



MIDDLE HARBOUR YACHT CLUB
THE COMPASS ROSE CRUISING LOG

Volume No. 42 No. 10 November 2022

Editor: Martyn Colebrook

NEXT MEETING:

MONDAY 21ST NOVEMBER 7:30 P.M.
B.Y.O. BBQ 6:30 P.M.



3 years later Flo's name plaque still in place at Percy Island Yacht Club

CRUISING DIVISION OFFICE BEARERS 2022 – 2023

Cruising Captain	Sanna (Susanna) Westling	0476 152 799
Secretary	Kelly Nunn-Clark	0457 007 554
Treasurer	Niclas Westling	0476 152 800
Membership	Kelly Nunn-Clark	0457-007-554
Safety Coordinator	Phil Darling	0411 882 760
Sailing Committee	Sanna Westling, Phil Darling	0411 882 760
Committee Members	Martyn Colebrook, Phil Darling, Evan Hodge, Kelly Nunn-Clark, Dallas O'Brien, Niclas Westling, Sanna Westling, Jeremy Clarke	



Editor's note:

Deadline for the next edition of the Compass Rose is **30th November 2022**

The **EDITORS** for the next Compass Rose is **Evan Hodge**

Please forward contributions via email to the editor at cruising@mhyc.com.au

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division

Cruising events November 2022- February 2023

November	Saturday 05 th November 2022	Sailing meet on water – Sydney Harbour
	Sunday 06 th November 2022	10:00 Sailing Sunday MHYC – Working Bee
	Saturday 19 th - Sunday 20 th November 2022	Tapas-Tie-Up, Sugarloaf Bay see events online register
	Monday 21 st November 2022	Cruising Division Meeting 18.30 BBQ, BYO food and drink. 19:30 meeting
December	Friday Dec 16 th 2022	Cruising Division Xmas Party at MHYC
	Monday 19 th December 2022	CD BBQ (No Formal meeting)
January	1 st to 8 th January 2023	New Year's Cruise (TBC)
	Monday 16 th January 2023	CD BBQ (No formal meeting)
March	Saturday 18 – Sunday 19 th	Cruising Get together on Water Botany Bay



Cartoon by Alex Camino

CAPTAIN'S COLUMN – NOVEMBER 2022



Hello fellow Cruisers,

I hope that you all are enjoying the warmer weather, seeing the blue sky again is lovely.



A few weekends ago we had our first mini weekend sail get together – though due to very windy weather, the gathered boats stayed in the marina at MHYC and enjoyed great company and food onboard the tied up yachts instead. We were treated to an amazing firework display, nothing to worry about too much this time, as all boats and structures nearby were very damp from the recent weathers – but it does make you think – it is not a good idea with fireworks this close to the marinas. This has been addressed and we hope it has been resolved.

Sunday morning, 23 October, we organised Make-A-Wish, with Dot being the lead organiser. The rain stopped 5 minutes before the families were due out on the boats – and then no more rain and a little light wind. This made for good weather for the families to enjoy a sail down the harbour, to enjoy the views and try their hands on steering the boats.

The committee have some different events planned for November and December, look in the Compass Rose or on-line for dates and times. I look forward to meeting most of you across these events.

Sailing mini-weekends, Tapas Tie Up, Sounds of Cruising evening at MHYC, Xmas party are things to look forward to and book into your calendars.

Stay safe on and off the Water.

Sanna

Co-Captain Cruising, *SV RaRa*



TAPAS TIE-UP - South Asian Style NOV 19TH & 20TH

EACH BOAT WILL BE TRANSFORMED INTO A MINI FLOATING ASIAN RESTAURANT. IT IS YOUR CHALLENGE TO NAME YOUR BOAT, AS A CLUE TO THE TYPE OF FOOD. FOR EXAMPLE, KAI RANI CURRY OR SISU SUSHI, EACH BOAT PROVIDES A HOT OR COLD DISH WITH AN SOUTH ASIAN THEME.

