight for weight they are between 8 and 15 times stronger than steel.
10. It is a vessel constrained by its draught. In daytime it may display a vertical cylinder.



**Middle Harbour Yacht Club - Cruising Division  
Treasurer's Report As at 1 November 2019**

Cash at Bank as at 01.10.2019	\$2,355.50
 <i>Plus Receipts</i>	
Membership Ra Ra	\$50.00
Interest	\$0.18
 <i>Less Payments</i>	
E Hodge Catering Indonesian Night	\$500.00
E Hodge Black Ball Prize	\$19.95
Cash at Bank as at 31.10.19	\$1,885.73
 <i>Outstanding Receipts</i>	 \$0.00
 <i>Outstanding Payments</i>	 \$0.00
 <b>Account Balance</b>	 <b>\$1,885.73</b>

Signed as a true record  
Mike McEvoy  
Treasurer

Members are invited to submit articles of approximately 800 - 900 words on subjects with a sailing theme, including personal sailing adventures, book reviews, sketches, jokes, and so on. Write your article with title, your name and boat name, and email to the editor.



The Cruising Division of MHYC meets on the 3rd Monday of each month and uses as its sailing pennant a flag with a white compass rose on a red background.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as 'the compass rose'.

The Cruising Division newsletter is titled 'The Compass Rose Cruising Log' and is published monthly. The newsletter is also available through the MHYC web-site at [www.mhyc.com.au](http://www.mhyc.com.au)