PLEASE PREPARE ONE LITTLE TAPAS DISH PER PERSON AND REFRESHMENTS TO MATCH YOUR DISH. THE NUMBER OF FLOATING RESTAURANTS TO BE CONFIRMED.

Prizes will be awarded for most creative name, the best decorated boat and dress up. There will be fun games and lots of laughs.

WE WILL MEET UP FOR THE TIE-UP AT 5:30PM ON SATURDAY THE 19TH OF NOVEMBER AT SUGARLOAF.

PLEASE RSVP INTEREST 12TH NOVEMBER AS THIS WILL HELP WITH PLANNING OR SEND QUESTIONS THROUGH ANYTIME.

Contact Dallas O'Brien



Members with boats:



Have you sold your boat? Bought a new one?

We are in the process of updating our membership list.

If you have sold your boat in the past 5 years, please send us an email to cruising@myhc.com.au and let us know.

Did you buy a new boat?

If you know where your old boat went, we would love to know.

We're improving the waving list for Cruising at MHC, and you can check your details at <https://cruising.myhc.com.au/boat-register>.



Another fine cartoon by Alex Comino

MHYC Cruising Sydney Sailing events



Our next cruising events on the Harbour. Go to the Cruising website to register interest and to get the latest information on final destinations, which is weather dependant.

Saturday 5 November to Sunday 6 November:

Cruise around the Harbour and meet up in the evening at Store Beach or Quarantine beach. Sunday we all sail back to MHYC to participate in the Cruising Working Bee at the marina.

Saturday 19 November to Sunday 20 November:

Tapas Tie Up in Sugarloaf bay – see separate invitation.

Saturday 3 December to Sunday 4 December:

Sail together down to the Harbour bridge and beyond as we meet up near Berry Island, near the HMS Waterhen and gather for the evening. Sunday we sail back up the harbour.

For all events – register online or send us an email to register on: cruising@mhyc.com.au



Cruising Sounds

At MHYC

Friday 25 November 19.30

Come down to MHYC, Harbour view room
and listen to some cool sounds
by Club members Dallas and Bryan

*Listen to your favourites, have a drink and
easy cruisey dancing*



The Bar is open

RSVP by 20 November
Cruising@mhyc.com.au



**MHYC Cruising Division
invites all MHYC members and friends to the
2022**



Christmas Dinner

**Friday the 16th of
December @ 6:30 pm**



\$10 SECRET SANTA

- 6:30 pm at the Harbour view room, MHYC.
The bar will be open
- Bring food for yourself, the BBQ is on, and one plate of Xmas entre or dessert to share
- Bring a \$10 dollar Secret Santa Gift
- Dress Christmassy

TO BOOK.....

Reply to : cruising@mhyc.com.au

RSVP by 10 December



MAKE A WISH



Well, we had a perfect day Sunday 23rd no rain light wind perfect for non-boaty types. Dorothy had 60 people come on the day. Boats in attendance Shibumi ,Kai Rani ,RaRa ,Elysium, Wailea ,Flamingo, Eternity, Stormaway and Freedom

The sausages were Donated by

Luke form Sutcliffe Meats Willoughby 02 9125 6046, They were tasty.

Life jackets for the kids were organised by Andrew our marina manager

The families were placed onto their allotted boats while Flamingo had some staff from MAWF. We headed out, motor sailing so we could get around the harbour in light winds. We saw Luna Park the Opera House Harbour Bridge all great photo ops for the families. We had to be back by 1 pm for the sausage BBQ. A special thanks to Craig one of our MHYC guests on B arm. Afterwards we all went up to the harbour view bar for drinks and nibbles and a few snags.

It was a great day, and I was encouraging MAWF to see If they would like to become more aware of fund raising they would do a lot better for their group.

Thank-you Dorothy for continuing this project and getting out of your comfort zone and pushing through.

Thank-you to all the contributors and to the boat Owners who gave up their Sunday to help on the day. Thankyou Mark and MHYC for your help with this special day for the kids

The feedback we had from the families was “ We all had a great and relaxing day”

Jeremy SV “Kai Rani”

PAST EVENTS:



BOAT NAMING:

Prior to last month's Cruising Meeting we held a boat naming ceremony for Montrose.

The sun came out for us and Susanna held a naming ceremony especially for Montrose.

Wishing her and her crew all the best in her future endeavours on the water.

We look forward to seeing her at upcoming cruising events



PREVIOUS MEETING:

At our October meeting we had a very informative presentation from Viki at Island Cruising NZ and John from Down Under Rally.

They shared a lot of information about their respective rallies.

The talk is available on the [cruising website](#).

Check out their websites:

Islandcruising.nz



downunderrally.com

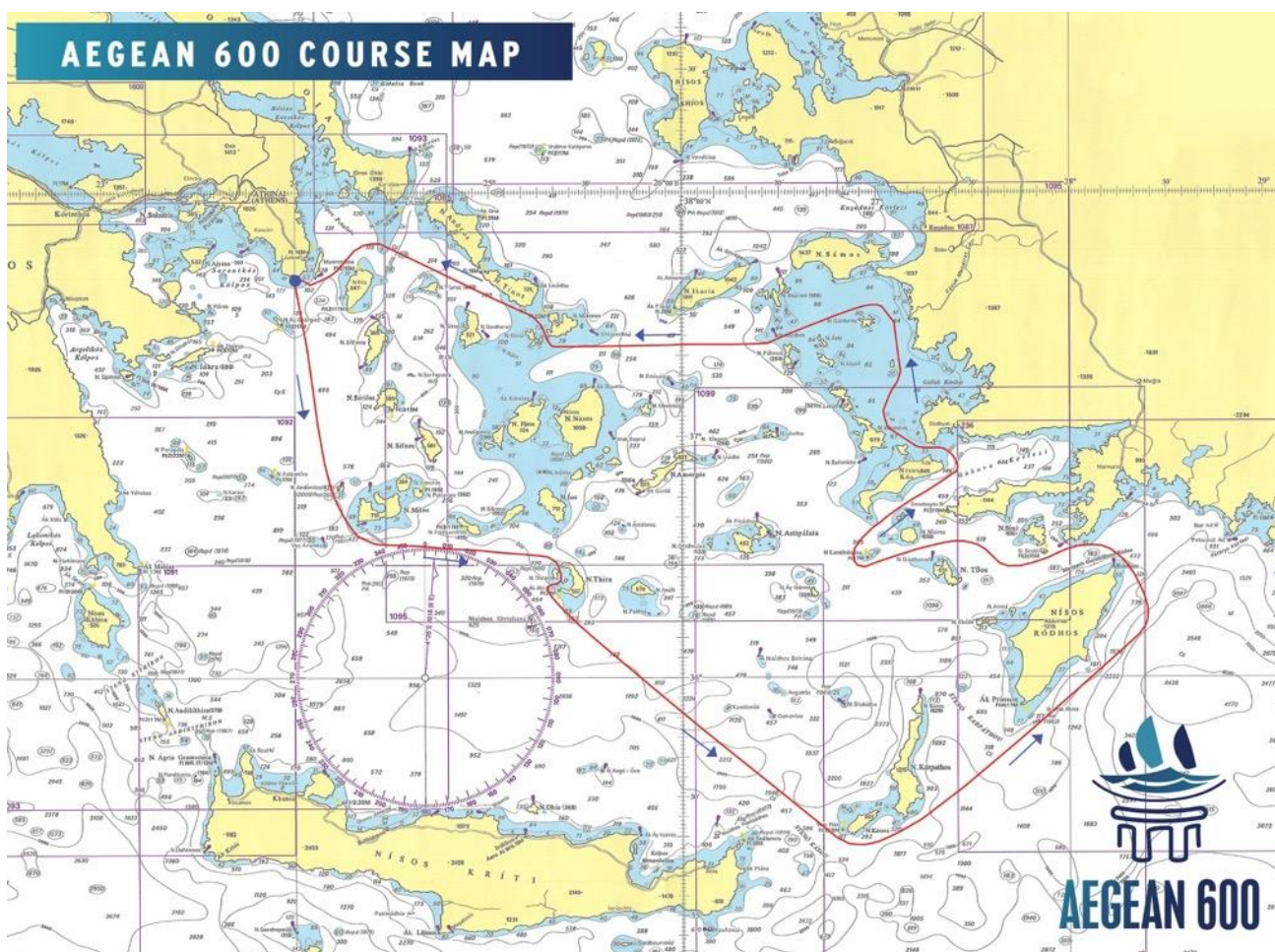


Agean 600

Organised by the Hellenic Offshore Racing Club the Aegean 600 was the second year of this event. It is aiming to become another classic in the 600 mile circuit, the Fastnet, Sydney to Hobart, Middle Sea and Caribbean 600, being the other well established races. Started in 2019 the following two races were thwarted by Covid restrictions. A relatively modest fleet of around 35 boats took part, a large percentage of the participants visiting from overseas.

Sailing round the Greek Islands sounds like a fun relaxing race, but 600 miles without stopping for several days and viewing beautiful beaches, tavernas and hearing the noise of the nightlife and parties in the Meltemi (the notorious Greek wind) made for a different experience. Chris, our amazing philanthropic provider of this experience supplied all of us with Musto LPX jackets. These are lightweight, totally waterproof and breathable. I wish I had the matching trousers then I would have been less unhappy being constantly doused. The winds were warm so on the occasions the decks dried out we also dried out.

The chart shows all the lovely islands we sailed around but didn't see, apart from at a distance.



COURSE : START (Sounio) –Milos island to port – Gate at Santorini Caldera – Kassos, Karpachos and Rhodos islands to port – Kandelousa to starboard – Kos to port, Kalolimnos to starboard, Farmakonissi, Agathonissi and Patmos islands to port – Gate at Mykonos and Dilos strait – Kea island to port –FINISH (Sounio). The length of the course is approximately 605 nautical miles Non-Stop.

We were sailing a chartered X Yacht 46, a Danish built cruiser racer, called Artemis. X yachts have a reputation for being very well built. Phil Darling will attest to that, owning a 36. The earlier models were built with a galvanised steel frame making the hulls very stiff

Our crew of ten were designated with four hour watches. Three per watch with a 'floater'. With three cabins that would seem to make for a comfortable ride. The mattresses were due to be stripped out to save weight but fortunately sense prevailed.



The beginning of a long race is always exciting. The start was dramatic in itself being below the cliffs under the Temple of Poseidon.



One of the highlights of the race was sailing through the Santorini caldera early in the morning as the house lights were still twinkling and then exiting at dawn as the sun was coming up. Progress was halted when a massive cruise liner decided he needed to alter course and we were in his way.



The fleet was divided into a number of divisions with yachts ranging from three small double handed yachts to a 66 foot H-H catamaran and the custom built Allegra.



There were many memorable moments during the course of the race but the scariest moment, one of a number of scary moments, was when we broached going round Karpathos. A sudden blast of wind took us unawares knocking us over whilst we struggled to take down the Code Zero. The wind instrument recorded 40 knots.

Sailing through the rock strewn Mikonos channel at midnight was also particular unpleasant. We could see the lights and sounds of the decadent party island whilst we were hammering along just in control in 35 knots of wind with 3 reefs in the main and waves constantly breaking over the bow and rushing down the

decks keeping us permanently wet. In the conditions it was difficult to make out where the rocks were and keeping control of the wheel was a feat.

Down below wasn't much fun either. There were no lee cloths, so sleep was intermittent as we crashed from one side of the boat to the other.

We did have a quiet moment, being caught in a wind a hole off Lindos, Rhodes. We had performed quite well and were at the back of the leading boats. One by one the trailing boats caught up with us as they joined the queue to escape. We were all looking for that elusive gust to whisk us away. Several hours later we were off again, and we slowly gained ground as we headed towards the coast of Turkey and into Turkish waters where we were obliged to hoist our Turkish pennant. Then the pleasure of traversing our way round the remaining islands of the course in the knowledge that we were sailing ever nearer in the direction of our luxurious villa and horizontal beds.

A very memorable adventure not to be forgotten. Would I do it again. NO! 4 days and nights at sea is not for me although no doubt FOMO will persuade me to put my hand up for the next 600 mile challenge. But I would recommend the experience to anyone who likes long distance races. The course was well thought out, beautiful scenery and challenging navigation. We made one small error. We missed a 'gate' at one of the islands and had to go back. Several other competitors made the same mistake but didn't go back. As they were not protested at the time no penalties were applied. We were robbed, again.

We were in the IRC and ORC division and placed reasonably well, coming 8th in the ORC and 9th in the IRC after 4 days and 10h hours at sea.

We received a medal for being 2nd in one of the more obscure classes. I forgot which one!

Martyn Colebrook SV SnO

MODEL BOAT SHOW



Nelsons signal at the battle of Trafalgar, on display at the recent Model boat show

"**England expects that every man will do his duty**" was a signal sent by Admiral Horatio Nelson, 1st Viscount Nelson from his flagship HMS Victory as the Battle of Trafalgar was about to commence on October 21, 1805. Trafalgar was the decisive naval engagement of the Napoleonic Wars.



Ingredients

- SAUCE
- 25 g dried porcini mushrooms
- 4 anchovy fillets, from sustainable sources
- 1 dried red chilli
- 2 cloves of garlic
- 700g passata
- 8 black olives (stone in)
- ½ a bunch of fresh basil (15g)
-
- FRITTERS
- 1 large free-range egg
- 400 g ricotta cheese
- 1 whole nutmeg , for grating
- 1 lemon
- 40 g Parmesan cheese
- 1 heaped tablespoon plain flour
- olive oil
- balsamic vinegar
-
- SALAD
- 400 g firm green or yellow baby courgettes
- 1 tablespoon extra virgin olive oil
- 1 fresh red chilli
- ½ a bunch of fresh mint (15g)
- 1 lemon

RICOTTA FRITTERS

Method

1. Ingredients out • Kettle boiled • Large frying pan, medium heat • Large casserole pan, low heat • Food processor (fine grater)
2. START COOKING
Put the porcini into a mug and cover with boiling water.
3. Crack the egg into a mixing bowl, add the ricotta, finely grate in ¼ of the nutmeg, the lemon zest and Parmesan, add the flour, then beat together.
4. Put 1 tablespoon of olive oil into the frying pan, then use a tablespoon to spoon in 8 large dollops of the mixture, turning carefully when nice and golden.
5. Put the anchovies (if using) and 1 tablespoon of olive oil into the casserole pan, crumble in the dried chilli, and squash in the unpeeled garlic through a garlic crusher.
6. Finely chop and add the porcini with half their soaking water and the passata, season with sea salt and black pepper and bring to the boil.
7. Squash and add the olives, discarding the stones. Pick and reserve a few basil leaves, then chop the rest and add to the sauce.
8. Grate the courgettes in the processor (you could use a box grater here) and tip into a bowl with a pinch of salt and pepper, the juice of the zested lemon and the extra virgin olive oil.
9. Finely chop and add the chilli and the top leafy half of the mint, then toss together.
10. Place the fritters on top of the sauce, then scatter over the reserved basil leaves, drizzle with balsamic and serve with lemon wedges.

CD Quiz – November 2022 by Phil Darling

1. On what point of sail would a jockey pole be used?
2. You are cruising down Sydney Harbour on a lovely Saturday afternoon. A vessel approaches on port tack (you are on starboard) and shouts “we are racing”. Do you have to give way?
3. What knot would you prefer to tie a fender line to the lifeline?
4. You see one of the new Manly Ferries approaching, and see a flashing yellow light at it’s masthead. What does this mean?
5. You see a floating navigation marker, with no topmark, but it is painted (top to bottom) yellow – black – yellow. What does this mean?
6. What light would we expect the marker in the previous question to show at night?
7. A sailing vessel is overtaking a motor vessel. Which gives way?
8. According to the rules, when is a vessel deemed to be overtaking?
9. What is the Angle of Vanishing Stability?
10. You see a vessel with an unusual set of lights at night. When looking it up in the book, you discover that it is “not under command but making way”. What does this mean, and what should you do?



PHOTO COMPETITION for 2022

November WinnerPhoto of the Month is Susanna Westling

Send your photos to **Maralyn Miller** to enter into the 2022 Cruising Division Photo Competition. Each Month the best photo received will be published and, in the running, to win a new **Mystery Prize** at the end of 2022.



The photo was taken by Susanna and is called
'Cruising to Shellharbour Marina'

Only one photo per month (as a JPG / JPEG) to be submitted. Remember ... to be in the running to win the prize you must be in it.

Hint Give your favourite photo a Title and Place taken. Submit your photo and only to Darling.maralyn@ozemail.com.au. Good Shooting ...!! Maralyn.

CALAMITY CORNER



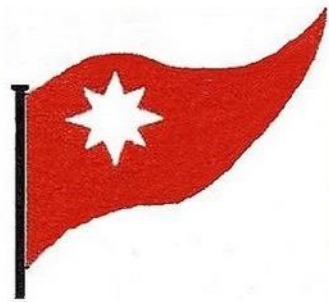
A couple of Sunday's ago Kristin and I were blessed with a sunny afternoon, the winds were light 10- 12 knots. We decided to sail due east so out the heads we went bearing 90deg. We sailed out for 4 hours doing 5 to 6 knots with a steady NE wind. Once we thought we were getting too close to NZ we tacked around and headed back to Port Jackson. This was a little slower coming home with the wind angle. Kristin just happened to look over the transom and noticed a line attached to the boat as we were sailing along. I grabbed the boat hook and hooked it up to the deck and pulled it in for some time. To my amazement it was orange fishing line. This could have wrapped around my propeller and caused an issue to the folding process when engaged or it might damage a seal to a leg or a shaft seal. Fishos know better than this I thought. This Could have become tangled around a whale and cut into its blubber. Pollution sucks

Jeremy Clarke
SV Kai Rani

CD Quiz – November 2022 – Answers

1. On a beam reach. It improves the lead of the spinnaker brace by holding it out away from the shrouds and lifelines.
2. Strictly no – they have no special rights if they are racing and the normal Coll Regs apply. It is, however, polite to keep clear if you can.
3. There may be many answers to this – however most of us prefer a round turn and two half hitches as it is less likely to come undone than some others (clove hitches are especially likely to release if they are “jiggled” by wakes from passing vessels).
4. The flashing yellow light signifies that it is a high speed vessel and should keep clear of you (in other words the requirement to keep clear of all Manly Ferries no longer applies to this vessel). However – I would still treat it with caution!
5. It is a West Cardinal mark – so clear water is to the west of it.
6. A white light, flashing nine times.
7. The sailing vessel (overtaking vessel always give way).
8. “When coming up with another vessel from a direction more than 22.5 degrees abaft her beam”
9. The angle of heel beyond which, in calm water, a boat will continue to roll over rather than returning to the vertical. The good news is that in almost all monohull sailing vessels this is well beyond the horizontal (in my own vessel it is about 120 degrees).
10. It is a vessel which, although able to make forward progress, is unable to avoid other vessels for some reason (maybe it has steering failure?) You must keep well clear of it as it's progress and direction may be unpredictable.

MEMBERS ARE INVITED TO SUBMIT ARTICLES OF APPROXIMATELY 800 - 900 WORDS ON SUBJECTS WITH A SAILING THEME, INCLUDING PERSONAL SAILING ADVENTURES, BOOK REVIEWS, SKETCHES, JOKES, AND SO ON. WRITE YOUR ARTICLE WITH TITLE, YOUR NAME AND BOAT NAME, AND EMAIL TO THE EDITOR.



The Cruising Division of MHYC meets on the 3rd Monday of each month, and uses as its sailing pennant a flag with a white compass rose on a red background.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as ‘the compass rose’.

The Cruising Division newsletter is titled ‘The Compass Rose Cruising Log’ and is published monthly. The newsletter is also available through the MHYC web-site at www.mhyc.com.au.